

*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)



**Sunday, September 25, 2022**

**Fifteenth Sunday after Pentecost**

**Our Righteous Mother Euphrosyne**

**Venerable Martyr Paphnoutios of Egypt and those slain  
with him; repose of Venerable Sergios of Radonezh**

**Celebrant: Fr. Ben Kjendal**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. EUPHROSYNE IN TONE EIGHT: Through thee, the divine likeness was securely preserved, O mother Euphrosyne; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

### TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

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**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**SCHEDULE:**

- **Saturday, September 24**
  - 5:00 PM Vespers
- **Sunday, September 25**
  - 9:00 AM Orthros / Church School
  - 10:00 AM Divine Liturgy
- **Saturday, October 1**
  - 5:00 PM Vespers
- **Sunday, October 2**
  - 9:00 AM Orthros / Church School
  - 10:00 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

**\*\*\* DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY \*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

***Our People are our Choir! We love to hear you sing with us! WELCOME!***

***We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

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THE EPISTLE

(For the Fifteenth Sunday after Pentecost)

*O Lord, save Thy people and bless Thine inheritance.*

*Unto Thee will I cry, O my God.*

**The Reading from the Second Epistle of St. Paul to the Corinthians. (4:6-15)**

Brethren, seeing that it is the God who commanded the light to shine out of darkness, the same also shone in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, that the exceeding greatness of power is from God, and not from us. We are pressed on every way, yet not distressed; we are perplexed, but not driven to despair; persecuted, but not forsaken; smitten down, but not destroyed; always bearing about in the body the dying of the Lord Jesus, that the life of Jesus may also be manifested in our body. For we who live are always delivered to death for Jesus' sake, that the life of Jesus may also be manifested in our mortal flesh. So, then, death is working in us, but life in you. But having in us the same spirit of faith, according to that which is written, "I believed, and therefore I spoke," we also believe, and therefore we also speak, knowing that the One who raised up the Lord Jesus will also raise us up through Jesus, and will make us stand together with you. For all things are for your sakes, that the grace, which is multiplied through the thanksgiving of many, may abound to the glory of God.

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THE GOSPEL

(For the First Sunday of Luke)

**The Reading from the Holy Gospel according to St. Luke. (5:1-11)**

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at Thy word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**Shredding and Electronics Fundraiser:** During the fundraiser, we raised a little over \$1,000! A huge thank you to Joe R and Soraya for arranging everything for this effort and to Judy Crocker for publicizing and assisting in every way! Special thanks to Joe Rahal, Elaine, Yury, Ned, Sophia and Sam for on-site assistance that morning and to all St Michael Angels who helped in many ways.



**October - Youth Month:** We are looking for Epistle readers for Youth Month.

**International Food Fest 2022 – Nov 12:**

We started preparation for the International Food Fest. We have many volunteers but could still use more. There are lots of things to do including shopping, washing pans, pots, bowls, and utensils used in preparation that are vital and important parts of the process and crucial to the event's success.

We will be making and selling many favorites again like Spanakopita, Stuffed Cabbage, Kibbee, Baklava, Stuffed Grape Leaves, Spaghetti Sauce, and Meatballs, Koulourakia, Biscotti, Pizzelles, and many other items including baked goods.

Volunteers started to cook this month, and will continue in October to prepare items that can be frozen. There are loads of opportunities for volunteers to learn and assist with this prep. If you' would like to join in on the cooking and prep, please reach out to: Pauline Rassias, Natalie Leva, Mary Rahal, Soraya Bandeli, Rick Bardine, Michelle Mullaney. If you would like to help with other tasks like shopping, setting up, packaging items for sale, helping sell items on the day of the event, or other please contact Michelle Mullaney at (508) 245-2536.

Please distribute flyers to help with letting our community know that the St. Michael the Archangel International Food Fest is happening on Saturday, November 12th!

St. Michael the Archangel Orthodox Church  
62 Main Street • Cotuit, MA



**INTERNATIONAL  
Fall Food Fest**

*Saturday, Nov. 12<sup>th</sup>, 2022  
10 a.m. — 2 p.m.*

A great selection of **homemade** (made from scratch)  
ethnic food on Cape Cod. **Take Out Only**

Syrian-Lebanese • Greek • Ukrainian • Italian • Russian • American

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## THE SYNAXARION

On September 25 in the Holy Orthodox Church, we commemorate our Righteous Mother Euphrosyne of Alexandria, her father the Venerable Martyr Paphnoutios of Egypt and those slain with him.

### **Verses**

*Thou bravely concealest thy womanly nature,  
and the Master that seeth in secret, thou seest.  
On the twenty-fifth, Euphrosyne underwent death.*

Paphnoutios—a rich and eminent man—and his wife besought God to end their childlessness. He blessed them with Euphrosyne, and they raised her in the Christian faith. The young Euphrosyne, against her father’s desire to have her married, dressed herself in men’s clothing and presented herself to the abbot of a monastery with the name of Smaragdus. By her fasting and prayers, Smaragdus quickly outstripped the other monks in the monastery. Thirty-eight years later, the grieving Paphnoutios visited the monastery where he encountered Smaragdus on her deathbed. Then the dying monk said to Paphnoutios: “I am Euphrosyne your daughter; you are my father.” Then Euphrosyne breathed her last and her astonished father wept over her. Paphnoutios spent ten years in the monastery as an ascetic in the cell of his departed, holy daughter. He suffered martyrdom with 546 companions by order of the Emperor Diocletian in the year 303.

On this day, we also commemorate the repose of Venerable Sergios of Radonezh. By their intercessions, O Christ God, have mercy upon us. Amen.

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