
St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org

Sunday, April 30, 2023

Third Sunday of Pascha

**Sunday of the Myrrh-Bearing Women,
Pious Joseph of Arimathea & Righteous Nicodemus**

Celebrant: Fr. Joseph Butts

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Come, let us worship and fall down before Christ. Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF JOSEPH OF ARIMATHAEA IN TONE TWO: The noble Joseph, taking Thine immaculate Body down from the Tree, and having wrapped It in pure linen and spices, laid It for burial in a new tomb. But on the third day Thou didst arise, O Lord, granting to the world Great Mercy.

APOLYTIKION OF THE MYRRH-BEARING WOMEN IN TONE TWO: Unto the myrrh-bearing women did the Angel cry out as he stood by the grave: Myrrh-oils are meet for the dead, but Christ hath proved to be a stranger to corruption. But cry out: The Lord is risen, granting to the world Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

THE KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Russian Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

<p><i>Albanian:</i> Krishti Ungjall! Vertete Ungjall! <i>Arabic:</i> Al Maseeh Qam! Haqqan Qam! <i>English:</i> Christ is Risen! Truly He is Risen! <i>Greek:</i> Christos Anesti! Alithos Anesti! <i>Polish:</i> Khristus Zmartvikstau! Zaiste Zmartvikstau! <i>Portuguese:</i> Christo Ressuscitou! Em Verdade Ressuscitou! <i>Romanian:</i> Hristos a Inviat! Adevarat a Inviat! <i>Russian:</i> Khristos Voskres! Voistinu Voskres!</p>

SCHEDULE:

- **Sunday, April 30**
 - 9:00 AM Orthros
 - 10:00 AM Divine Liturgy
- **Wednesday, May 3**
 - 6:30 PM Paraklesis Service
- **Saturday, May 6**
 - 5:00 PM Vespers
- **Sunday, May 7**
 - 9:00 AM Orthros / Church school
 - 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285

THE SYNAXARION

On April 30 in the Holy Orthodox Church, we commemorate the Apostle James, brother of John the Theologian; and Donatos, bishop in Epirus.

On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also commemorate Joseph of Arimathaea, the secret disciple, and Nicodemus, the disciple by night.

Verses

Christ is brought myrrh by the wise women disciples;

And to them, I bring a hymn as myrrh in offering.

The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ.

By the intercessions of the holy Myrrh-bearers, Joseph of Arimathaea and Nicodemus, O God, have mercy on us. Amen.

THE EPISTLE

The Lord is my strength and my song.

With chastisement has the Lord chastened me.

The Reading from the Acts of the Holy Apostles. (6:1-7)

In those days, when the number of the disciples was multiplying, the Hellenists murmured against the Hebrews because their widows were neglected in the daily ministry. And the twelve summoned the multitude of the disciples and said: "It is not right that we should forsake the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good report, full of the Spirit and of wisdom, whom we may appoint to this duty. And we will devote ourselves to prayer and to the ministry of the word." And the saying pleased the whole multitude, and they chose

Stephen, a man full of faith and of the Holy Spirit, and Philip, and Próchoros, and Nikánor, and Tímon, and Parmenás, and Nikólaos a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied in Jerusalem exceedingly, and a great company of the priests were obedient to the faith.

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (15:43-16:8)

At that time, Joseph of Arimathaea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where He was laid. And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint Jesus. And very early in the morning, on the first day of the week, they came to the tomb at the rising of the sun. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back – it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a long white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He is risen; He is not here; see the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out quickly and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

ORDER BAKLAWA AND SUPPORT WOMEN'S GROUP PROJECTS

Middle Eastern-Style Baklava. All proceeds benefit St Michael Orthodox Church Women Group outreach programs.

Perfect for any special occasion, family gathering or just to have on hand. It's time to think of moms, dads and grads and think ahead to offering a special treat

for your summer guests!!

Order at least two weeks prior to your required date. Great to leave in freezer in case unexpected guests arrive, or to just grab a piece when you have a craving!

- 5 pieces – \$8 (about 7 Oz)
- Tray 25 pieces – \$35 (about 34-37 Oz)
- Special orders accepted.

Ingredients: phyllo dough, walnuts, clarified butter, sugar, cinnamon, rose water (Vegan option also available upon request).

Catechesis-of-the-Good-Shepherd

Catechesis of the Good Shepherd

Level 1 Formation Training

Part 2

May 29-June 2, 2023

Memorial Day through Friday of the same week

M-F 8:30am-5:30pm

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The tuition for Level 1 Formation Part 2 is \$400. For those in Orthodox Churches, a discounted rate of \$250 is available. Registration is limited to 12 people.

For more information email our course coordinator:

Kh. Yvonne Butts at yborthodox@gmail.com

Enthronement of His Eminence Metropolitan SABA, May 13 at 11 AM

On behalf of His Beatitude JOHN X, Patriarch of the Great City of God, Antioch, and all the East and the Fathers of the Holy Synod of the See of Antioch together with our beloved Hierarchs, the Archdiocesan Board of Trustees and the entire Archdiocese of North America We invite you to prayerfully participate in the Enthronement of His Eminence Metropolitan SABA Archbishop of New York and Metropolitan of all North America.

Saturday, May 13th, 2023 at 11:00am

St. Nicholas Antiochian Orthodox Cathedral

355 State Street, Brooklyn, New York

Reception and Banquet to follow. The Banquet tickets are only on sale online at <https://antiochian.networkforgood.com/projects/191160-2023-metropolitan-enthronement-banquet-fund-raiser>. Proceeds will go toward the 2023 Earthquake Relief Fund.

The enthronement will be live-streamed on St. Nicholas Cathedral's Facebook page.

Upcoming Events

- May 13 - Enthronement of His Eminence Metropolitan SABA
 - May 29 - June 2 - Catechesis of the Good Shepherd Level 1 Formation Training Part 2 at St. Michael, Cotuit
 - July 7-9 - PLC at Cape Codder Hotel
 - July 23-30 - Archdiocesan Convention, Arizona
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