

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org

Sunday, October 10, 2021

Sixteenth Sunday after Pentecost

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SEVEN: Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF SS. EULAMPIOS & EULAMPYA IN TONE FOUR: Thy Martyrs, O Lord, in their courageous contest for Thee * received as the prize the crowns of incorruption and life from Thee, our immortal God. * For since they possessed Thy strength, they cast down the tyrants * and wholly destroyed the demons' strengthless presumption. * O Christ God, by their prayers, save our souls, since Thou art merciful.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

<i>English</i>	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
<i>Arabic</i>	Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
<i>Greek</i>	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
<i>Russian</i>	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE

October is Youth Month!

Saturday, October 9 10:00 AM – 2:00 PM **International Fall Food Festival**

5:00 PM Vespers

Sunday, October 10 9:00 AM Orthros / Church School

10:00 AM Divine Liturgy

Saturday, October 16 5:00 PM Vespers

Sunday, October 17 9:00 AM Orthros / Church School

10:00 AM Divine Liturgy

Women's Meeting

Based on recent reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask.

We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances.

We appreciate your cooperation and understanding.

In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Sixteenth Sunday after Pentecost)

The Lord will give strength to His people.

Bring unto the Lord, ye sons of God, bring unto the Lord glory and honor.

The Reading from the Second Epistle of St. Paul to the Corinthians. (6:1-10)

Brethren, since we are fellow workers, we entreat you also not to receive the grace of God in vain. For He says, "At an acceptable season I hearkened unto thee, and in a day of salvation I helped thee"; behold, now is "the acceptable season"; behold, now is "the day of salvation"; giving no occasion of stumbling in anything, that the ministry is not blamed, but in everything commending ourselves, as ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labors, in vigils, in fasts, in purity, in knowledge, in longsuffering, in kindness, in the Holy Spirit, in love unfeigned, in the word of truth, in the power of God; by the weapons of righteousness on the right hand and on the left, by glory and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

THE GOSPEL

(For the Third Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (7:11-16)

At that time, Jesus went to a city called Nain, and many of His disciples and a great crowd went with Him. As He drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, He had compassion on her and said to her, "Do not weep." And He came and touched the bier, and the bearers stood still. And Jesus said, "Young man, I say to you: arise." And the dead man sat up, and began to speak. And Jesus gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited His people!"



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival – Cooking/Preparation Schedule – MANY VOLUNTEERS NEEDED

The following is the cooking and preparation plan for our upcoming International Food Festival. It is important to note that all cooking will be done at the church and we can only proceed with an item if we get enough volunteers. Please let Soraya know when you can help: sbandeli@comcast.net

- Friday, October 8
 - @ 9:00 am – Russian Beet Vinaigrette salad
 - @ 10:00 am – Kibbe baking, packaging
 - @ 11:00 am – Hummus
 - @ 5:30 pm - Russian Borcht preparation and packaging
- **Saturday, October 9 – Food Festival** – many people needed for distribution of take-out food, receiving payment, running food from kitchen to the tables set up with food for sale – starting at 8:00 am until we run out of food (festival hours are 10 am - 2 pm). **Please let us know what time you can be at church and how many hours you can commit. 1-2 hours of your time are greatly appreciated if that is all you can offer.**

Thank you as always for your support of St. Michael.

"THE ARCHANGELS" ANY OCCASION GREETING CARDS ARE HERE We are excited to announce that the Archangel icons painted and donated by our own Zoya Sheglov have been made into blank greeting cards for use on any occasion.

The icons were blessed during vesper service on November 7, 2020 to commemorate the Synaxis of the Archangel Michael and the Heavenly Bodiless Powers. They hang in the nave of St Michael.

The cards created out of these icons are a beautiful set of 8, one for each Archangel, that will be available on Sunday as a complete set for only \$10. They include the icon, the story of the Archangel, and a prayer to each Archangel.

Thanks to Zoya Sheglov for her beautiful work and generous donation of the icons; to Mircea Dumitrescu for taking the pictures of each icon; and to Ksenia Pryme for formatting the cards and getting them ready to print.

God bless you all for your support of St. Michael!



October is Youth Month! Take a moment to notice the involvement of the youth in our church: behind the altar, in the choir, and elsewhere. Also, every Sunday of October a youth will be reading the epistle. Enjoy hearing their beautiful, young voices! And we have another special treat in store for this month: a youth night we are planning for Saturday the 30th after Vespers. Mark this date on your calendar to enjoy pizza, apple cider, games, pumpkin painting, and more! There will also be a Orthodox family raffle basket and tickets will be sold at the event! Proceeds from the basket will go towards the Mount Tabor School of the liberal arts, an Orthodox school that is open for its first year in Kansas City, MO.

OCTOBER FOOD DRIVE - During the month of October we will be focusing our outreach efforts on collecting non-perishable food to be donated to the local food pantry. Each time you stop at the grocery store, please think about our neighbors in need and purchase extra items as you are able. The food pantry collection box is located inside the side entrance of the church at the top of the stairs heading down to the fellowship hall. Thank you for your kindness and generosity!