

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org



Sunday, November 20, 2022

Twenty-third Sunday after Pentecost

Forefeast of the Entrance of the Theotokos

**Venerable Gregory of Decapolis; Proclos, patriarch of
Constantinople; wonderworker Sozomen of Cyprus**

Celebrant: Fr. Ben Kjendal

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF THE FOREFEAST OF THE ENTRANCE IN TONE FOUR: By blossoming forth the only Ever-virgin as fruit, today holy Anna doth betroth us all unto joy, instead of our former grief; on this day she doth fulfill her vows to the Most High, leading her with joy into the Lord's holy temple, who truly is the temple and pure Mother of God the Word.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE FOREFEAST OF THE ENTRANCE IN TONE FOUR: The whole world is filled today with joy and gladness on the Theotokos' auspicious and resplendent feast, whereon with great voice it crieth out: The heavenly tabernacle is she in truth.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Saturday, November 19**
 - 5:00 PM Vespers
- **Sunday, November 20**
 - 9:00 AM Orthros / Church School
 - 10:00 AM Divine Liturgy
- **Monday, November 21**
 - 8:00 AM Orthros & Divine Liturgy for the Entrance of the Theotokos
- **Wednesday, November 23**
 - 7:00 PM Paraklesis Service
- **Saturday, November 26**
 - 5:00 PM Vespers
- **Sunday, November 27**
 - 9:00 AM Orthros / Church School
 - 10:00 AM Divine Liturgy
 - Nativity Church Decorating

There is a new ecclesiastical calendar for 2023 at the back of the church. The suggested donation is \$5 for each calendar.

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE SEE ST MICHAEL HAPPENINGS FOR UPCOMING EVENTS & CHARITABLE NEEDS OVER THE COMING WEEKS. MAY GOD CONTINUE TO BLESS YOU!

***** DON'T FORGET NON-PERISHABLE ITEMS FOR FOOD PANTRY *****

PLEASE JOIN US FOR COFFEE HOUR

***Our People are our Choir! We love to hear you sing with us! WELCOME!
We are glad to have you worship with us today!***

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For the Twenty-third Sunday after Pentecost)

O Lord, save Thy people and bless Thine inheritance.

Unto Thee, O Lord, will I cry, O my God.

The Reading from the Epistle of St. Paul to the Ephesians. (2:4-10)

Brethren, God, being rich in mercy, through His great love with which He loved us, even when we were dead through the trespasses, made us alive together with Christ—by grace you are saved—and raised us up together with Him, and made us to sit together with Him in the heavenly places in Christ Jesus, that in the coming ages He would show the exceeding riches of His grace, in kindness toward us, in Christ Jesus. For by grace you are saved through faith, and that is not of yourselves: it is the gift of God, not of works, lest anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

THE GOSPEL

(For the Ninth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (12:16-21)

The Lord spoke this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As He said this, Jesus called out, "He who has ears to hear, let him hear."

2022 Annual Parish Meeting

Your attendance is requested at the 2022 Annual Parish Meeting on Sunday, December 11, 2022 immediately following Divine Liturgy. Your participation at the meeting is very important.

The agenda is attached for your review.

Any questions should be directed to Fr Ben or Rick Bardine.

Thank you,
Rick Bardine
Chair, St. Michael Parish Council

AGENDA

Opening Prayer

Confirmation of Quorum

Approval of 2021 Annual Meeting (1)

Report of the Priest

Report of the Parish Council Chair

Report of the Treasurer

- Review of 2022 Financial Performance
- 2023 Proposed Budget (2)

Committee Reports (3)

Old and New Business

- Update of Narthex project

Election of 2023 Parish Council Members

Closing Prayer and Adjournment

Handouts will be distributed at the meeting:

- 2021 Annual Meeting Minutes
 - 2023 Proposed Budget
 - 2022 Committee Reports
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ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

SHOP ON AMAZON AND SUPPORT ST. MICHAEL

Please consider taking this one extra step to your normal shopping routine on Amazon! You start at <https://smile.amazon.com/> and do your regular logon it. Designate St Michael The Archangel Antiochian Orthodox Church as your charity. That is it! As you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to St Michael, it's no additional cost for you. Please tell your family and friends about it! Together we can raise some funds for our many programs!

THANKSGIVING MEALS: We are still in need of funds to support our delivery of 50 Thanksgiving meals. If you are able to contribute, please give your monetary donation to Kh. Alyssa or Kh. Yvonne. We will be delivering the meals on Monday 11/21 after the morning Liturgy for the Feast of the Entrance of the Theotokos. Please plan to help, if you are able! Thank you!

Nativity Church Decorating: Please join us on Sunday Nov 27 after liturgy to decorate the church for Nativity. The more hands, the lighter the work! There is a basket for flower donations at the back of the church. We thank you for your generosity of time and talent. Blessed Nativity Season!

KNITTING CLUB: Starting this Friday, Olga DiSavino will be leading a knitting group. Join us at the church each Friday at 4:00 for knitting instruction, fellowship, and a soup dinner. Items knit will be used for our outreach programs or for supporting the SOYO bookstore. No experience or equipment necessary (but if you have circular needles, please bring them)! Please RSVP to Kh. Alyssa.

CHURCH SCHOOL UPDATE: Beginning this Sunday, all youth ages ten and older will be meeting after (a brief) coffee hour for Church School! After a quick bite to eat, meet Mr. & Mrs. Chatelain for discussion and study of the book of Genesis. Ten and eleven year olds who are also attending the Atrium before Liturgy are welcome and encouraged to attend both programs. Please see Kh. Alyssa, Ned, or Kristin with any questions.

WREATH MAKING: Join us after coffee hour on Sunday 12/4 for a Christmas wreath making event. Wreaths will be used to decorate the church for Christmas, as well as to sell to parishioners and the community. All funds raised will be put toward our Christmas meal delivery. How can you participate?

- Bring in any wire, burlap, pinecones, bells, ribbon, glitter, etc. that you have around your house that would be suitable to use for Christmas wreath decorating. There will be a box in the side entrance to collect these items.

- Do you have evergreens in your yard that need pruning? Olga DiSavino will come to your house during the last week of November and trim your trees or bushes for free!!! The clippings will be used for the wreaths. Please speak to Olga (774- 236-9492) to set up a day and time for her to come to your house.

- Pre-order your wreath! Each wreath will be \$25. Email or text your pre-order (number of wreaths and any special requests, which we will do our best to fulfill) to Kh. Alyssa (alyssakiendal@yahoo.com or 508-873-9199) by Sunday 11/27.

- Stay after coffee hour on Sunday 12/4 to help make wreaths!

Village at Home - December 2-3 @ St. George Cathedral in Worcester

My name is James Jabbour and I am the Youth Director and Pastoral Assistant at St. George Cathedral in Worcester, MA. In just a few weeks, on December 2nd and 3rd, we are hosting an event called Village at Home. Village at Home is open to all members of our diocese, from ages 6-17. We will be mimicking a day in the life at Antiochian Village Camp. We will have Orthros, Vespers, morning program, afternoon program, evening program, and even a panel for all of you parents with Fr. Chris Shadid and Catherine Beasley, two of the administrative members at the Antiochian Village. On Friday night, there is an option for all teens, ages 13-17, to stay the night at the Cathedral. The cost to attend is \$20 per camper, however, for teens staying overnight on Friday, the cost will be \$30.

Please, register here - <https://app.easytithe.com/App/Form/1d1b642d-392c-4154-af07-b7976e4e03e9>

If you have any questions, please feel free to email me (jabbourjames@gmail.com) or reach me at the Cathedral office (508-752-9150).

THE SYNAXARION

On November 20 in the Holy Orthodox Church, we prepare for the Feast of the Entrance of the Theotokos into the Holy of Holies, and commemorate our righteous father Gregory of Decapolis.

Verses

*Even after death, round about thee is a paling:
the grace of God, O Gregory, divine and living.*

On the twentieth Gregory was called to the wide welkin.

Gregory was born in Isaurian Decapolis of prominent and devout parents, Sergius and Mary. After he had completed his schooling, his parents desired that he marry, but he fled to the wilderness and was tonsured a monk. He lived in various places: Byzantium, Rome and on Mount Olympus. Wherever he was, he amazed men by his asceticism and miracles. At times a heavenly light illumined Gregory and angels of God appeared to him. He lived a long and God-pleasing life and died peacefully in the ninth century in Constantinople, his soul taking up its abode in the joy of his Lord.

On this day, we also commemorate Proclus, patriarch of Constantinople; and Wonderworker Sozomen of Cyprus. By their intercessions, O Christ God, have mercy upon us. Amen
