St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635 (508) 420-1113, www.stmichaelcapecod.org

Sunday, October 24, 2021 Eighteenth Sunday after Pentecost Great-martyr Arethas (al-Haarith) & companions in Arabia

Celebrant: Bishop JOHN

LITTLE ENTRANCE WEEKLY VARIABLES

<u>THE EISODIKON (ENTRANCE HYMN)</u>: In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, <u>Who art risen from the dead</u>, who sing to Thee. Alleluia.

<u>RESURRECTIONAL APOLYTIKION IN TONE ONE</u>: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

<u>APOLYTIKION OF ST. ARETHAS (AL-HAARITH) & COMPANIONS IN TONE ONE</u>: Be Thou entreated for the sake of the sufferings of Thy Saints which they endured for Thee, O Lord, and do Thou heal all our pains, we pray, O Friend of man.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

<u>ORDINARY KONTAKION IN TONE TWO</u>: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English	Holy God, Holy Mighty, Holy Immortal, have Mercy on us
Arabic	Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah
Greek	Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas
Russian	Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE

October is Youth Month!

Saturday, October 23 5:00 PM Vespers

Sunday, October 24 9:00 AM Orthros / Church School

Ordination

10:00 AM Divine Liturgy

Saturday, October 30 5:00 PM Vespers

6:00 PM Youth Night

<u>Sunday, October 31</u> 9:00 AM Orthros / Church School

10:00 AM Divine Liturgy

Based on recent reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask.

We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances.

We appreciate your cooperation and understanding.

In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS AND CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Eighteenth Sunday after Pentecost)

Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.

The Reading from the Second Epistle of St. Paul to the Corinthians. (9:6-11)

Brethren, the one who sows sparingly will also reap sparingly; and the one who sows bountifully will also reap bountifully. Let each one do according to what he has purposed in his heart, not grudgingly, or under compulsion; for God loves a cheerful giver. And God is able to make all grace abound to you; that you, having always all sufficiency in all things, may abound to every good work. As it is written: "He has scattered abroad, He has given to the poor; His righteousness endures forever"; now He, who supplies seed to the sower and bread for food, will supply and multiply your seed for sowing, and increase the harvest of your righteousness. You will be enriched in all things for every generosity, which works through us thanksgiving to God.

THE GOSPEL

(For the Sixth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

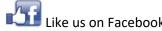
At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.



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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE ALL FOR THE GLORY OF GOD AND HIS CHURCH

October is Youth Month! Take a moment to notice the involvement of the youth in our church: behind the altar, in the choir, and elsewhere. Also, every Sunday of October a youth will be reading the epistle. Enjoy hearing their beautiful, young voices! And we have another special treat in store for this month: a youth night we are planning for Saturday, October 30th after Vespers. Mark this date on your calendar to enjoy pizza, apple cider, games, pumpkin painting, and more!

Orthodox Family Fun Raffle Basket to Benefit Mount Tabor School of the Liberal Arts: In conjunction with the Youth Night SOYO is hosting on Saturday 10/30, SOYO will be raffling off an amazing Orthodox Family Fun basket, with all proceeds going to Mount Tabor School of the Liberal Arts, a newly opened Orthodox school in Kansas City, MO. Some items in the basket include books for parents and kids from Ancient Faith Publishing, mouth-watering treats, and items to help build the 'little church" in your home. Even if you don't have children at home, you can always buy tickets on behalf of your grandchildren, godchildren, or families in the parish! This basket will be a blessing to any Orthodox family, and the young Orthodox school we are supporting will truly be blessed by your generosity. Please see Kh. Alyssa or Erika Kjendal to buy your tickets!

Thanksgiving Meals Once again we are being given the opportunity to provide Thanksgiving meals to families served by Faith Family Kitchen in Hyannis. If you are able to purchase food items, please speak to Kh. Alyssa about what is needed. Monetary donations are also very much appreciated to help purchase the turkeys and other items that will be included in the dinners. Delivery of the meals will be in the morning on Friday, November 19. Please speak to Kh. Alyssa about how you can help! Thank you for being a blessing to our neighbors in need this Thanksgiving!

THANKSGIVING IN 5 WEEKS - LET OUR TALENTED COOKS HELP! Our parish is well known for some amazing cooks! Let us ease the burden of your Thanksgiving meal planning! We are accepting pre-orders for the following:

•	Cheesecake	\$12
•	Apple Pie	\$15
•	Pumpkin Pie	\$15
•	Nantucket Cranberry Pie	\$15
•	Cranberry Bread	\$8
•	Pumpkin Bread	\$8
•	Russian Sharlotka Cake	\$12 (fruits

s and nuts – amazing!)

Mini Loaves Banana Bread \$5

\$5 / pkg of 8 Pizzelle **Cranberry Sauce** \$5 per pint

Please email Soraya Bandeli with your order by November 7 so we have time to shop and prepare: sbandeli@comcast.net or text/call 617-842-8591.

All will be ready and available for pick up on **November 21** – just in time for Thanksgiving!

All proceed support Women's Group projects!

Thank you for your steadfast support of St Michael. May God be with you always!