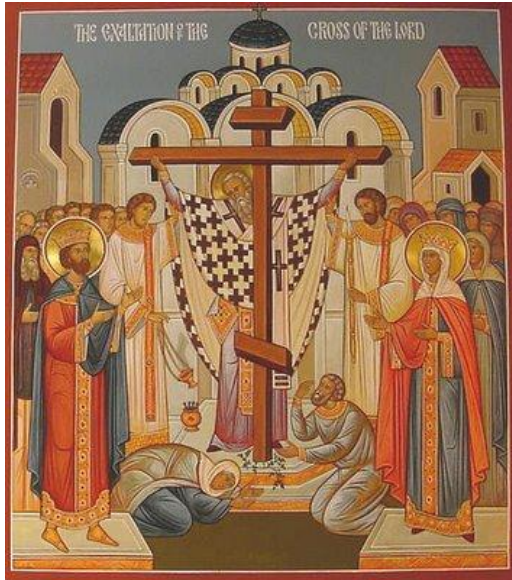

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, September 17, 2023

Sunday after the Elevation of the Holy Cross

Martyrs Sophia and her daughters Faith, Love and Hope

Clergy:

Fr. John Bacon

Dn. James Irving

Sdn. Joseph Boruch

HYMNS OF THE DAY

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE: O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

APLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE ELEVATION OF THE HOLY CROSS IN TONE FOUR: Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere.

We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Deacon James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

We're looking for Youth Epistle Readers for October, which is Youth Month. Please reach out to David Easa.

SCHEDULE:

- **Thursday, September 14**
 - 5:00 PM Orthos
 - 6:00 PM Divine Liturgy for the Feast of the Elevation of the Venerable and Life Giving Cross - Celebrant: Fr. John Bacon
- **Saturday, September 16**
 - 5:00 PM Vespers - Celebrant: Fr. Timothy Curren
- **Sunday, September 17**
 - 9:00 AM Orthos / 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy - Celebrant: Fr. John Bacon
 - Women's Group Meeting
- **Saturday, September 23**
 - 5:00 PM Vespers - Celebrant: Fr. Timothy Curren
- **Sunday, September 24**
 - 9:00 AM Orthos / 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For Sunday after the Elevation of the Holy Cross)

O Lord, how manifold are Thy works.

In wisdom hast Thou made them all.

Bless the Lord, O my soul.

The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

THE GOSPEL

(For Sunday after the Elevation of the Holy Cross)

The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

HOMESCHOOLERS MEETUPS

Families who homeschool their children have meetups. If you would like to come, please reach out to Macrina (Colleen) Stewart at thusfar@gmail.com

CHURCH SCHOOL AND BIBLE STUDY FOR KIDS

Bible Study for kids ages 10 and older start on Sunday, September 17th at 9:15 AM. Please, see Ned or Kristin Chatelain if you have any questions.

The Church School for younger kids will start after all materials are ready. This is why we are calling all artists. We need help painting fine details and drawing figures on pre-cut forms for our Atrium church school program. Please consider donating your talent to help teach our children the faith using this tactile and immersive teaching program. We have lots of items to be completed in order to proceed to the next level in our course. See Macrina (Colleen) Stewart if you can help or would like more information.



THE FAMILY PANTRY OF CAPE COD IS REQUESTING NON-FOOD DONATIONS

as their current need is great for health and beauty products. We would like to collect items by the end of October. Please consider the following sample list of items – think of things you find in the pharmacy:

- Toothpaste/toothbrush/floss
- Shampoo/conditioner
- Soap
- Razors / shaving gel
- Band-aids
- Nail clippers
- Body lotion
- Comb / hairbrush

This is just a sample of products. Anything would be appreciated, although they specifically said NO FEMININE HYGIENE products.

Please consider bringing a few items to each service that you attend to help us collect as many items as possible by the end of October.

**2023 MIDDLE EASTERN FESTIVAL & BAZAAR -
St. George, West Roxbury, October 6-8, 2023**

St. George Antiochian Orthodox Church of Boston is proud to announce their Middle Eastern Festival & Bazaar at their location, 55 Emmonsdale Road, West Roxbury, MA, on Friday and Saturday, October 6th and 7th from 11:00AM to 10:00PM and Sunday, October 8th from 12PM – 4:00PM – FREE ADMISSION/WHEELCHAIR ACCESSIBLE. Three days of fun-filled excitement. Authentic Middle Eastern Cuisine and Pastry, American Foods and Pastry, Ice Cream, Fried Dough, Fresh Little Neck Clams, Music, Dancing, Kids Activities, Raffles, White Elephant Table and much more. Purchase Galaxy Raffle tickets to win fabulous prizes! There's something for everyone at the St. George Church Festival & Bazaar! For more information, please call the church at (617)327-6500. Proceeds to benefit church projects.

The Assembly of Canonical Bishops has started a new youth initiative. September 24 is their first annual Youth and Young Adult Awareness Sunday



Orthodox Youth & Young Adult Ministries

Youth & Young Adult Awareness Sunday

September 24, 2023



We live in a rapidly changing world where young people face numerous challenges to their faith.

Approximately 60% of youth from Christian homes leave the Church once they become adults.

Orthodox Youth & Young Adult Ministries (OYM) seeks to help young people not merely stay in the Church, but to be excited about living for Christ! We do this by coming alongside parishes, priests, parents, and others to help young people:

- Encounter Christ (know Him personally)
- Embody the Church (engage in the life of the Church)
- Engage the world (serve others) in His name

We do this by offering transformative:

- Retreats
- Talks & presentations
- Training materials
- Videos & podcasts
- Ministry resources
- Social media engagement

To learn more about OYM or to support OYM's ministry, visit us at: www.TheOYM.org

Learn more at:



www.theOYM.org

Sign up for our newsletter:

www.TheOYM.org/newsletter

or scan below



info@theoym.org



@TheOYMOfficial

*OYM is a 501(c)(3) nonprofit ministry and is an agency of the
Assembly of Canonical Orthodox Bishops of the United States of America.*

Save the Date!

- November 3-4: St. John Dedham Annual Bazaar
 - November 3-5: St. Mary Pawtucket Annual Bazaar
 - April 6, 2024 (Saturday): Annual Lenten Retreat @ St. George in West Roxbury sponsored by the Diocese Antiochian Women
 - June 21-23, 2024: Diocese Parish Life Conference
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THE SYNAXARION

On September 17 in the Holy Orthodox Church, we continue to celebrate the Elevation of the Holy Cross; and we commemorate the Martyrs Sophia and her daughters Faith, Love and Hope.

Verses

*When Sophia's Faith, Hope, and Love were beheaded,
Then was wisdom justified of all her children.*

On the seventeenth, they beheaded Love, Faith, and Hope.

This blessed family lived and suffered in Rome during the reign of Emperor Hadrian. Sophia was wise, as her name implies; she was widowed, and had established herself and her daughters well in the Christian Faith. When Hadrian's persecuting hand extended over the virtuous home of Sophia, Faith was only twelve years old; Hope, ten; and Love, nine. Brought before the emperor, these four held each other's hands "like a woven wreath," humbly but steadfastly confessed their faith in Christ and refused to offer sacrifices to the pagan idol Artemis. Before their suffering, the mother encouraged her daughters to endure to the end: "Your heavenly Bridegroom, Jesus Christ, is eternal health, inexpressible beauty and eternal life. When your bodies are slain by torture, He will clothe you in incorruption and the wounds on your bodies will shine in the heavens as stars." The torturers inflicted cruel torments on each daughter and killed them. Sophia took the bodies of her daughters and honorably buried them. She remained at their grave for three days and nights, praying to God. Then she gave her spirit to God, flying off to Paradise, where the blessed souls of her daughters awaited her.

By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.
