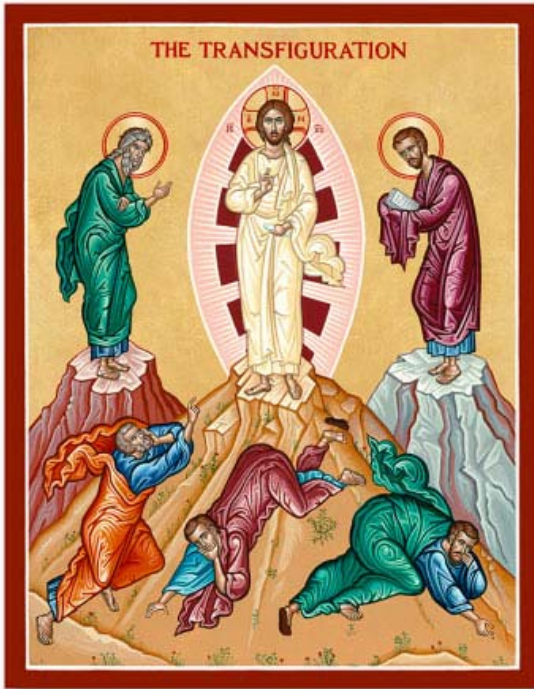


St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, August 07, 2022

After-feast of the Transfiguration of Christ

Martyr Dometios of Persia;

Hieromartyr Narcissus, patriarch of Jerusalem;

Sozon of Nicomedia

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SEVEN: Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF THE TRANSFIGURATION IN TONE SEVEN: When, O Christ our God, Thou wast transfigured on the mountain, Thou didst reveal Thy glory to Thy Disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners, through the intercessions of the Theotokos. O Thou Bestower of light, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN: Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Saturday, August 6**
 - 10:00 AM Divine Liturgy for the Transfiguration
 - 7:00 PM Vespers
- **Sunday, August 7**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy
- **Saturday, August 13**
 - 10:00 AM Divine Liturgy for the Transfiguration
 - 7:00 PM Vespers
- **Sunday, August 14**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For the Eighth Sunday after Pentecost)

The Lord will give strength to His people.

Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

The Reading from the First Epistle of St. Paul to the Corinthians. (1:10-17)
Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

THE GOSPEL

(For the Eighth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:14-22)

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival REMINDER!

The International Food Fair is scheduled for November 12th!

Next Meeting for Volunteers - Sunday, August 21st

Cooking begins for items to be frozen - September 24th - we need everyone's help!!

Calling all of St Michael's angels... looking for volunteers for a number of roles. Please see either Soraya Bandeli or Rick Bardine if you are interested in volunteering. Have fun and help out!

SHREDDING and E-waste reduction day

The Parish Council is planning a fall fund raiser to help offset the costs associated with painting the outside of the Church and the tree work necessary before the painting.

On Saturday September 17 from 9 – 12 we will hold a SHREDDING and E-waste reduction day!

We will partner with:

- Great White Shred who will handle all paper waste and
- E-Waste, a local non-profit who handles the elimination of all electronics including old TV's, monitors, cell phone, key boards, etc.

Please bring all materials you are looking to get rid of to the Church parking lot on the morning of Saturday, September 17 from 9-12. We will soon publish a full fee schedule for all items.

Here is how you can help us be successful:

- Tell all your friends and neighbors as well. The event is open to the public as the more we fill the trucks, the more we make!
- We are looking for volunteers to help in the planning and on that day. Please let Soraya (617 842 8591) or Joe Rahal (508 385 4405) that you would like to help.

Thank you

Books for A Baby Center

Throughout the months of July and August we will be collecting NEW or VERY GENTLY USED children's books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children's books and help plant seeds of faith in our community!

Need an idea of where to look?

- our Teen SOYO bookstore
- <https://store.ancientfaith.com/childrens-books-and-gifts/>
- <https://potamitis.us>

Fruit Basket Outreach: On Sunday, August 7, the day after the Feast of the Transfiguration, Father Ben will bless baskets of fruit. Each basket will contain an invitation to attend Liturgy at St. Michael. Parishioners are encouraged to take a basket of fruit (or two) and leave it on the doorstep of a neighbor, friend, or stranger. Sometimes people are just waiting for an invitation to come to church! Please see Kh. Alyssa for details.

Backpack Blessings: Once again we are collecting NEW school supplies for 15 children living at the Village at Cataumet, a transitional housing shelter. Please see the list of suggested items and bring your donations to church by Sunday, August 21. On Sunday, August 29 we will pack and deliver the filled backpacks to be distributed as needed to the children at the Village at Cataumet. Thank you for donating time, supplies, and money to help these kids start the school year off on the right foot!!! Please see Kh. Alyssa for details.

New Year's Party: First, I (Kh. Alyssa) would like to ask forgiveness from all of the Church School families for not holding Vacation Church School this summer. Much time and many resources have been being poured in to completely transforming our Church School into what is going to be an amazing and beautiful program (see Kh.Yvonne or Kh. Alyssa for details), and I hope you will take the opportunity to fully engage your children in this life-changing experience. That said, in lieu of a three day VCS, we will be kicking off the Church Year on Thursday, September 1 with a New Year's Party! There will be food! There will be fun! There will be service to our community! All (not just kids) are invited to attend as we kick off the Liturgical Year together! Please see Kh. Alyssa for details.

THE SYNAXARION

On August 7 in the Holy Orthodox Church, we continue to celebrate the Transfiguration of our Lord Jesus Christ, and we commemorate the Righteous Martyrs Dometios of Persia and his two disciples.

Verses

Perhaps thy supreme instruction to thy disciples

Was that they contest with thee by stoning, O Father.

On the seventh was Dometios stoned to death with two disciples.

Born a pagan in Persia in the time of the Emperor Constantine, he came to know the Christian faith as a young man, and then forsook his paganism and received baptism. He was so enchanted with the true Faith that he left all worldly things and became a monk in a monastery near the town of Nisibis. He lived among the brethren for some time, and then withdrew into silence. Dometios attained such perfection through fasting, prayer, vigils and meditation that he was able to heal the sick. When Julian the Apostate later found Dometios in a remote mountain, he sent men to wall him up alive in a cave, along with two of his disciples. Thus died these saints of God, in 363, and entered the Heavenly Kingdom.

On this day, we also commemorate Hieromartyr Narcissus, patriarch of Jerusalem; and Martyr Sozon of Nicomedia. By their intercessions, O Christ God, have mercy upon us. Amen.
