

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, August 14, 2022

Ninth Sunday after Pentecost

Forefeast of the Dormition of the Theotokos

Prophet Micah; New-martyr Simeon of Trebizond

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF THE FOREFEAST OF THE DORMITION IN TONE FOUR: In faith, O ye people, leap for joy while clapping your hands; and gather in gladness on this day with longing and shout in radiant jubilation. For the Theotokos cometh nigh to departing from the earth unto the heights; and we glorify her with glory as the Mother of God in our unceasing hymns.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE FOREFEAST OF THE DORMITION IN TONE FOUR: In the Immaterial Spirit, the whole world hath been mystically adorned upon thy glorious memory; and it doth cry to thee joyously: Rejoice, O Virgin, thou boast of the Christian race.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Saturday, August 13**
 - 7:00 PM Vespers
- **Sunday, August 14**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy
 - 6:00 PM Vespers for the Dormition of the Theotokos
- **Monday, August 15**
 - 8:00 AM Orthros
 - 9:00 AM Divine Liturgy for the Dormition of the Theotokos

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!
***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For the Ninth Sunday after Pentecost)

Make your vows and pay them to the Lord our God.

God is known in Judaea; His Name is great in Israel.

The Reading from the First Epistle of St. Paul to the Corinthians. (3:9-17)

Brethren, we are God's fellow workers; you are God's husbandry, God's building. According to the grace of God which was given to me, as a wise architect I laid a foundation, and another builds upon it. Let each one take heed how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation gold, silver, precious stones, wood, hay, stubble; everyone's work will become manifest; for the Day will declare it, because it will be revealed by fire, and the fire itself will test each one's work of what sort it is. If anyone's work which was built on the foundation survives, he will receive a reward. If anyone's work is burned up, he will suffer loss, but he himself will be saved, yet so as by fire. Do you not know that you are a temple of God and that the Spirit of God dwells in you? If anyone corrupts the temple of God, God will corrupt him. For the temple of God is holy, whose temple you are.

THE GOSPEL

(For the Ninth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:22-34)

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Festival REMINDER!

The International Food Fair is scheduled for November 12th! Next Meeting for Volunteers - Sunday, August 21st Cooking begins for items to be frozen - September 24th - we need everyone's help!!

Parish Directory Update: Last Calls for Parish Directory Updates!! Gonzalo Fernandez will be available after Divine Liturgy on the following three Sundays, August 14th, August 21st and August 28th, to take Parish Directory photos. If you have already had your photo taken, please return the form provided by Erica via email to stmichael@stmichaelcapcod.org or, while you are in church, complete an information form, copies of which can be found on the table at the back of the church, and leave your completed form in the basket on that table.

Thank you!

SHREDDING and E-waste reduction day

The Parish Council is planning a fall fund raiser to help offset the costs associated with painting the outside of the Church and the tree work necessary before the painting.

On Saturday September 17 from 9 – 12 we will hold a SHREDDING and E-waste reduction day!

We will partner with:

- Great White Shred who will handle all paper waste and
- E-Waste, a local non-profit who handles the elimination of all electronics including old TV's, monitors, cell phone, key boards, etc.

Please bring all materials you are looking to get rid of to the Church parking lot on the morning of Saturday, September 17 from 9-12. We will soon publish a full fee schedule for all items.

Here is how you can help us be successful:

- Tell all your friends and neighbors as well. The event is open to the public as the more we fill the trucks, the more we make!

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- We are looking for volunteers to help in the planning and on that day. Please let Soraya (617 842 8591) or Joe Rahal (508 385 4405) that you would like to help.

Books for A Baby Center

Throughout the months of July and August we will be collecting NEW or VERY GENTLY USED children's books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children's books and help plant seeds of faith in our community!

Need an idea of where to look?

- our Teen SOYO bookstore
- <https://store.ancientfaith.com/childrens-books-and-gifts/>
- <https://potamitis.us>

Fruit Basket Outreach: Thank you for inviting your neighbors to church! Twenty-five fruit baskets with invitations to church were made and distributed around Cape Cod! Children brought some to church neighbors, and the rest were brought home by parishioners to distribute in their own neighborhoods. Thank you!

Backpack Blessings: Once again we are collecting NEW school supplies for 15 children living at the Village at Cataumet, a transitional housing shelter. Please see the list of suggested items and bring your donations to church by Sunday, August 21. On Sunday, August 28 we will pack and deliver the filled backpacks to be distributed as needed to the children at the Village at Cataumet. Thank you for donating time, supplies, and money to help these kids start the school year off on the right foot!!! Please see Kh. Alyssa for details.

New Year's Party: First, I (Kh. Alyssa) would like to ask forgiveness from all of the Church School families for not holding Vacation Church School this summer. Much time and many resources have been being poured in to completely transforming our Church School into what is going to be an amazing and beautiful program (see Kh.Yvonne or Kh. Alyssa for details), and I hope you will take the opportunity to fully engage your children in this life-changing experience. That said, in lieu of a three day VCS, we will be kicking off the Church Year on Thursday, September 1 with a New Year's Party! There will be food! There will be fun! There will be service to our community! All (not just kids) are invited to attend as we kick off the Liturgical Year together! Please see Kh. Alyssa for details.

THE SYNAXARION

On August 14 in the Holy Orthodox Church we prepare to celebrate the Dormition of the Mostholy Theotokos, and commemorate the holy and glorious Prophet Micah.

Verses

*I am lifted from the earth, and if I reach Heaven,
I, Micah, shall get there thanks to thee, O scaffold.
On the fourteenth Micah on wood was lifted up.*

Of the tribe of Judah and from the village of Morasth, Micah was a contemporary of the prophets Isaiah, Amos and Hosea, and the Judean kings Jotham, Ahaz and Hezekiah. He denounced the vices of his people and denounced also the prophets who prophesied “of wine and strong drink.” He foretold the fall of Samaria, which would come about because the city’s elders took a bribe and the priests teach for hire, and prophets divine for money. “Therefore shall Zion for your sake be plowed as a field, and Jerusalem shall become heaps.” But, of all his prophecies, the most important are those of the Messiah, and especially of the place of His birth. He named Bethlehem as the birthplace of the Messiah, “Whose goings-forth have been from of old, from everlasting” (5:2). Micah’s relics were found next to the relics of the Prophet Habakkuk in the time of the Emperor Theodosius the Great, by some mysterious revelation to the Bishop of Eleutheropolis.

On this day, we also commemorate the New-martyr Simeon of Trebizond. By their intercessions, O Christ God, have mercy upon us. Amen.
