

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508)420-1113 ▪ www.stmichaelcapecod.org  Like us on Facebook

Sunday, May 12, 2019

Sunday of the Myrrh-Bearing Women

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN) In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF JOSEPH OF ARIMATHAEA IN TONE TWO The pious Joseph, having brought down Thy pure body from the Tree, wrapped it in fine linen, embalmed it with ointment, provided for it, and laid it in a new tomb. But Thou didst verily rise after three days, O Lord, granting the world Great Mercy.

APOLYTIKION OF THE MYRRH-BEARING WOMEN IN TONE TWO Verily, the angel came to the tomb and said to the ointment-bearing women: the ointment is meet for the dead, but Christ is shown to be remote from corruption. But cry ye: The Lord is risen, granting the world the Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

THE KONTAKION OF PASCHA IN TONE EIGHT Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

TRISAGION PRAYER

| | |
|----------------|---|
| <i>English</i> | Holy God, Holy Mighty, Holy Immortal, have Mercy on us |
| <i>Arabic</i> | Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah |
| <i>Greek</i> | Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas |
| <i>Russian</i> | Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas |

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

Sunday, May 12 10:00 AM Divine Liturgy / 9:15 Church School
Saturday, May 18 5:00 PM Vespers
Sunday, May 19 10:00 AM Divine Liturgy / 9:15 Church School
2:00 – 4:00 PM Event at Cataumet Village

Today we will have Trisagion prayers for the departed in Christ, Alex Mina for the ninth anniversary of his passing. May his memory be eternal!

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

Albanian: Krishti Ungjall! Vertete Ungjall!
Arabic: Al Maseeh Qam! Haqqan Qam!
English: Christ is Risen! Truly He is Risen!
Greek: Christos Anesti! Alithos Anesti!

Polish: Khristus Zmartvikstau! Zaiste Zmartvikstau!
Portuguese: Christo Ressuscitou! Em Verdade Ressuscitou!
Romanian: Hristos a Inviat! Adevarat a Inviat!
Russian: Khristos Voskres! Voistinu Voskres!

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

THANK YOU to Jasmine & Paul Andrews. Jourdan & Charlie Clough and to Anna Lemanis for their tireless efforts in purchasing /delivering food donations!

WELCOME TO OUR VISITORS. PLEASE JOIN US FOR COFFEE HOUR

THANK YOU TO OUR PARISHIONERS FOR MAKING COFFEE HOUR POSSIBLE

This week hosted by **Choir & Epistle Readers** Next week: Elaine & Electra Savas and Paul & Jasmine Andrews
Please let us know if you are interested in being included on the coffee hour rotation schedule!

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Matins and Liturgy

THE EPISTLE

The Lord is my strength and my song. The Lord has chastened me severely.

The Reading from the Acts of the Saintly and Pure Apostles. (6:1-7)

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (15:43-16:8)

At that time, Joseph of Arimathaea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where He was laid. And when the Sabbath was passed, Mary Magdalene, Mary the mother of James, and Salome, bought spices so that they might go and anoint Him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back—it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His Disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

English: **Christ is Risen from the dead, trampling down death by death.
And to those in the tombs bestowing life!**

CHRIST IS RISEN!

Arabic: **Al Masih qama min bayn 'l-amwat, wa-wati al-mawta-bi'l-mawt
Wa-wahaba 'l-hayata li-l-ladhidna fi 'l-qubur!**

المسيح قام

Greek: **Christos Anesti ek nekron, thanato thanaton pastisas,
Ke tis en tis mnimasi, zoin charisamenos!**

Χριστος Ανεστη!

Russian: **Hrestoss vosskese ex mertvih, smerteeyou smert po prav,
Ee suscheem vo grobeh zhivot darovav**

Христос Воскресе!



*ST. MICHAEL THE ARCHANGEL ANTIOCHIAN
ORTHODOX CHURCH*

62 Main Street, Cotuit, MA 02635 T: 508-420-1113

www.stmichaelcapecod.org  Like us on Facebook

ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

PLEASE SUPPORT SOYO RELIGIOUS ITEMS BOUTIQUE As a steward of St Michael, SOYO is running a religious items store for all your needs. Proceeds from the store will be **DONATED BACK** to St Michael to support a **NEEDY FUND AND OUTREACH PROGRAMS** for the parish and its friends... **please stop by and help support your neighbors in need with every purchase! See our Silver cross collection from Russia! Beautiful craftsmanship!**

SHOP ON AMAZON AND SUPPORT ST. MICHAEL You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is all! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael. Please consider taking this one extra step to your normal shopping routine! Tell your family and friends about it! Together we can raise some funds for our many programs!

Know any shut-ins? Please give the names and addresses of any shut-ins from our parish to Kh. Alyssa. The children would like to begin making regular visits to these folks who are unable to join us on Sundays and for other church events, but we need to know who and where they are!

Event at Cataumet Village

St. Michael will be hosting the event for the mothers and children at the Village at Cataumet on Sunday, May 19 from 2:00 - 4:00 PM.

All parishioners are encouraged to attend!!! Please see Kh. Alyssa if you are interested in providing food for the event.

Thank you!



Calling all
MOTHERS!



The people from
St. Michael the Archangel Orthodox Church
will be coming to
the Village at Cataumet
on

**Sunday, May 19
from 2:00 - 4:00 PM**

Join us for some food and relaxation for the moms and food and fun for the kids!

**Happy
Mother's Day**