

St. Michael the Archangel Antiochian Orthodox Church

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Sunday, July 9, 2023

Fifth Sunday after Pentecost

Hieromartyr Pankratios, bishop of Taormina in Sicily;

Martyrs Andrew and Probus

Clergy:

Fr. Benjamin Kjendal

Dn. James Irving

Sdn. Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Be Thou exalted, O Lord, in Thy strength; we shall praise and sing of Thy mighty acts. Save us, O Good Comforter, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

THE FOLLOWING SERVICES ARE GOING TO BE HELD AT CAPE CODDER HOTEL, 1225 Iyannough Rd, Hyannis (No services at St. Michael Church)

- **Friday, July 7**
 - 5:00 PM Vespers
- **Saturday, July 8**
 - 8:30 AM Hierarchical Divine Liturgy
 - 4:30 PM Vespers
 - Presentation of Diocesan Scholarship, Announcement of Oratorical Festival Winners & Creative Arts and Writing Awards
- **Sunday, July 9**
 - 9:00 AM Orthros
 - 10:00 AM Hierarchical Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

*How great are Thy works, O Lord! In wisdom hast Thou made them all.
Bless the Lord, O my soul.*

The Reading from the Epistle of St. Paul to the Romans. (10:1-10)

Brethren, my heart's desire and prayer to God for Israel is that it may be saved. I bear them witness that they have a zeal for God, but it is not enlightened. For, being ignorant of the righteousness that comes from God, and seeking to establish their own, they did not submit to God's righteousness. For Christ is the end of the law, that everyone who has faith may be justified. Moses writes that the man who practices the righteousness which is based on the law shall live by it. But the righteousness based on faith says: Do not say in your heart, "Who will ascend into Heaven?" (that is, to bring Christ down) or "Who will descend into the abyss?" (that is, to bring Christ up from the dead). But what does it say? The word is near you, on your lips and in your heart (that is, the word of faith which we preach); because, if you confess with your lips that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For man believes with his heart and so is justified, and he confesses with his lips and so is saved.

THE GOSPEL

The Reading from the Holy Gospel according to St. Matthew. (8:28-9:1)

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

Books for A Baby Center

Throughout the months of June and July we will be collecting NEW or VERY GENTLY USED children's books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children's books and help plant seeds of faith in our community! Please see Kh. Alyssa

with any questions. Thank you!

Clothing and Diapers for ZOE House

Until July 9, we are collecting new or gently used and clean items that will be delivered by some of our youth to ZOE House in Ohio. Please see Kh. Alyssa with any questions. Items being collected include: baby clothes (up to 2T), diapers (sizes newborn to 6), blankets, and maternity clothes.

PARISH LIFE CONFERENCE IN HYANNIS, JUL 7-9

This year's PLC is being hosted by St John of Damascus and they are holding it at the Cape Codder in Hyannis! It couldn't be more convenient for us! And it will give us a taste of what we will be offering as we host PLC 2024!

The weekend will be filled with activities for families and kids of all ages. It is also a time to grow spiritually by attending the seminars being held. Also join the Bible Bowl teams that will compete and cheer St Michael's two teams! Yes, TWO teams from St. Michael are competing! Take advantage of the fun activities being offered and to being with our Bishop John and our larger community from over the bridge!

HOST (Helping Orthodox Students Thrive) matches Orthodox college students with Orthodox families and communities that are willing to serve as a local contact in a new city and parish.

As a reminder, the HOST program seeks to provide the following to our young adults:

- A warm welcome within the first week of arrival.
- Transportation to and from church, for services and other church events.
- Opportunities to meet other young adults, parish members and clergy of their new community.
- Invitations to dine together, possibly after Vespers or Liturgy.
- Inclusion during the holidays for any young adult unable to return home.

This program is available to any Orthodox Christian young adult who has recently relocated to a new city to attend college away from home. Please be sure that the young adults of your community who are relocating for school are aware of this program and please be sure they have the HOST contact for their destination city.

Finally, if you are a college student in a community without a HOST parish, or if your parish is not currently listed as a HOST community and would like to join in this important ministry, please send an email to Karen Kinan at host@antiochian.org. We will gladly add you to the directory of active HOST parishes and advise you on how to support our young adults traveling to your city.

Upcoming Events

- July 7-9 – Parish Life Conference (PLC) at Cape Codder Hotel
- July 12-16 – 2023 Summer Sacred Music Institute at Antiochian Village, PA
- July 23-30 – Archdiocesan Convention, Arizona

THE SYNAXARION

On July 9 in the Holy Orthodox Church, we commemorate the Hieromartyr Pankratios, bishop of Taormina in Sicily, and disciple of the Holy Apostle Peter.

Verses

Pankratios, having set himself as foundation, Raised upon it a house from the stones of his contest. On the ninth, Pankratios saw the house of the Almighty.

This saint was born in Antioch during the time when the Lord Jesus Christ walked as a man on earth. Hearing about the miracles of Christ, the parents of Pankratios desired to see the Lord. Together with Pankratios, they traveled to Jerusalem where they saw Jesus, heard His words and witnessed His miracles. While there, Pankratios met the Apostle Peter. After the Ascension of the Lord, both parents and Pankratios were baptized in Antioch. Later, the Apostles Peter and Paul appointed Pankratios as the Bishop of Taormina in Sicily. There he worked many miracles, destroyed the idols, baptized the unbaptized, strengthened the baptized and governed well the Church of God. A heathen commander, Aquilinus, heard that the entire city of Taormina became Christian and set out with an army to destroy it. Pankratios went with the clergy outside the city carrying the invincible weapon, the Honorable Cross. When the army approached the city, darkness befell them and the soldiers were overcome with great fear. Confused, the attackers turned against one another and slaughtered each other. In the end, Pankratios was stoned to death by envious and evil heathens and found rest in the Lord.

On this day, we also commemorate the Martyrs Andrew and Probus. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.