

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, October 30, 2022

**The Holy Martyrs Zenobius and Zenobia
Apostles Cleopas and Artemas of the Seventy;
Venerable Joseph and Kyriakos, patriarchs of
Constantinople**

Celebrant: Fr. Timothy Ferguson

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF SS. ZENOBIUS AND ZENOBIA IN TONE FOUR: Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For, since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischirois, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

***** October - Youth Month *****

● **Sunday, October 30**

- 9:00 AM Orthros
- 10:00 AM Divine Liturgy
- Women's Group meeting

● **Sunday, November 6**

- 9:00 AM Orthros / Church School
- 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For the Twentieth Sunday after Pentecost)

Sing praises to our God, sing praises.

Clap your hands, all ye peoples.

The Reading from the Epistle of St. Paul to the Galatians. (1:11-19)

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

THE GOSPEL

(For the Fifth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (16:19-31)

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses and the prophets; let them hear them.' And he said, 'No, father Abraham; but if someone goes to them from the dead, they will repent.' He said to him, 'If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead.'"



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

International Food Fest 2022 – Nov 12: We are now less than 2 weeks away from the International Food Fest on Saturday, November 12th from 10:00 a.m. to 2:00 p.m. We need volunteers to arrive between 8:00 a.m. and 9:00 a.m. on Saturday morning, November 12th. We are looking for volunteers to do the following (but you may be asked to help with other items also as they come up):

- Thursday before help with packaging, pricing, and labeling
- Friday before help with packaging, pricing, and labeling
- Directing Car Traffic and Parking
- Directing people so that they move along orderly
- Helping to bag items as they shop/purchase
- Helping sell items at tables
- Helping cashier - We need at least 3 Cashiers w/helpers
- Clean-up and reset-up of fellowship hall for Sunday
- General Help Wherever Needed

If you would like to help please contact Michelle Mullaney at (508) 245-2536.

Please distribute flyers and share the event <https://www.facebook.com/events/419411140162711/> on your social media to help with letting our community know that the St. Michael the Archangel International Food Fest is happening on Sat, November 12th!

WHITE ELEPHANT TABLE AT INTERNATIONAL FOOD FEST: This year's International Food Fest on Nov 12 will feature a White Elephant table with proceeds to benefit the Women's Group. Please coordinate drop off with Pauline Rassias **AFTER** Nov 4 by calling her at 781-690-2891. Items requested to be in good condition: collectibles, purses & belts, jewelry, good China pieces, figurines, gift items (candy dishes, photo frames), books in good condition.

Items acceptance is required and will be returned to owner if not sold. Please DO NOT randomly bring items but check with Pauline on when you can drop so she is there to receive.

Thank you for your support of St Michaels Women's Group and the International Food Fest. Please sign up for much help needed!

Catechism of the Good Shepherd, (formerly known as Sunday School), begins Sunday, November 6. Children ages 3-7 will begin promptly at 9 am. Children ages 8-11 will meet directly following liturgy. They will be excused in a special dismissal before announcements. Only children that are registered and have previously been through a parent and child orientation will be able to attend. Please contact Kh Alyssa at (508) 873-9199 if you would like to register your child.

Stewardship Update for 2022

As we get close to the completion of 2022 and begin 2023 planning, you may have received a Stewardship statement in the mail this week. This statement is a reminder to those of you that may still have a 2022 Stewardship difference between your actual contributions and your pledged amount.

We know that you realize how important it is to financially support the church we love, and we appreciate and thank you for your commitment to St. Michael. We hope that you will make every effort to meet your committed pledge by December 15, 2022.

Joe Rahal

Chairman, Stewardship Committee

THANKSGIVING MEALS In one month, we will be delivering 50 Thanksgiving meals to Faith Family Kitchen to be distributed to families who are experiencing food insecurity. There are several ways you can help make this possible:

1. Donate money to help with the purchase of food. Please make your checks payable to "Saint Michael Outreach" and write "Thanksgiving Meals" in the memo.
2. Ask Kh. Alyssa what food items need to be purchased, and bring those items to church by Sunday 11/20. Email (alyssakiendal@yahoo.com) or text (508-873-9199) are the best ways to contact me.
3. Start collecting boxes to be used on the day of delivery. (Clean liquor boxes work the best. Trader Joe's is a great place to get these. We need about 100 boxes, so please pick up a few every time you shop!)
4. Be prepared to help with the delivery, tentatively set for the morning of Monday 11/21.

If you have any questions, please be in touch! I look forward to start hearing from all of you about how you would like to help!

THE SYNAXARION

On October 30 in the Holy Orthodox Church, we commemorate the holy Martyrs Zenobius and his sister Zenobia in Cilicia.

Verses

*The stout-hearted Zenobia, though a woman, with thee,
O Zenobius, the sword endureth.*

On the thirtieth Zenobia and brother were beheaded.

Inflamed with zeal for the Faith, these two, with great love, gave away their riches to the poor. Because they were so open-handed, God shielded them from all evil by men or demons. The generous and merciful hands of Bishop Zenobius were endowed by God with the gift of wonderworking, so that Zenobius was able to heal the sick. At a time of persecution, the judge Licius seized him and threatened to kill him if he did not offer worship to idols. Holy Zenobius replied: "Life without Christ is not life, but death; and death for Christ's sake is not death, but life." When Zenobius was put to harsh torture, his sister, Zenobia, presented herself before the judge and said: "I also want to drink this cup of suffering and be crowned with that wreath." They were both beheaded with the sword in about 285, and thus brother and sister entered into the immortal Kingdom of Christ the King.

On this day, we also commemorate the Apostles Cleopas and Artemas of the Seventy; and Venerable Joseph and Kyriakos, patriarchs of Constantinople. By their intercessions, O Christ God, have mercy upon us. Amen.