

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, February 27, 2022

Sunday of the Last Judgment (Meat Fare)

Venerable Prokopios the Confessor of Decapolis;

Thalelaeus, hermit of Gabala in Syria

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION FOR SUNDAY OF LAST JUDGMENT IN TONE ONE: When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

Saturday, February 26 5:00 PM Vespers
Sunday, February 27 9:00 AM Orthros / Church School
10:00 AM Divine Liturgy

***** MARCH IS WOMEN MONTH *****

Saturday, March 5 9:00 AM Orthros & Divine Liturgy with Ordination
5:00 PM Vespers

Sunday, March 6 9:00 AM Orthros / Church School
10:00 AM Divine Liturgy

Winter Weather announcement for St Michael Parish In case of inclement weather this winter on Sundays, Fr. Ben will make the decision as to whether Liturgy will take place. Communication to the parish announcing either a delay or a cancellation will be made via: the parish email; announcements on Cape radio stations - WQRC - [99.9 The Q](#), WKPE - [Cape Country 104](#), WFCC - [Classical 107.5](#), WOCN – [Ocean 104.7](#), [CapeCod.com](#); and all Boston TV station.
Be safe during storms.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

***Our People are our Choir! We love to hear you sing with us! WELCOME!
We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

If you need anyone remembered during services (in Memory of or for Good Health of), please let Fr. Ben know **AT LEAST ONE WEEK IN ADVANCE** so they can be included in all the prayers during Vespers, Orthros (Matins) and Liturgy

THE EPISTLE

(For Sunday of the Last Judgment)

The Lord is my strength and my song.

With chastisement has the Lord chastened me!

The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not bring us closer to God; for neither if we eat, are we the better, nor if we do not eat, are we the worse. But take heed lest by any means this authority of yours become a stumbling block to those who are weak. For if any one sees you, as someone who has knowledge, reclining at a table in an idol's temple, will not the conscience of the one who is weak be emboldened to eat of the things sacrificed to idols, and through your knowledge the weak brother perishes, for whom Christ died? And thus, sinning against the brethren, and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will not eat meat forever, lest I cause my brother to stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are not you my work in the Lord? If to others I am not an apostle, yet at least I am to you; for the seal of my apostleship are you in the Lord.

THE GOSPEL

(For Sunday of the Last Judgment)

The Reading from the Holy Gospel according to St. Matthew. (25:31-46)

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.' Then the righteous will answer Him, 'Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.' Then He will say to those at his left hand, 'Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer, 'Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?' Then He will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.' And they will go away into eternal punishment, but the righteous into eternal life."



ST. MICHAEL HAPPENINGS

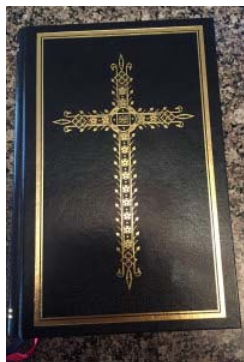
WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

ONLY 50 BOOKS LEFT! As we prepare for our upcoming Lenten season, our St Michael cookbook has a large selection of recipes to help with your family's meal plans. See our SOYO bookstore to purchase your copy of "The Foods that Unite Us". This collection of our family recipes, stories and traditions is a great resource for your year-round and special-event meals.

Thank you for supporting St Michael Women's Group, who collected and published this book from our parish family.

LENT AND PASCHA BOOKS AND SUPPLIES - Shop SOYO bookstore

The bookstore has a large selection of resources for Lent and Pascha, not the least of which is the HOLY WEEK PRAYER SERVICE BOOKS. More items are coming in over the next few weeks, so keep checking back. We have your any occasion needs covered. Books. Icons. Incense. Crosses. Prayer ropes. So much variety for you. Our bookstore is fully stocked and ready. If you need something specific, please speak with one of our teens or email us at bookstore@stmichaelcapecod.org.



All proceed support projects in our local community. Thank you as always for your continued support of St. Michael.

ANTIOCHIAN WOMEN MONTH MARCH In the tradition of the Myrrh bearing women who were the first to see the empty tomb and to proclaim the news of the Resurrection, the Women's Group is recognized as the cornerstone of every parish. This is why our Archdiocese shines a spotlight on Antiochian Women Groups and all their efforts during March every year! Just as we commemorate the Theotokos during the Feast of the Annunciation on March 25 who proclaimed "Behold the maidservant of the Lord! Let it be according to your word" (Luke 1:38), so must all of us be prepared to answer His call.

Antiochian Women chapters in our parishes are vital to their churches and to the Archdiocese. Every Woman of the parish is a member of Antiochian Women. Since 1975, the Women's groups have raised over \$4

million in support of charitable projects supporting the Archdiocese, not to mention the tireless efforts they put in to raise funds and to nurture their own parishes and communities.

This year's national project is to support the Cathedral, the Monastery & Cemetery, the Episcopal Retirement Residence and an Independent/Assisted Living Facility for retired hierarchs – all at the Antiochian Village in Bolivar PA. To that end, the Women's group of St Michael has pledged part of the proceeds from the annual Pascha card to this effort. You will soon be receiving your sign up form. Please complete it and return to Women's Group by April 10 so your name can be included in the Pascha card. If you prefer, a link to the form is on our website.

As always, we thank you for your generosity and your unwavering commitment to St Michael. May God keep you strong during the upcoming Lenten season.

Annual Lenten Retreat - March 26 at 1:00 pm

All are invited to attend the annual Diocese Lenten Retreat sponsored by the Diocese of Worcester & New England Antiochian Women hosted by St. George Church in West Roxbury. We are very excited to welcome Demetrios Katos as the Keynote Speaker for 2022! Dr. Katos is the Director of Giving and College Initiatives at Northeastern University, and received his Ph.D. in religion from the Catholic University of America. Prior to coming to Northeastern, he was the Dean of Hellenic College in Brookline, MA.

Registration online here - <https://2022-diocese-retreat.eventbrite.com>

Promotional flyer will be distributed soon. If you have any questions, please contact Erin Kimmett at ErinMaryK@aol.com or 781-775-0789.

Based on reports from various medical experts, the new COVID variants are highly transmissible. In light of this, St. Michael's goal is to be cautious, not only to protect all parishioners but to make all who attend church feel at ease. As a community, it is our obligation to work together to safeguard all.

Consistent with CDC and Massachusetts guidelines that advise people to wear a mask or face covering when indoors, we invite / encourage all parishioners and guests to wear a mask or face covering during services. At same time, we respect those who either choose not to, or for medical reasons are unable to, wear a mask. We are blessed that our attendance is growing so we will do everything possible, within our very limited space, to accommodate social distancing, including the opening of windows and doors of the church except for extenuating circumstances. We appreciate your cooperation and understanding.

THE SYNAXARION

On February 27 in the Holy Orthodox Church, we commemorate the Venerable Prokopios the Confessor of Decapolis; and Thalelaeus, hermit of Gabala in Syria.

Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ.

Verses

When the Judge of all sitteth to judge the earth, Come now!

Mayest Thou judge me worthy of Thy voice!

It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today’s Holy Gospel. Jesus illustrates to us God’s ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal.

By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.
