St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635 (508) 420-1113, www.stmichaelcapecod.org

Sunday, October 17, 2021 Sunday of Holy Fathers of Seventh Ecumenical Council Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

<u>THE EISODIKON (ENTRANCE HYMN)</u>: In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, <u>Who art risen from the dead</u>, who sing to Thee. Alleluia.

<u>RESURRECTIONAL APOLYTIKION IN TONE EIGHT</u>: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

<u>APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT</u>: Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

<u>ORDINARY KONTAKION IN TONE TWO</u>: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
Arabic	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
Greek	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
Russian	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE

October is Youth Month!

Saturday, October 16 5:00 PM Vespers

<u>Sunday, October 17</u> 9:00 AM Orthros / Church School

10:00 AM Divine Liturgy

Women's Meeting

Saturday, October 23 5:00 PM Vespers

Sunday, October 24 9:00 AM Orthros / Church School

10:00 AM Divine Liturgy

Based on recent reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask.

We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances.

We appreciate your cooperation and understanding.

In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Holy Fathers)

Blessed are Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done to us.

The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)

Titus, my son, faithful is the saying, and concerning these things I desire you to affirm confidently, that those who have believed in God may be thoughtful of how to preside in honorable occupations. These things are good and profitable to men. But avoid foolish disputes, and genealogies, and contentions, and controversies about the Law; for they are unprofitable and vain. A man who is a heretic after the first and second admonition reject, knowing that such a one is subverted, and sins, being self-condemned. When I send Artemas to you, or Tychicós, give diligence to come to me to Nicopolis; for I have determined to winter there. Set forward Zenas the lawyer and Apollos on their journey diligently, that they may be lacking in nothing. And let our people also learn how to preside in honorable occupations, so as to help in cases of urgent need, that they should not be unfruitful. All who are with me salute you. Salute those who love us in the faith. Grace be with you all. Amen.

THE GOSPEL

(For the Fourth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:5-15)

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when His Disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

<u>INTERNATIONAL FOOD FEST - THANK YOU</u> An event like our International Fall Food Fest takes an army of volunteers and many man hours of preparation and cooking. We want to send our warmest thanks and gratitude to ALL of them – here listed in alpha order. Give them a pat on the back when you see them! The event was a huge success thanks to their amazing efforts and hard work!

Eric Ayoub, Soraya Bandeli, Rick Bardine, Annie and SubDn Joe Boruch, Elaine Burke, Genevieve Butts, Kh. Yvonne Butts, Judy Crocker, Alex Davis, Linda Davis, Bogdan Dumitrescu, David Easa, Marge Frisk, Juliana Haskins, Noa Hubarau, Mariya Kamarovskaya, Kh. Alyssa Kjendal, Anders Kjendal, Erika Kjendal, Mary Kjendal, Yuri and Anastasia Klokov, Natalie Leva, Marilyn George, Carole Kanavos, Michelle Mullaney, Michelle Moeck, Joe and Mary Rahal, Pauline and Chris Rassias, Tatiana Rojdestvenskaya, Julia Shangina-Petitt, Penny Samiotes and her grandson Nicholas, Elaine Savas, Electra Savas, Anna Shipunova, Katya Rosenzweig.

May God bless you all!

October is Youth Month! Take a moment to notice the involvement of the youth in our church: behind the altar, in the choir, and elsewhere. Also, every Sunday of October a youth will be reading the epistle. Enjoy hearing their beautiful, young voices! And we have another special treat in store for this month: a youth night we are planning for Saturday, October 30th after Vespers. Mark this date on your calendar to enjoy pizza, apple cider, games, pumpkin painting, and more! There will also be an Orthodox family raffle basket and tickets will be sold at the event! Proceeds from the basket will go towards the Mount Tabor School of the liberal arts, an Orthodox school that is open for its first year in Kansas City, MO.

<u>OCTOBER FOOD DRIVE</u> - During the month of October we will be focusing our outreach efforts on collecting non-perishable food to be donated to the local food pantry. Each time you stop at the grocery store, please think about our neighbors in need and purchase extra items as you are able. The food pantry collection box is located inside the side entrance of the church at the top of the stairs heading down to the fellowship hall. Thank you for your kindness and generosity!