

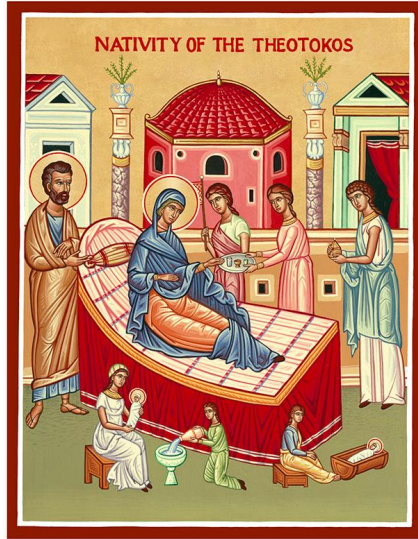
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*St. Michael the Archangel Antiochian Orthodox Church*

62 Main Street, Cotuit, MA 02635

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e-mail: [stmichael@stmichaelcapecod.org](mailto:stmichael@stmichaelcapecod.org)



**Sunday, September 10, 2023**

**Sunday before the Elevation of the Holy Cross**

**After-feast of the Nativity of the Theotokos**

**Martyrs Menodora, Metrodora and Nymphodora of Bithynia;**

**Empress Pulcheria; Peter, bishop of Nicaea**

**Clergy:**

**Dn. James Irving**

**Sdn. Joseph Boruch**

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## HYMNS OF THE DAY

KONTAKION OF THE NATIVITY OF THE THEOTOKOS IN TONE FOUR: By thy holy nativity, O pure one, Joachim and Anna were delivered from the reproach of barrenness; and Adam and Eve were delivered from the corruption of death; thy people do celebrate it, having been saved from the stain of iniquity, crying unto thee: The barren doth give birth to the Theotokos, who nourisheth our life.

RESURRECTIONAL APOLYTIKION IN TONE FIVE: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF THE NATIVITY OF THE THEOTOKOS IN TONE FOUR: Thy nativity, O Theotokos, hath proclaimed joy to the whole universe; for from thee did shine forth the Sun of justice, Christ our God, annulling the curse, and bestowing the blessing, abolishing death and granting us life everlasting.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.**

**We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.* **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

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If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Deacon James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com).

**SCHEDULE:**

- **Thursday, September 7**
  - 5:00 PM Orthos
  - 6:00 PM Divine Liturgy for the Nativity of the Theotokos -  
Celebrant: Bishop JOHN
- **Saturday, September 9**
  - 5:00 PM Vespers - Celebrant: Fr. Timothy Curren
- **Sunday, September 10**
  - 9:15 AM Readers Orthros
  - 10:15 AM Typika Service with Communion - Celebrant: Dn. James Irving
  - Choir Rehearsal
- **Thursday, September 14**
  - 5:00 PM Orthos
  - 6:00 PM Divine Liturgy for the Feast of the Elevation of the Venerable and Life Giving Cross - Celebrant: Bishop JOHN
- **Saturday, September 16**
  - 10:30 AM Baptism
  - 5:00 PM Vespers - Celebrant: Fr. Timothy Curren
- **Sunday, September 17**
  - 9:00 AM Orthros / 9:15 AM Bible Study for Kids 10+
  - 10:00 AM Divine Liturgy - Celebrant: Fr. John Bacon
  - Women's Group Meeting

\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\*

**PLEASE JOIN US FOR COFFEE HOUR**

*Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!*

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THE EPISTLE

(For the Sunday before the Elevation of the Holy Cross)

*O Lord, save Thy people and bless Thine inheritance.*

*To Thee, O Lord, I have cried, O my God.*

**The Reading from the Epistle of St. Paul to the Galatians. (6:11-18)**

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

THE GOSPEL

(For the Sunday before the Elevation of the Holy Cross)

**The Reading from the Holy Gospel according to St. John. (3:13-17)**

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life. For God so loved the world that He gave His only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him."

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## **ST. MICHAEL HAPPENINGS**

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### **HOMESCHOOLERS MEETUPS**

Families who homeschool their children have meetups. If you would like to come, please reach out to Macrina (Colleen) Stewart at [thusfar@gmail.com](mailto:thusfar@gmail.com)

### **CHURCH SCHOOL AND BIBLE STUDY FOR KIDS**

Bible Study for kids ages 10 and older will start on Sunday, September 17th at 9:15 AM. Please, see Ned Chatelain if you have any questions.

The Church School for younger kids will start after all materials are ready. If you would like to help, please see Macrina (Colleen) Stewart.

Please fill out and return the registration form (one per family).

### **ST MICHAEL THE ARCHANGEL ORTHODOX CHILDREN'S LIBRARY**

Please visit the children's library just outside the front entrance of the nave and help your children, grandchildren, or godchildren check out a book or two! If you are interested in helping our children's library grow, we have a wish list of books that we would love to add to our library's shelves.

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**2023 MIDDLE EASTERN FESTIVAL & BAZAAR -**  
**St. George, West Roxbury, October 6-8, 2023**

**St. George Antiochian Orthodox Church**  
***Middle Eastern Festival and Bazaar***  
**October 6<sup>th</sup> - 7<sup>th</sup> - 8<sup>th</sup>**

55 Emmonsdale Road  
West Roxbury, MA  
[www.stgeorgeofboston.org](http://www.stgeorgeofboston.org)



**Delicious Middle Eastern Food! Shish Kabab, Stuffed Grape Leaves, Manakish, Falafel, Kibbeh Nayeh, Arabic Pastries, Ice Cream, Fried Dough, Fresh Little Neck Clams and more!**

**PLUS! Music, Dancing, Kids Activities, Raffles, White Elephant Sale**

**Friday, October 6<sup>th</sup>: 11 AM to 10 PM (DJ Gaby Starts @ 5 PM)**  
**Saturday, October 7<sup>th</sup>: 11 AM to 10 PM (DJ Elio Starts @ 5 PM)**  
**Sunday, October 8<sup>th</sup>: 12 PM to 4 PM**

**FREE PARKING AND ADMISSION**

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## THE SYNAXARION

On September 10 in the Holy Orthodox Church, we continue to celebrate the Nativity of the Theotokos; and we commemorate the Martyrs Menodora, Metrodora and Nymphodora of Bithynia.

### **Verses**

*Menodora, Metrodora, and Nymphodora,*

*The Lord's adorers, are now adorned in the Heavens.*

*On the tenth, the three namesakes of gifts were struck to death.*

These sisters grew up in the Faith in Asian Bithynia. They withdrew to the wilderness and dedicated themselves to great labor, fasting and prayer. God adorned them with the gift of miracleworking. A certain governor, Fronton, called for them. Although they were great fasters and their bodies were withered, their faces were radiant, illumined by inward peace and the grace of God. He ordered that Menodora be tortured first. Fronton called out to Menodora, who was wounded and bloody: "Offer sacrifice to the gods!" To this the holy martyr replied: "Do you not see that I am offering my entire self as a sacrifice to my God?" When Menodora gave up her spirit, the governor brought out her two sisters, and stood them by the body of Menodora, where he counseled them to deny Christ. Since they remained steadfast, he slew them by harsh tortures. Just then, a thunderbolt struck from heaven, and killed the soulless Fronton and his servants. The sisters suffered in the fourth century and found rest in the Kingdom of Christ. On this day, we also commemorate the Empress Pulcheria; and Peter, bishop of Nicaea.

By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

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