

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, July 03, 2022

Third Sunday after Pentecost

**Martyr Hyacinth and his Companions of Caesarea;
Anatolios, patriarch of Constantinople;
Venerable-martyr Gerasimos the New of Carpenision;
Venerable Nicodemus of Kozhe Lake**

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Saturday, July 2**
 - 7:00 PM Vespers
- **Sunday, July 3**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy

SERVICES ON JULY 8-10 WILL BE HELD AT The Cape Codder Resort & Spa - 1225 Iyannough Rd Suite #1, Hyannis

- **Friday, July 8**
 - 5:00 PM Vespers
- **Saturday, July 9**
 - 8:30 AM Hierarchical Divine Liturgy
 - 4:30 PM Vespers
- **Sunday, July 10**
 - 9:00 AM Orthros
 - 10:00 AM Hierarchical Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For Third Sunday after Pentecost)

The Lord is my strength and my song.

The Lord has chastened me sorely.

The Reading from the Epistle of St. Paul to the Romans. (5:1-11)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

THE GOSPEL

(For Third Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival REMINDER!

The International Food Fair is scheduled for November 12th!

Next Meeting for Volunteers - Sunday, August 21st

Cooking begins for items to be frozen - September 24th - we need everyone's help!!

St. Michael Parish Directory Update

Dear Fellow Parishioners,

As you may know, Erika and Gonzalo Fernandez will be moving to Albuquerque, N.M. as Gonzalo's assignment at the Cape Cod Space Force Station comes to an end this summer/fall. Before they leave, Erika and Gonzalo have volunteered to update our St. Michael Parish Directory. They will be available after liturgy on Sunday, July 3, to take your picture and gather your contact information for the directory update. Please seek them out after liturgy. Thanks Erika and Gonzalo!

Shredding Event

We are planning a shredding event fundraiser in the Fall. Please contact Soraya or Joe Rahal to help. This will be an easy project with minimal work. We just need a few people to help gather Information. Thank you!!!

Diocese PLC: July 8-10, 2022

Are you ready for a beautiful summer weekend on Cape Cod with friends and family from across our Diocese? Join us July 8-10 for the Diocese of Worcester Parish Life Conference at the Cape Codder Resort & Spa in Hyannis, MA for a weekend filled with worship, education, fellowship, and fun on Cape Cod!

The remaining room block will be released after that date and reservations will be at rack rate and if available.

Hotel Reservations: <https://www.stmaryma.org/plc/hotel-reservation>

Conference Registration: <https://www.antiochianevents.org/worcester>

General Information: <https://www.stmaryma.org/plc/>

Diocese of Worcester & New England

Parish Life Conference

July 8-10, 2022 | Hyannis, MA

Cape Codder Resort and Spa
Hosted by St. Mary Church • Cambridge, MA

Join us for a weekend filled with worship,
education, fellowship, and fun on Cape Cod!



WORSHIP

"Where two or more are gathered in my name..."

His Grace Bishop John will lead us in worship throughout the weekend.

Vespers - Friday and Saturday evenings
Hierarchical Liturgies - Saturday and Sunday

Keynote: "Becoming Children of the Kingdom"
Rev. Dr. Bogdan Bucur, Ph.D.
St. Vladimir's Orthodox Theological Seminary
and other opportunities for learning!



LEARN



CELEBRATE

Fun Activities for the Whole Family All Weekend!

Friday: Local Excursions & Ice Cream Social
Friday Night: New England Lobster Clambake
Saturday: Beach Outings for Teens & Young Adults
Sat. Night: Hafli w/ Mitchell Kaltsunas & Ensemble



Children's Program

Family Ice Cream Social
Children's Workshop
Waterpark and Indoor Pool
Saturday Dinner and Movie



Creative Festivals

Creative Arts Displays
Bible Bowl
Gospel of Matthew
Oratorical Festival
Matthew 18:3

Register Today!

Learn more and register at www.worcesterplc.org

THE SYNAXARION

On July 3 in the Holy Orthodox Church, we commemorate the holy Martyr Hyacinth the Chamberlain and his companions of Caesarea in Cappadocia

Verses

*Bright as the gem-stone is Hyacinth in virtue;
but in the flow of his blood, he is yet brighter.
On the third died Hyacinth of deadly hunger.*

Hyacinth was a young courtier of Emperor Trajan, and a secret Christian. Hyacinth stood apart from the emperor's abominable ceremonies where sacrifices were made to idols. The emperor urged him to deny Christ and to join him, but Hyacinth remained firm as diamond and said: "I am a Christian. I revere Christ and worship Him, and I bring my living self to Him as a sacrifice." Whipped, spat upon and flayed, this holy martyr was flung into prison. By order of the emperor, he was given nothing to eat but food that had been sacrificed to idols. Hyacinth refused it, and died in prison after eight days in the year 108. The warder saw two shining angels in the prison: one covering the martyr's body with his own glorious vesture, and the other placing a wreath of glory on his head. The whole prison was filled with light and radiance. Six others died with Hyacinth: Theodota, Theodotus, Diomedes, Eulampios, Asclepiades and Golinduc.

On this day, we also commemorate Anatolios, patriarch of Constantinople; Venerable Martyr Gerasimos the New of Carpenision; and Venerable Nikodemos of Kozhe Lake. By their intercessions, O Christ God, have mercy upon us. Amen.
