

*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)



**Sunday, July 24, 2022**

**Sixth Sunday after Pentecost**

**Great-martyr Christina of Tyre**

**New-martyrs Athanasios of Ikia and Theophilos of Zakynthos;**

**Athenagoras the Confessor;**

**Passion-bearers Boris (Roman) and Gleb (David)**

**Celebrant: Fr. Ben Kjendal**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FIVE: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF ST. CHRISTINA IN TONE FOUR: O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bridegroom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer for Thy sake, that I may reign with Thee; for Thy sake I die, that I may live in Thee: accept me offered out of longing to Thee as a spotless sacrifice. Lord, save our souls through her intercessions, since Thou art great in mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

### TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

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**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**SCHEDULE:**

- **Saturday, July 23**
  - 7:00 PM Vespers
- **Sunday, July 24**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
- **Saturday, July 30**
  - 7:00 PM Vespers
- **Sunday, July 31**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!  
**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

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THE EPISTLE

(For Sixth Sunday after Pentecost)

*Thou, O Lord, wilt preserve us and keep us from this generation.*

*Save me, O Lord, for the Godly man hath disappeared.*

**The Reading from the Epistle of St. Paul to the Romans. (12:6-14)**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

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THE GOSPEL

(For Sixth Sunday of Matthew)

**The Reading from the Holy Gospel according to St. Matthew. (9:1-8)**

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### International Food Festival REMINDER!

The International Food Fair is scheduled for November 12th!

Next Meeting for Volunteers - Sunday, August 21st

Cooking begins for items to be frozen - September 24th - we need everyone's help!!

### SHREDDING and E-waste reduction day

The Parish Council is planning a fall fund raiser to help offset the costs associated with painting the outside of the Church and the tree work necessary before the painting.

**On Saturday September 17 from 9 – 12 we will hold a SHREDDING and E-waste reduction day!**

We will partner with:

- Great White Shred who will handle all paper waste and
- E-Waste, a local non-profit who handles the elimination of all electronics including old TV's, monitors, cell phone, key boards, etc.

Please bring all materials you are looking to get rid of to the Church parking lot on the morning of Saturday, September 17 from 9-12. We will soon publish a full fee schedule for all items.

Here is how you can help us be successful:

- Tell all your friends and neighbors as well. The event is open to the public as the more we fill the trucks, the more we make!
- We are looking for volunteers to help in the planning and on that day. Please let Soraya (617 842 8591) or Joe Rahal (508 385 4405) that you would like to help.

Thank you

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### **Books for A Baby Center**

Throughout the months of July and August we will be collecting NEW or VERY GENTLY USED children's books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children's books and help plant seeds of faith in our community!

Need an idea of where to look?

- our Teen SOYO bookstore
  - <https://store.ancientfaith.com/childrens-books-and-gifts/>
  - <https://potamitis.us>
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## THE SYNAXARION

On July 24 in the Holy Orthodox Church, we commemorate the holy and glorious Great-martyr Christina of Tyre.

### **Verses**

*The blood of martyrdom hath chastely united*

*The blameless bride Christina to Christ the Bridegroom.*

*On the twenty-fourth Christina was cast upon sharp stakes.*

She was the beautiful daughter of the imperial governor, Urban, an idolater. Christina knew nothing of the Savior until the age of eleven, but, when she reached that age, her father—who was hiding her from the world until she was fully grown—made her live in a high tower. He gave her every comfort, but Christina’s young soul was suffocated in this idolatrous atmosphere. Looking out of the window at God’s natural wonders, she came, through her own understanding, to a firm belief in Him. God, in His great mercy, sent His angel to her, who named her the bride of Christ and fully instructed her in the things of God. Then Christina smashed all the golden idols in her rooms and distributed the remnants to the poor. Urban and two other leaders, Dion and Julian, tortured her and intended to kill her. Urban and Dion dropped dead, and Julian was blinded when Christina threw her severed tongue into his face. Christina’s courage in suffering and the marvels which were performed by the power of God brought many of Tyre’s pagan inhabitants to Christianity. Christina entered the immortal kingdom in the year 200.

On this day, we also commemorate the New-martyrs Athanasios of Ikia and Theophilos of Zakynthos; Athenagoras the Confessor; and the Passion-bearers Boris (Roman) and Gleb (David). By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

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