

St. Michael the Archangel Antiochian Orthodox Church

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Sunday, July 23, 2023

Seventh Sunday after Pentecost

Hieromartyr Phocas, bishop of Sinope;

Hieromartyrs Apollinaris and Vitalis, bishops of Ravenna;

Martyr Apollonius of Rome; Holy Prophet Ezekiel

Clergy:

Fr. Benjamin Kjendal

Dn. James Irving

Sdn. Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Be Thou exalted, O Lord, in Thy strength; we shall praise and sing of Thy mighty acts. Save us, O Good Comforter, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.*

UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

SCHEDULE:

- **Saturday, July 22**
 - 7:00 PM Vespers
- **Sunday, July 23**
 - 8:30 AM Orthros
 - 9:30 Divine Liturgy
- **NO SERVICES DURING THE WEEK**
- **Sunday, July 30**
 - 8:30 AM Orthros
 - 9:30 Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME!

We are glad to have you worship with us today!

Father Ben Kjendal is available to visit with you in your home for pastoral care, counseling and inquiries regarding Orthodoxy by appointment. His cell number is (978) 397-3285.

THE EPISTLE

(For the Seventh Sunday after Pentecost)

O Lord, save Thy people and bless Thine inheritance.

Unto Thee, O Lord, will I cry, O my God!

The Reading from the Epistle of St. Paul to the Romans. (15:1-7)

Brethren, we who are strong ought to bear the infirmities of the weak, and not to please ourselves. Let each one of us please his neighbor for that which is good for his edification. For Christ also did not please Himself; but, as it is written: "The reproaches of those who reproached Thee fell on Me." For whatever was written beforehand was written for our learning, that we might have hope, through the patience and comfort of the Scriptures. Now may the God of patience and comfort grant you to be of the same mind with one another, according to Christ Jesus, that with one accord and one mouth you may glorify God, even the Father of our Lord Jesus Christ. Therefore, receive one another, even as Christ has also received you, to the glory of God.

THE GOSPEL

(For the Seventh Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (9:27-35)

At that time, as Jesus passed on from there, two blind men followed him, crying aloud: "Have mercy on us, Son of David." When He entered the house, the blind men came to Him; and Jesus said to them, "Do you believe that I am able to do this?" They said to Him, "Yes, Lord." Then He touched their eyes, saying, "According to your faith be it done to you." And their eyes were opened. And Jesus sternly charged them, "See that no one knows it." But they went away and spread His fame through all that district. As they were going away, behold, a dumb demoniac was brought to Him. And when the demon had been cast out, the dumb man spoke; and the crowds marveled, saying, "Never was anything like this seen in Israel." But the Pharisees said, "He casts out demons by the prince of demons." And Jesus went about all the cities and villages, teaching in their synagogues and preaching the gospel of the kingdom, and healing every disease and every infirmity.



ST. MICHAEL HAPPENINGS

**WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH**

VACATION CHURCH SCHOOL

Vacation Church School will run this year from July 31 to August 1 from 9:30 AM until noon, and then on Wednesday, August 2 we will have a VCS potluck/picnic/party at 5:00, before Paraklesis.

Please return the registration form by Sunday, July 23, and be looking for more exciting details coming soon! Please see Kh. Alyssa if you have any questions, and remember to invite your friends, neighbors, grandchildren, and godchildren!

HOMESCHOOL INQUIRERS' MEET-UP & POTLUCK

On Saturday, August 5 at 4:30 PM, we will have an informal get together of both parents who currently homeschool their children and any parents who have even the smallest interest in possibly homeschooling now or in the future. Kh. Alyssa will give a brief overview of the “why” behind homeschooling, as well as a few of the different ways the “how” can work for families of all backgrounds and situations. We will have plenty of time for discussion and questions before we share a potluck meal together before Vespers. Please share this with anyone you think might benefit from attending! See Kh. Alyssa with any questions. Children are welcome to accompany parents, but please note it will be “coffee-hour style” outdoor play during the parents’ talk and discussion.

BOOKS FOR A BABY CENTER

We will continue to be collecting NEW or VERY GENTLY USED children’s books (appropriate for newborns through age 4) to donate to A Baby Center in Hyannis. Please consider donating Orthodox Christian children’s books and help plant seeds of faith in our community! Please see Kh. Alyssa with any questions. Thank you!

TRASH CANS FOR CATAUMET

We will be collecting (new, clean) 13-gallon trash barrels, as well as small bathroom waste baskets to donate to the Village of Cataumet. I'm sure most of us have several trash baskets in our homes that we only think about when we lament having to empty them. For families living at the Village at Cataumet, having a trash receptacle in their room is a luxury. The trash barrels we donate will be much appreciated by the families and be able to be taken with them when they move into their own homes.

Women's Shoes for Immigrants: Sixty immigrant families are currently being housed at a temporary emergency shelter on the Joint Base Cape Cod as they prepare for longer-term arrangements. The Cape Cod Council of Churches is coordinating efforts to assist these immigrant families. Saint Michael will be joining these efforts by collecting NEW OR GENTLY USED WOMEN'S SHOES. All sizes and styles are needed. I am sure many of us could spare a pair or two (or more!) from our closets! Please drop your donations in the box near the SOYO bookstore. Thank you for your generosity and helping our new neighbors in need! Please see Kh. Alyssa with any questions.

Upcoming Events

- July 23-30 – Archdiocesan Convention, Arizona

THE SYNAXARION

On July 23 in the Holy Orthodox Church, we commemorate the recovery of the precious relics of the holy Hieromartyr Phocas, Bishop of Sinope.

Verses

*The glass of thy pains brought the Faith into focus;
hence we magnify thee, O Phocas, forever.*

On the twenty-third Phocas was borne away dead.

Phocas exercised himself in all the Christian virtues from his youth. As bishop in his birthplace, the town of Sinope on the shores of the Black Sea, he strengthened the faith of the true believers by his example and divine words and converted many idol-worshippers to the true Faith. The hardhearted pagans were filled with rage against holy Phocas. Through a vision granted him by the Lord, he foresaw his martyrdom for Christ: Phocas saw a white dove fly down from heaven carrying a beautiful wreath of flowers in its beak, and lowered the wreath onto his head. He was not afraid, but with gratitude toward God prepared himself for suffering. A certain prince, Africanus, took Phocas for interrogation, and subjected him to harsh tortures, and after a time of imprisonment threw him into boiling water, where this brave soldier of Christ ended his earthly life and settled in the joy of his Lord. Phocas suffered during the reign of Emperor Trajan in 102.

On this day, we also commemorate the Hieromartyrs Apollinaris and Vitalis, bishops of Ravenna; Martyr Apollonius of Rome; and the Holy Prophet Ezekiel. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.