

*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)



**Sunday, May 22, 2022**

**Fifth Sunday of Pascha:**

**Sunday of the Samaritan Woman**

**& After-feast of Mid-Pentecost**

**Martyr Basiliskos of Comana;**

**Holy Fathers of the Second Ecumenical Council;**

**John Vladimir, king of Serbia**

**Celebrant: Fr. Ben Kjendal**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): In the gathering places bless God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel, the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying, Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION FOR MID-PENTECOST IN TONE EIGHT: In the midst of this Feast, O Savior, give Thou my thirsty soul to drink of the waters of true worship; for Thou didst call out to all, saying: Whosoever is thirsty, let him come to Me and drink. Wherefore, O Christ our God, Fountain of life, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

### MEGALYNARION FOR SUNDAY OF THE SAMARITAN WOMAN IN TONE ONE

*The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.*

Rejoice and be glad, O gate of the divine Light; for Jesus Who disappeared in the tomb hath risen with greater radiance than the sun, illuminating all believers, O Lady favored of God.

### KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

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**The Mission of St Michael the Archangel Orthodox Church** is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

#### **SCHEDULE:**

- **Saturday, May 21**
  - 5:00 PM Vespers
- **Sunday, May 22**
  - 9:00 AM Orthros / Church School
  - 10:00 AM Divine Liturgy
- **Saturday, May 28**
  - 7:00 PM Vespers
- **Sunday, May 29**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
  - Women's Group Bake Sale

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

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### THE EPISTLE

*How magnified are Thy works, O Lord. In wisdom hast Thou made them all.  
Bless the Lord, O my soul.*

#### **The Reading from the Acts of the Holy Apostles. (11:19-30)**

In those days, when the apostles were scattered because of the tribulation that arose over Stephen, they traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to no one, except to Jews only. But there were some of them, men of Cyprus and Cyrene, who upon coming to Antioch spoke to the Hellenists also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. The report concerning them reached the ears of the church in Jerusalem, and they sent out Barnabas, to go as far out as Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all, that with purpose of heart they should cleave to the Lord; for he was a good man, full of the Holy Spirit and of faith. And a great multitude was added unto the Lord. Then Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year, they were gathered together in the church, and they taught a great multitude of people, and the disciples were called Christians first in Antioch. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and signified by the Spirit that there would be a great famine over the whole world; and this took place in the days of Claudius Caesar. And the disciples, every one according to his ability, determined to send relief to the brethren who dwelt in Judaea; and they did so, sending it to the elders by the hand of Barnabas and Saul.

### THE GOSPEL

#### **The Reading from the Holy Gospel according to St. John. (4:5-42)**

At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as He was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give Me a drink." For His Disciples had gone away into the city to buy food. The Samaritan woman said to Him, "How is it that Thou, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and Who it is that is saying to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water." The woman said to Him, "Sir, Thou hast nothing to draw with, and the well is deep; where do you get that living water? Art Thou greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of

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the water that I shall give him will never thirst forever; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered Him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to Him, "Sir, I perceive that Thou art a prophet. Our fathers worshiped on this mountain; and Thou sayest that in Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe Me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship Him. God is spirit, and those who worship Him must worship in spirit and truth." The woman said to Him, "I know that Messiah is coming [He Who is called Christ]; when He comes, He will tell us all things." Jesus said to her, "I Who speak to you am He." Just then His Disciples came. They marveled that He was talking with a woman, but none said, "What dost Thou wish?" or, "Why art Thou talking with her?" So the woman left her water jar, and went away into the city, and said to the people, "Come, see a man Who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to Him. Meanwhile the Disciples besought Him, saying, "Rabbi, eat." But He said to them, "I have food to eat of which you do not know." So the Disciples said to one another, "Has anyone brought Him food?" Jesus said to them, "My food is to do the will of Him Who sent Me, and to accomplish His work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in Him because of the woman's testimony, "He said to me all that I ever did." So when the Samaritans came to Him, they asked Him to stay with them; and He stayed there two days. And many more believed because of His words. They said to the woman, "It is no longer because of your words that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."



## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**International Food Festival** will be held on Saturday, November 12<sup>th</sup>. Michelle Mullaney is chairing this event and looking for volunteers. First planning meeting will be on Sunday, May 22nd right after Liturgy in church conference room. The international food fest is a parish wide event and all parish members are encouraged to participate. Please note

there will not be a yard sale this year.

### **WOMEN'S GROUP IN-HOUSE BAKE SALE - SUNDAY MAY 29**

Treat your guests this Memorial Day weekend by purchasing home baked item prepared by our Women's Group. This is our annual bake sale to support Women's projects in the Diocese and in our parish. Baked items can be brought to the kitchen on Sunday morning early. Please package and label the item so we know how to price it. Thank you as always for your continued support.

**Catechesis of the Good Shepherd** Level 1 Formation Training Part 1 May 31-June 5, 2022. All are welcome! The tuition for Level 1 Formation Part 1 is \$400. For those in Orthodox Churches, of all jurisdictions, it is \$250. Registration is limited to 12 people.

Course Overview: Formation Courses are the method by which the Catechesis of the Good Shepherd is offered to adults. Each formation course includes preparation in giving the presentations (the lessons) to the children, provides a solid background in the Montessori educational approach, and instructs in the theological foundation of this work. The Formation Leader assists the adult catechist in writing an album of lessons, how to prepare the learning environment, and how to make the experiential materials for the children's work. The National Certificate of Completion will be issued to those who successfully complete both parts of the Level 1 training. The fee for this certificate is included in the registration fee.

For more information email our course coordinator: Kh. Yvonne Butts at [yborthodox@gmail.com](mailto:yborthodox@gmail.com)

# Catechesis of the Good Shepherd

## Level 1 Formation Training

Part 1 May 31-June 5, 2022

Part 2 May 30-June 4, 2023

Tuesday following Memorial Day through Sunday

Weekdays and Saturday 8:30am-4:30pm, Sunday 1-6pm

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**Formation Leader:** Anne Marie McCollum began her journey with CGS in 2010 when she helped launch one of the first Orthodox CGS programs. As a homeschooling mother of five she fell in love with the Catechesis as a way to help bring her children into deeper relationship with the Good Shepherd. In 2014 Anne Marie was recognized as a CGS Level I Formation Leader by the National Association of Catechesis of the Good Shepherd, becoming the second Orthodox formation leader for CGS. She is trained in all three levels of CGS and currently serves as a Level III catechist at St. Ignatius Antiochian Orthodox Church in Franklin, TN. When she isn't teaching, Anne Marie enjoys reading, hiking, camping, chasing waterfalls, and sharing her love of the outdoors with anyone who will listen! Anne Marie and her husband, Joshua, reside in middle Tennessee with their three youngest children, one dog, five chickens, and a constantly revolving stock of sheep, goats, and cattle.



For more information email our course coordinator:

Kh. Yvonne Butts at [yborthodox@gmail.com](mailto:yborthodox@gmail.com)

If you are seeing this flyer without the attached registration form, please contact the course coordinator for one.

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## THE SYNAXARION

On May 22 in the Holy Orthodox Church, we commemorate the Martyr Basiliskos of Comana; the Holy Fathers of the Second Ecumenical Council; and John Vladimir, king of Serbia.

On this day, the fifth Sunday of Pascha, we celebrate the feast of the Samaritan Woman.

### **Verses**

*Coming to obtain corruptible water, O woman,*

*Thou drawest living water, wherewith thy soul's stains thou wastest.*

The Samaritan woman—the holy and glorious Great-martyr Photeini—met Jesus at midday at Jacob's Well, which was located in the city of Sychar. And being tired from travel and the heat, Jesus sat at Jacob's Well. A little after, the Samaritan woman came to draw water, and had a long conversation with Him (it is the longest recorded discourse between Christ and a single person in the entire Bible). Photeini did not want to talk to Jesus, because the Samaritans did not have any dealings with Jews; Jews considered her people heretics because Samaritans kept only the first five books of the Old Testament. However, the Lord talked with her anyway, read her heart, revealed her secrets and gave her to drink of the "Living Water"—the grace of the Holy Spirit that leads to eternal life and flows to all humanity. Photeini immediately ran throughout the city to proclaim Christ. Through her, many other Samaritans believed in Jesus.

By the intercessions of Thy Martyr, Photeini, O Christ God, have mercy on us. Amen.

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