

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635
(508) 420-1113, www.stmichaelcapecod.org



Sunday, May 08, 2022
The Holy Myrrh-Bearing Women,
Pious Joseph of Arimathea &
Righteous Nicodemus
Apostle and Evangelist John the Theologian;
Venerable Arsenios the Great

Celebrant: Bishop John

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF JOSEPH OF ARIMATHEA IN TONE TWO: The noble Joseph, taking Thine immaculate Body down from the Tree, and having wrapped It in pure linen and spices, laid It for burial in a new tomb. But on the third day Thou didst arise, O Lord, granting to the world Great Mercy.

APOLYTIKION OF THE MYRRH-BEARING WOMEN IN TONE TWO: Unto the myrrh-bearing women did the Angel cry out as he stood by the grave: Myrrh-oils are meet for the dead, but Christ hath proved to be a stranger to corruption. But cry out: The Lord is risen, granting to the world Great Mercy.

APOLYTIKION OF ST. JOHN THE THEOLOGIAN IN TONE TWO: O Apostle John, beloved of Christ our God, hasten to deliver a defenseless people. He that allowed thee to recline on His breast receiveth thee bowing in intercession. Implore Him, O Theologian, to dispel the persistent cloud of the heathen, and ask for us His peace and Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR PASCHA IN TONE ONE

The Angel cried unto her that is full of grace: O pure Virgin, rejoice, and again I say, rejoice; for thy Son hath arisen from the grave on the third day.

Shine, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Zion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

Arabic: Al Maseeh Qam! Haqqan Qam!

English: Christ is Risen! Truly He is Risen!

Greek: Christos Anesti! Alithos Anesti!

Romanian: Hristos a Inviat! Adevarat a Inviat!

Russian: Khristos Voskres! Voistinu Voskres!

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Sunday, May 8**
 - 9:00 AM Orthros / Church School
 - 10:00 AM Divine Liturgy
- **Saturday, May 14**
 - 5:00 PM Vespers
- **Sunday, May 15**
 - 9:00 AM Orthros / Church School
 - 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE
NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!
*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

PLEASE JOIN US FOR COFFEE HOUR

***Our People are our Choir! We love to hear you sing with us! WELCOME!
We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling
and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE (For St. John the Theologian)

His voice has gone out into all the earth.

The heavens declare the glory of God.

The Reading from the First Epistle of St. John. (1:1-7)

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the Word of life—the Life was made manifest, and we saw it, and testify to it, and proclaim to you the Eternal Life which was with the Father and was made manifest to us—that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with His Son Jesus Christ. And we are writing this that our joy may be complete. This is the message we have heard from Him and proclaim to you, that God is light and in Him is no darkness at all. If we say we have fellowship with Him while we walk in darkness, we lie and do not live according to the truth; but if we walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

THE GOSPEL (For the Third Sunday of Pascha)

The Reading from the Holy Gospel according to St. Mark. (15:43-16:8)

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where He was laid. And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint Jesus. And very early in the morning, on the first day of the week, they came to the tomb at the rising of the sun. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back – it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a long white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He is risen; He is not here; see the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out quickly and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival and Flea Market It is time to begin planning our next International Food Festival and Flea Market. We are looking for volunteers to chair these combined events. If you are interested in being the chairperson for either of these events please contact Rick Bardine or Michelle Mullaney. Additionally, we are looking for volunteers to cook and help with both events so please think about volunteering and as soon as we have our chairpersons in place they will begin to coordinate with you.

Catechesis of the Good Shepherd Level 1 Formation Training Part 1 May 31-June 5, 2022. All are welcome! The tuition for Level 1 Formation Part 1 is \$400. For those in Orthodox Churches, of all jurisdictions, it is \$250. Registration is limited to 12 people.

Course Overview: Formation Courses are the method by which the Catechesis of the Good Shepherd is offered to adults. Each formation course includes preparation in giving the presentations (the lessons) to the children, provides a solid background in the Montessori educational approach, and instructs in the theological foundation of this work. The Formation Leader assists the adult catechist in writing an album of lessons, how to prepare the learning environment, and how to make the experiential materials for the children's work. The National Certificate of Completion will be issued to those who successfully complete both parts of the Level 1 training. The fee for this certificate is included in the registration fee.

For more information email our course coordinator: Kh. Yvonne Butts at yborthodox@gmail.com

Catechesis of the Good Shepherd

Level 1 Formation Training

Part 1 May 31-June 5, 2022

Part 2 May 30-June 4, 2023

Tuesday following Memorial Day through Sunday
Weekdays and Saturday 8:30am-4:30pm, Sunday 1-6pm
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Formation Leader: Anne Marie McCollum began her journey with CGS in 2010 when she helped launch one of the first Orthodox CGS programs. As a homeschooling mother of five she fell in love with the Catechesis as a way to help bring her children into deeper relationship with the Good Shepherd. In 2014 Anne Marie was recognized as a CGS Level I Formation Leader by the National Association of Catechesis of the Good Shepherd, becoming the second Orthodox formation leader for CGS. She is trained in all three levels of CGS and currently serves as a Level III catechist at St. Ignatius Antiochian Orthodox Church in Franklin, TN. When she isn't teaching, Anne Marie enjoys reading, hiking, camping, chasing waterfalls, and sharing her love of the outdoors with anyone who will listen! Anne Marie and her husband, Joshua, reside in middle Tennessee with their three youngest children, one dog, five chickens, and a constantly revolving stock of sheep, goats, and cattle.



For more information email our course coordinator:

Kh. Yvonne Butts at yborthodox@gmail.com

If you are seeing this flyer without the attached registration form, please contact the course coordinator for one.

THE SYNAXARION

On May 8 in the Holy Orthodox Church, we commemorate Venerable Arsenios the Great, and we celebrate the Synaxis of the Holy Dust, that is, the Manna, that issued from the grave of the holy and glorious Apostle and Evangelist John the Theologian, the Virgin and Beloved Bosom Friend of Christ.

Verses

Mankind from the manna of thy grave receiveth not food, but health, O initiate of Jesus. On the eighth they bedeck Thunderson's grave with roses.

When St. John was 105 years old, he took seven of his disciples, went outside the city of Ephesus and told the disciples to dig a grave in the form of a cross. Then the old man went down into the grave, from where his soul departed this life. When the faithful later opened St. John's grave, they did not find the body in it. And on May 8 each year a dust arose from the grave, from which those suffering from many diseases were healed.

On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also make commemoration of Joseph of Arimathea, who was a secret disciple, and Nicodemus, who was a disciple by night.

Verses

*The women disciples bring myrrh unto Christ;
And I bring a hymn as it were myrrh unto them.*

The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ.

By the intercessions of Thy saints, O God, have mercy on us. Amen.
