

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635
(508) 420-1113, www.stmichaelcapecod.org

Sunday, October 03, 2021
Fifteenth Sunday after Pentecost,
Hieromartyr Dionysios the Areopagite
Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. DIONYSIOS THE AREOPAGITE IN TONE FOUR: Since thou hadst been instructed in uprightness thoroughly and wast vigilant in all things, thou wast clothed with a good conscience as befitteth one holy. Thou didst draw from the Chosen Vessel ineffable mysteries; and having kept the Faith, thou didst finish a like course, O Hieromartyr Dionysios. Intercede with Christ God that our souls be saved.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE

<u>Saturday, October 2</u>	5:00 PM Vespers
<u>Sunday, October 3</u>	9:00 AM Orthros / Church School 10:00 AM Divine Liturgy
<u>Saturday, October 9</u>	10:00 AM – 2:00 PM International Fall Food Festival 5:00 PM Vespers
<u>Sunday, October 10</u>	9:00 AM Orthros / Church School 10:00 AM Divine Liturgy

Based on recent reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask.

We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances.

We appreciate your cooperation and understanding.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Fifteenth Sunday after Pentecost)

O Lord, save Thy people and bless Thine inheritance. Unto Thee will I cry, O my God.

The Reading from the Second Epistle of St. Paul to the Corinthians. (4:6-15)

Brethren, seeing that it is the God who commanded the light to shine out of darkness, the same also shone in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the exceeding greatness of power is from God, and not from us. We are pressed on every way, yet not distressed; we are perplexed, but not driven to despair; persecuted, but not forsaken; smitten down, but not destroyed; always bearing about in the body the dying of the Lord Jesus, that the life of Jesus may also be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus may also be manifested in our mortal flesh. So, then, death is working in us, but life in you. But having in us the same spirit of faith, according to that which is written, "I believed, and therefore I spoke," we also believe, and therefore we also speak, knowing that the One who raised up the Lord Jesus will also raise us up through Jesus, and will make us stand together with you. For all things are for your sakes, that the grace, which is multiplied through the thanksgiving of many, may abound to the glory of God.

THE GOSPEL

(For the Second Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (6:31-36)

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival – Cooking/Preparation Schedule – MANY VOLUNTEERS NEEDED

The following is the cooking and preparation plan for our upcoming International Food Festival. It is important to note that all cooking will be done at the church and we can only proceed with an item if we get enough volunteers. Please let Soraya know when you can help: sbandeli@comcast.net

- Friday, October 1 @ 9:30 am
 - Dolmathes preparation, cooking, packaging, freezing
- Saturday, October 2 @ 9:00 am
 - Koulourakia preparation, packaging
- Sunday, October 3 after Liturgy
 - Baklava preparation, baking, packaging
- Monday, October 4 @ 9:30 am
 - Biscotti preparation, baking, packaging
- Thursday, October 7
 - @ 9:30 am - Spanakopita baking, packaging
 - @ 11:00 am - Rice Pudding preparation and packaging
- Friday, October 8
 - @ 10:00 am – Kibbe baking, packaging
 - @ 11:00 am – Hummus
 - @ 11:00 am – Russian Beet Vinaigrette salad
 - @ 5:30 pm - Russian Borcht preparation and packaging
- **Saturday, October 9 – Food Festival** – many people needed for distribution of take-out food, receiving payment, running food from kitchen to the tables set up with food for sale – starting at 8:00 am until we run out of food (festival hours are 10 am - 2 pm). **Please let us know what time you can be at church and how many hours you can commit. 1-2 hours of your time are greatly appreciated if that is all you can offer.**

We will also be taking pre-orders so stay tuned for order forms.

Thank you as always for your support of St. Michael.

"THE ARCHANGELS" ANY OCCASION GREETING CARDS ARE HERE We are excited to announce that the Archangel icons painted and donated by our own Zoya Sheglov have been made into blank greeting cards for use on any occasion.

The icons were blessed during vesper service on November 7, 2020 to commemorate the Synaxis of the Archangel Michael and the Heavenly Bodiless Powers. They hang in the nave of St Michael.

The cards created out of these icons are a beautiful set of 8, one for each Archangel, that will be available on Sunday as a complete set for only \$10. They include the icon, the story of the Archangel, and a prayer to each Archangel.

Thanks to Zoya Sheglov for her beautiful work and generous donation of the icons; to Mircea Dumitrescu for taking the pictures of each icon; and to Ksenia Pryme for formatting the cards and getting them ready to print.

God bless you all for your support of St. Michael!

