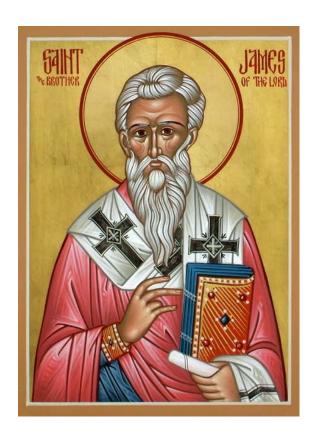
St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635 (508) 420-1113, www.stmichaelcapecod.org



Sunday, October 23, 2022
The Holy Apostle James the "Brother of God"
Ignatius, patriarch of Constantinople;
James of Borovichi, wonderworker of Novgorod

Celebrant: Fr. Joseph Butts

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF ST. JAMES THE "BROTHER OF GOD" IN TONE FOUR: Since thou art a Disciple of the Lord, thou didst receive the Gospel, O righteous James. And since thou art a martyr thou art never rejected, and since thou art a brother of God, thou art privileged, and since thou art a High Priest, it is thy right to intercede. Wherefore, beseech thou Christ God to save our souls.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot,
Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

*** October - Youth Month ***

- Sunday, October 23
 - o 9:00 AM Orthros
 - o 10:00 AM Divine Liturgy
- Sunday, October 30
 - 9:00 AM Orthros
 - o 10:00 AM Divine Liturgy

In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

*** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY ***

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For St. James)

His voice has gone out into all the earth. The heavens declare the glory of God.

The Reading from the Epistle of St. Paul to the Galatians. (1:11-19) Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But

I saw none of the other Apostles except James the Lord's brother.

THE GOSPEL

(For the Sixth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

OCTOBER FOOD DRIVE: During the month of October we will be focusing our outreach efforts on collecting nonperishable food to be donated to the local food pantry. Each time you stop at the grocery store, please think about our neighbors in need and purchase extra items as you are able. Thank you for your kindness and generosity!

International Food Fest 2022 – Nov 12: We started preparation for the International Food Fest. We have many volunteers but could still use more. We will be making and selling many favorites like Spanakopita, Stuffed Cabbage, Kibbee, Baklava, Stuffed Grape Leaves, Spaghetti Sauce, and Meatballs, Koulourakia, Biscotti, Pizzelles, and many other items including baked goods. Volunteers started to cook in September, and will continue in October to prepare items that can be frozen. There are loads of opportunities for volunteers to learn and assist with this prep. If you' would like to join in on the cooking and prep, please reach out to: Pauline

Rassias, Natalie Leva, Mary Rahal, Soraya Bandeli, Rick Bardine, Michelle Mullaney. If you would like to help with other tasks like shopping, setting up, packaging items for sale, helping sell items on the day of the event, or other please contact Michelle Mullaney at (508) 245-2536.



Please distribute flyers and shre the event

https://www.facebook.com/events/419411140162711/ on your social media to help with letting our community know that the St. Michael the Archangel International Food Fest is happening on Sat, November 12th!

Stewardship Update for 2022

As we get close to the completion of 2022 and begin 2023 planning, you may have received a Stewardship statement in the mail this week. This statement is a reminder to those of you that may still have a 2022 Stewardship difference between your actual contributions and your pledged amount.

We know that you realize how important it is to financially support the church we love, and we appreciate and thank you for your commitment to St. Michael. We hope that you will make every effort to meet your committed pledge by December 15, 2022.

Joe Rahal

Chairman, Stewardship Committee

THANKSGIVING MEALS - As the thermometer in my van hit 90 degrees today as I was driving southeast from San Francisco, it was hard for me to believe that it is already time to start thinking about Thanksgiving meals, but I am sure the weather on Cape Cod is feeling more like the October fall weather to which I am accustomed! In one month, we will be delivering 50 Thanksgiving meals to Faith Family Kitchen to be distributed to families who are experiencing food insecurity. There are several ways you can help make this possible:

- 1. Donate money to help with the purchase of food. Please make your checks payable to "Saint Michael Outreach" and write "Thanksgiving Meals" in the memo.
- 2. Ask Kh. Alyssa what food items need to be purchased, and bring those items to church by Sunday 11/20. Email (alyssakjendal@yahoo.com) or text (508-873-9199) are the best ways to contact me.
- 3. Start collecting boxes to be used on the day of delivery. (Clean liquor boxes work the best. Trader Joe's is a great place to get these. We need about 100 boxes, so please pick up a few every time you shop!)
- 4. Be prepared to help with the delivery, tentatively set for the morning of Monday 11/21.

If you have any questions, please be in touch! I look forward to start hearing from all of you about how you would like to help!

<u>SPECIAL OLYMPICS Awareness Day</u>: This Sunday, our teens will request your financial donations to enable them to sponsor the 42nd Annual Special Olympics Sports Camp, which will be held at the Antiothian Village, in August of 2023. Your donations make it possible for every athlete to attend this event free of charge and also help Teen SOYO members travel to serve as Coaches at the camp. As an expression of gratitude for your donation to this effort, teens will be handing out bookmarks with the icon of All Saints. Thank you for considering the support of this wonderful ministry that allows our children to be a blessing to others! Please make checks payable to your local Teen SOYO group with "SOAD 2022" in the memo.

THE SYNAXARION

On October 23 in the Holy Orthodox Church, we commemorate the holy Hieromartyr and Apostle James, the Brother of God and First Bishop of Jerusalem.

Verses

Of Him condemned to wood, thou art called the brother, Dying for His sake, with a piece of wood beaten.

On the twenty-third they smote with wood God's goodly brother.

James is called God's brother because he was the son of the righteous Joseph, the betrothed of the Most-holy Theotokos; he greatly loved Jesus. According to tradition, James traveled to Egypt with the Most-holy Virgin and Joseph, when Herod sought to slay the newborn King. The Lord numbered James among His Seventy Apostles and he compiled the first Liturgy. James was Bishop of Jerusalem for thirty years and converted many Jews and Greeks to the Christian Faith. When Ananias became High Priest, he and other Jewish elders determined to kill James during the feast of Passover. They forced James to climb onto the roof of the Temple and tried to make him speak against Christ. Instead, he spoke of Christ as the Son of God and the true Messiah, and of His Resurrection. The infuriated priests and elders pushed him off the roof, but he survived. Then, one man ran up and struck James on the head with a fuller's club and, thus, this most glorious apostle died a martyr's death.

On October 23, we also commemorate Ignatius, patriarch of Constantinople; and James of Borovichi, wonderworker of Novgorod. By their intercessions, O Christ God, have mercy upon us. Amen.