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*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org)

**Sunday, April 09, 2023**

**Palm Sunday:**

**Entrance of Our Lord Jesus Christ into Jerusalem**

**Celebrant: Fr. Benjamin Kjendal**

**LITTLE ENTRANCE WEEKLY VARIABLES**

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who didst sit upon the foal of an ass; who sing to Thee. Alleluia.

APOLYTIKION OF LAZARUS SATURDAY IN TONE ONE: In confirming the common Resurrection, O Christ God, Thou didst raise up Lazarus from the dead before Thy Passion. Wherefore, we also, like the children, bearing the symbols of victory, cry to Thee, the Vanquisher of death: Hosanna in the highest; blessed is He that cometh in the Name of the Lord.

APOLYTIKION OF PALM SUNDAY IN TONE FOUR: As by baptism we were buried with Thee, O Christ our God, so by Thy Resurrection we were deemed worthy of immortal life; and praising Thee, we cry: Hosanna in the highest; blessed is He that cometh in the Name of the Lord.

KONTAKION OF PALM SUNDAY IN TONE SIX: Being borne upon a throne in Heaven, and upon a colt on the earth, O Christ God, Thou didst accept the praise of the angels and the laudation of the children as they cried to Thee: Blessed art Thou Who comest to recall Adam.

TRISAGION PRAYER

*English* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic* Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek* Agios O Theos, Agios Ischirois, Agios Athanatos, Eyleison Imas

*Russian* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR PALM SUNDAY IN TONE FOUR: God is the Lord and hath appeared unto us; ordain a feast, and rejoicing, come let us magnify Christ with palms and branches, crying out with hymns: Blessed is He that cometh in the Name of the Lord, our Savior.

KOINONIKON (COMMUNION HYMN) FOR PALM SUNDAY IN TONE EIGHT

Blessed is He Who cometh in the Name of the Lord. Alleluia.

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

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**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

**UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**SCHEDULE:**

- **Friday, April 7**
  - 6:30 PM Little Compline with the Canon of the Raising of Lazarus
- **Saturday, April 8**
  - 8:00 AM Orthros
  - 9:00 AM Divine Liturgy for Lazarus Saturday
  - 3:30 PM Family Night
  - 5:00 PM Vespers
- **Sunday, April 9**
  - 9:00 AM Orthros / Church school
  - 10:00 AM Divine Liturgy for Palm Sunday
  - 6:30 PM Bridegroom Orthros
- **Monday, April 10**
  - 6:30 PM Bridegroom Orthros
- **Tuesday, April 11**
  - 6:30 PM Bridegroom Orthros
- **Wednesday, April 12**
  - 4:00 PM Sacrament of Holy Unction
  - 6:30 PM Bridegroom Orthros
- **Thursday, April 13**
  - 9:00 AM Vespereal Divine Liturgy
  - 6:00 PM Orthros with the 12 Passion Gospels for Holy Friday and the Procession of the Cross
- **Friday, April 14**
  - 9:00 AM Royal Hours
  - 4:00 PM Vespers (Removal of Our Lord's Body from the Cross)
  - 6:30 PM Service of the Lamentations and Procession of the Sepulcher
- **Saturday, April 15**
  - 9:00 AM Vespereal Divine Liturgy with the order of Baptism and Chrismation
  - 10:45 PM Rush Service, PASCHAL Orthros and Divine Liturgy
- **Sunday, April 16**
  - 12:00 PM Agape Vespers

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285

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## THE EPISTLE

*Blessed is He Who cometh in the Name of the Lord.*

*O give thanks unto the Lord, for He is good; for His mercy endures forever.*

### **The Reading from the Epistle of St. Paul to the Philippians. (4:4-9)**

Brethren, rejoice in the Lord always; again I will say, Rejoice! Let your forbearance be known to all people. The Lord is at hand. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your petitions be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, brethren, whatever things are true, whatever things are honorable, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report; if there is any virtue, and if there is any praise, think about these things. The things which you both learned and received, and heard and saw in me, these things do; and the God of peace will be with you.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (12:1-18)**

Six days before the Passover, Jesus came to Bethany, where Lazarus who had died was, whom Jesus had raised from the dead. There they made Him a supper; Martha served, and Lazarus was one of those at table with Him. Mary took a pound of costly ointment of pure nard and anointed the feet of Jesus and wiped His feet with her hair; and the house was filled with the fragrance of the ointment. But Judas Iscariot, Simon's son, one of His Disciples (he who was to betray Jesus), said, "Why was this ointment not sold for three hundred denarii and given to the poor?" This he said, not because he cared for the poor but because he was a thief, and as he had the moneybox he used to take what was put into it. Jesus said, "Let her alone, let her keep it for the day of My burial. The poor you always have with you, but you do not always have Me." When the great crowd of the Jews learned that He was there, they came, not only on account of Jesus but also to see Lazarus, whom Jesus had raised from the dead. So the chief priests planned to put Lazarus also to death, because on account of him many of the Jews were going away and believing in Jesus. The next day a great crowd

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who had come to the feast heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, crying, "Hosanna! Blessed is He Who cometh in the Name of the Lord, the King of Israel!" And Jesus found a young ass and sat upon it; as it is written, "Fear not, daughter of Zion; behold, your king is coming, sitting on an ass's colt!" His Disciples did not understand this at first; but when Jesus was glorified, then they remembered that this had been written of Him and had been done to Him. The crowd that had been with Jesus when He called Lazarus out of the tomb and raised him from the dead bore witness. The reason why the crowd went to meet Jesus was that they heard He had done this sign.

#### THE SYNAXARION

On this day in the Holy Orthodox Church, the Sunday of Palms, we celebrate the radiant and glorious festival of the Entrance of our Lord Jesus Christ into Jerusalem.

#### **Verses**

*Riding a colt, He that with a word stretched out Heaven,  
Seeketh to loose mortals from brutish want of reason.*

Jesus came to Bethany on the Sunday falling before the six days of the Mosaic Passover. On the following day He sent two of His Disciples, who brought Him a donkey on which He sat to enter the city. And when the great multitude heard that Jesus was coming to Jerusalem, they immediately took palm branches in their hands and went out to meet Him. All cried, "Hosanna! Blessed is He that cometh in the Name of the Lord, King of Israel!" The branches of palm trees were a symbol of Christ's victory over Satan and Death. And the meaning of "Hosanna" is, "We pray Thee, save." The donkey's colt, which was still an untamed animal, and impure according to the law, as well as Christ's sitting thereon, symbolize the former savagery and impurity of the Gentiles; and their subsequent taming and obedience to the holy law of the Gospel.

By Thine ineffable compassion, O Christ our God, make us victors over our deceitful passions, and deem us worthy to behold Thy brilliant victory over death and Thy radiant and lifebringing Resurrection, and have mercy on us. Amen.

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### Easter Flower Donations Basket

Please help the church with donations for the Easter Flowers, there is a basket at the back of the church that you may put your donations in.

We are looking for volunteers to assist with decorating with Easter Flowers on Friday, April 14th. There will be services on that date and we will decorate in between starting just after the morning

service ends. Everyone is welcome and we need your help.

We will have a pot-luck "lenten" lunch, please bring a dish to share.

**EASTER MEALS:** Thanks to a great effort by our amazing outreach team, led by Kh Alyssa. An Easter ham and a \$25 grocery store card are being donated to 30 families through Faith Family Kitchen in Hyannis. The need is great but God is greater!

Monetary donations are still being accepted. God bless you and keep you strong as we make our final approach to the Resurrection! Blessed upcoming Holy Week!!!



### **ORDER BAKLAWA AND SUPPORT WOMEN'S GROUP PROJECTS**

Middle Eastern-Style Baklava (Baklava). All proceeds benefit St Michael Orthodox Church Women Group outreach programs.

Order by April 12 for your Pascha celebrations

Order one week in advance of any special occasion you may have. Great to leave in freezer in case unexpected guests arrive, or to just grab a piece when you have a craving!

- 5 pieces – \$8 (about 7 Oz)
- Tray 25 – \$35 ( about 34-37 Oz)
- Special orders accepted.

Ingredients: phyllo dough, walnuts, clarified butter, sugar, cinnamon, rose water

To order, please contact [womensgroup@stmichaelcapecod.org](mailto:womensgroup@stmichaelcapecod.org). Thanks for your support!

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**Sunday is the last day for Pascha Card registrations. The form has to be received by Sunday, you can see Soraya Bandeli or Juliana Haskins with questions.**

**FOOD FOR HUNGRY**

Food for Hungry boxes are due back on Palm Sunday, April 9. Thank you for your generosity!

**TEEN SOYO MISSION TRIP**

Help us raise money for our mission trip to Mexico by partaking in our activities this month!

- Talent Auction will be running all month! Some of the talents offered are landscaping, prepared meals, babysitting, photography / family portraits, and house cleaning.
- We will have two raffle baskets, one for lent and one for Pascha, which you be able to buy tickets for during the whole month of March. The Lenten raffle basket ticket will be drawn on April 1. The Pascha raffle basket ticket will be drawn on Pascha night!

**Coffee Hour Set Up and Clean Up**

We need your help to sign up for coffee hour set up and clean up. There is a list posted downstairs with parishioners who have already signed up. Please add your name and see Soraya Bandely for instructions.

**2023 DIOCESE OF WORCESTER PLC:** Join us for the 2023 Diocese of Worcester Parish Life Conference the weekend of July 8-10, 2022 at the Cape Codder in Hyannis, MA, hosted by St. John of Damascus Church in Dedham, MA.

You can find out more here: <https://antiochianevents.com/worcester>

**Upcoming Events**

- April 29 - Antiochian woman's meeting at St. Mary's, Pawtucket
  - May 29-June 2 - Catechesis of the Good Shepherd Level 1 Formation Training Part 2 at St. Michael, Cotuit
  - July 7-9 - PLC at Cape Codder Hotel
  - July 23-30 - Archdiocesan Convention, Arizona
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