

# *St. Michael the Archangel Antiochian Orthodox Church*

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**Sunday, July 17, 2022**

**Sunday of the Holy Fathers  
of Fourth Ecumenical Council**

**Great-martyr Marina of Antioch in Pisidia  
Venerable Irenarchos of Solovky**

**Celebrant: Fr. Ben Kjendal**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT: Thou, O Christ, art our God of exceeding praise Who didst establish our Holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

APOLYTIKION OF ST. MARINA IN TONE FOUR: O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bridegroom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer for Thy sake, that I may reign with Thee; for Thy sake I die, that I may live in Thee: accept me offered out of longing to Thee as a spotless sacrifice. Lord, save our souls through her intercessions, since Thou art great in mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

## TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

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**The Mission of St Michael the Archangel Orthodox Church** is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**SCHEDULE:**

- **Saturday, July 16**
  - 7:00 PM Vespers
- **Sunday, July 17**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
- **Saturday, July 23**
  - 7:00 PM Vespers
- **Sunday, July 24**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

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THE EPISTLE

(For the Holy Fathers)

*Be glad in the Lord, and rejoice, O ye righteous.*

*Blessed are those whose iniquities are forgiven!*

**The Reading from the Epistle of St. Paul to St. Titus. (3:8-15)**

Titus, my son, faithful is the saying, and concerning these things I desire you to affirm confidently, that those who have believed in God may be thoughtful of how to preside in honorable occupations. These things are good and profitable to men. But avoid foolish disputes, and genealogies, and contentions, and controversies about the Law; for they are unprofitable and vain. A man who is a heretic after the first and second admonition reject, knowing that such a one is subverted, and sins, being self-condemned. When I send Artemas to you, or Tychicós, give diligence to come to me to Nicopolis; for I have determined to winter there. Set forward Zenas the lawyer and Apollos on their journey diligently, that they may be lacking in nothing. And let our people also learn how to preside in honorable occupations, so as to help in cases of urgent need, that they should not be unfruitful. All who are with me salute you. Salute those who love us in the faith. Grace be with you all. Amen.

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THE GOSPEL

(For the Holy Fathers)

**The Reading from the Holy Gospel according to St. Matthew. (5:14-19)**

The Lord said to His Disciples: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father Who is in heaven. Think not that I have come to abolish the law and the prophets; I have come not to abolish them, but to fulfill them. For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments, and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### International Food Festival REMINDER!

The International Food Fair is scheduled for November 12th!

Next Meeting for Volunteers - Sunday, August 21st

Cooking begins for items to be frozen - September 24th - we need everyone's help!!

### Books for A Baby Center

Throughout the months of July and August we will be collecting NEW or VERY GENTLY USED children's books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children's books and help plant seeds of faith in our community!

Need an idea of where to look?

- our Teen SOYO bookstore
- <https://store.ancientfaith.com/childrens-books-and-gifts/>
- <https://potamitis.us>

### St. Michael Parish Directory Update

Dear Fellow Parishioners,

As you may know, Erika and Gonzalo Fernandez are moving to Albuquerque, N.M. as Gonzalo's assignment at the Cape Cod Space Force Station comes to an end this summer/fall. Before they leave, Erika and Gonzalo have volunteered to update our St. Michael Parish Directory. They will be available after liturgy on Sunday, July 17, to take your picture and gather your contact information for the directory update. Please seek them out after liturgy. Thanks Erika and Gonzalo!

### Shredding Event

We are planning a shredding event fundraiser in the Fall. Please contact Soraya or Joe Rahal to help. This will be an easy project with minimal work. We just need a few people to help gather Information. Thank you!!!

**Congratulation to our kids and teens!**

Thirty-five projects from seven churches were submitted to the DOWNE Creative Arts Festival. Saint Michael submitted five projects, one group and four individual. All of the projects from Saint Michael received gold ribbons, and Genevieve Butts, Emmelia Kjendal, and Lucy Kjendal all received first place in their age groups.

Additionally, at the Parish Life Conference, we had two teams (a teen and a pre-teen team) compete in the Bible Bowl against five other teams. The teen team won the competition, and the pre-teen team placed third (only one point behind the second place team, which was comprised of two high school seniors and a college freshman). Thank you to Ned Chatelain for coaching! He will accompany the teen team to the national competition in two weeks!

Also at the PLC, three of our youth competed in the Oratorical Festival. Mary Kjendal won the junior division, and Erika Kjendal won the senior division. Erika will travel to the national oratorical competition in two weeks!



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## THE SYNAXARION

On July 17 in the Holy Orthodox Church we commemorate the Venerable Irenarchos of Solovky; and the holy and glorious Great-martyr Marina of Antioch in Pisidia.

### **Verses**

*The headsman's hand felled thee with a sword, O Marina;  
But the Lord's hand with divine grace hath crowned thee swiftly.  
On the seventeenth Marina's throat was cut.*

She was born to pagan parents and heard of the Lord Jesus at age twelve. Her heart was inflamed with love for the Lord, she vowed never to marry and, further, desired in her soul to suffer for Christ and be baptized with the blood of martyrdom. Her father hated her for her faith, and would not regard her as his daughter. The imperial governor, Olymbrius, desired her for his wife. When Marina refused, he put her to harsh torture, and threw her into prison all wounded and bleeding. Marina prayed to God in the prison, but there appeared to her first the devil in the form of a terrible serpent, which twined itself about her head. When she made the sign of the Cross, the serpent split asunder and disappeared. Then she was bathed in heavenly light; the walls and roof of the prison disappeared and a Cross was revealed, resplendent and lofty. Marina was healed by the power of God of all her wounds. She was finally sentenced to death by beheading. At the moment of her death, the Lord Jesus appeared to her, accompanied by angels.

On this Sunday, we commemorate the 630 holy and God-bearing Fathers of the Fourth Ecumenical Council, which convened in Chalcedon in 451 against the Monophysites.

### **Verses**

*Shunning opposite errors like the sea monsters Scylla and Charybdis,  
The Fathers steer the Church on a straight course to safety.*

The Holy Fathers were, once again, concerned with the nature of Jesus Christ. The false teaching arose that Christ's human nature (considered by heretics as less perfect) dissolved itself in His divine nature (considered by heretics as more perfect): like a cube of sugar in a parcel of water. Thus, in that scenario, Christ had only one nature, the Divine. These false preachers were called Monophysites ("mono", meaning "one" and "physis", meaning "nature"), and they were led by Eutyches and Dioscorus. Monophysitism overemphasized the divine nature of Christ, at the expense of the human. The Fourth Ecumenical Council condemned Monophysitism and proclaimed that Christ has two complete natures: the divine and the human, as defined by previous Councils. These two natures function as equally perfect, without confusion, and are neither divided nor separate. The Fathers declared that at no time did they undergo any change. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

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