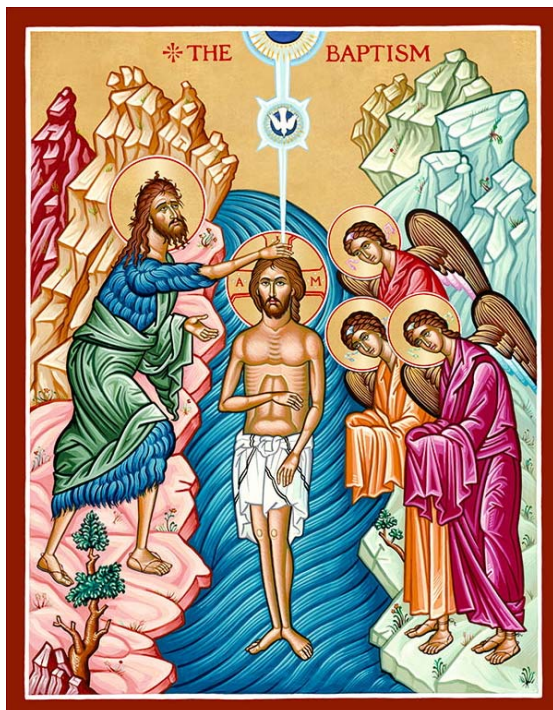


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, January 02, 2022

Forefeast of &

Sunday before Theophany of Christ

Sylvester, pope of Rome;

Cosmas the wonderworker, archbishop of Constantinople;

Repose of Venerable Seraphim of Sarov

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF THE FOREFEAST OF THEOPHANY IN TONE FOUR: Be thou ready, Zabulon; prepare thyself, O Nephthalim. River Jordan, stay thy course and skip for gladness to receive the Sovereign Master, Who cometh now to be baptized. O Adam, be thou glad with our first mother, Eve; hide not as ye did of old in Paradise. Seeing you naked, He hath appeared now to clothe you in the first robe again. Christ hath appeared, for He truly willeth to renew all creation.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE FOREFEAST OF THEOPHANY IN TONE FOUR: In the running waters of * the Jordan River, * on this day the Lord of all * crieth to John: Be not afraid * and hesitate not to baptize Me, * for I am come to save Adam, the first-formed man.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

Saturday, January 1

9:00 AM Orthros
10:00 AM Divine Liturgy for **Circumcision of Our Lord and Savior Jesus Christ**

Sunday, January 2

9:00 AM Orthros / Church School
10:00 AM Divine Liturgy

Tuesday, January 4

6:30 PM Vespers Divine Liturgy for the Pre-feast of Theophany with the Blessing of the Water at St. George Church in West Roxbury

Saturday, January 8

5:00 PM Vespers

Sunday, January 9

9:00 AM Orthros / Church School
10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station.

Be safe during storms.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For the Sunday before the Theophany of Christ)

O Lord, save Thy people and bless Thine inheritance.

Unto Thee will I cry, O Lord my God.

The Reading from the Second Epistle of St. Paul to St. Timothy. (4:5-8)

Timothy, my son, always be steady, endure suffering, do the work of an evangelist, fulfill your ministry. For I am already on the point of being sacrificed; the time of my departure has come. I have fought the good fight, I have finished the race, and I have kept the faith. Henceforth there is laid up for me the crown of righteousness, which the Lord, the righteous judge, will award to me on that Day, and not only to me but also to all who have loved His appearing.

THE GOSPEL

(For the Sunday before the Theophany of Christ)

The reading from the Holy Gospel according to St. Mark. (1:1-8)

The beginning of the Gospel of Jesus Christ, the Son of God. As it is written in Isaiah the prophet, "Behold, I send my messenger before thy face, who shall prepare thy way; the voice of one crying in the wilderness: Prepare the way of the Lord, make his paths straight." John the Baptizer appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. And there went out to him all the country of Judea, and all the people of Jerusalem; and they were baptized by him in the river Jordan, confessing their sins. Now John was clothed with camel's hair, and had a leather girdle around his waist, and ate locusts and wild honey. And he preached, saying, "After me comes He Who is mightier than I, the strap of Whose sandals I am not worthy to stoop down and untie. I have baptized you with water; but He will baptize you with the Holy Spirit."



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

SHOP ON AMAZON AND SUPPORT ST. MICHAEL

Please consider taking this one extra step to your normal shopping routine on Amazon! You start at smile.amazon.com and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's **no additional cost for you**. If you need help, ask David Easa. Please tell your family and friends about it! Together we can raise some funds for our many programs!

Diocesan Liturgy for the Feast of Theophany - Tuesday, January 4: All are invited to attend the Diocesan Divine Liturgy on Tuesday, January 4, 2022 at St. George Church in West Roxbury beginning at 6:30 pm. This will mark our 10th anniversary with His Grace Bishop JOHN in our Diocese. Please join us for this festal celebration. Many years Master!

Antiochian Village Summer Camp Registration Opens January 8: Check out AV's website for more details about this year's summer camp - <https://avcamp.org/programs/summer-camp/>

In addition to traditional summer camp, AV offers:

- Byzantine Chant Camp
- Iconography Camp
- Arch Week - A new program designed specifically for graduating High School seniors to deepen and strengthen their faith in Jesus Christ and equips them with resources to live as Orthodox Christian young adults.

Camp St. Herman - August 7-13, 2022: Save the Date! Our Diocese will sponsor a one-week camp program in New Hampshire modeled after the camp program at Antiochian Village.

If you are interested in serving on camp staff for the week, or assisting with in support of this program, please contact Fr. Ben Kjendal or Khalil Samara. Camper Registration and Staff Applications will be available in February.

Supply Chain Blues? Shop SOYO bookstore We have your Nativity or any occasion needs covered. Books. Icons. Incense. Crosses. Prayer ropes. So much variety for you. Our bookstore is fully stocked and ready. If you need something specific please speak with one of our teens. All proceed support projects in our local community. Thank you as always for your continued support of St. Michael.

Based on recent reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask. We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances. We appreciate your cooperation and understanding.

THE SYNAXARION

On January 2 in the Holy Orthodox Church, the first day of the Forefeast of the Theophany of Christ, we commemorate our Father among the Saints Sylvester, Pope of Rome.

Verses

*Pope Sylvester, who even when dead, yet liveth,
Quickened a dead ox, shaming magician Jambres.*

At daybreak on the second, Sylvester breatheth forth his soul.

Sylvester was born in Rome, and from his early youth was learned in worldly wisdom and in the Faith of Christ. He always conducted his life according to the Gospel commandments. He benefited much from the instruction of Timothy the priest, whose death for the true faith Sylvester witnessed. Thus, he was imbued with just such a spirit throughout his entire life. He became Bishop of Rome at age thirty. By his prayers and miracles, Sylvester assisted in bringing Emperor Constantine and his mother Helena to baptism. With the Empress Helena, he took part in finding the Honorable Cross. He governed the Church of God for twenty years. His earthly life ended honorably and he entered into the Heavenly Kingdom.

On this day, we also commemorate Cosmas the wonderworker, archbishop of Constantinople; and the repose of Venerable Seraphim of Sarov. By their holy intercessions, O God, have mercy upon us and save us. Amen.
