
St. Michael the Archangel Antiochian Orthodox Church

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Sunday, October 22, 2023

Twentieth Sunday after Pentecost &

Sixth Sunday of Luke

Averkios the wonderworker, equal-to-the-apostles and bishop of Hierapolis; The Seven Holy Youths (“Seven Sleepers”) martyred in Ephesus; Bishop Eulalios

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. AVERKIOS IN TONE FOUR: Thy works of justice did reveal thee to thy community as a canon of faith, the likeness of humility and teacher of abstinence, O Father Bishop Averkios. Wherefore, by humility thou hast achieved exaltation, and by thy meekness wealth. Intercede, therefore, with Christ God to save our souls.

APOLYTIKION OF THE SEVEN EPHESIAN YOUTHS IN TONE FOUR: Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and

people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

SCHEDULE:

- **Saturday, October 21**
 - 5:00 PM Vespers
- **Sunday, October 22**
 - 9:00 AM Orthros / 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy
 - Women’s Group Meeting
 - Choir Rehearsal
 - SOYO Apple Picking
- **Saturday, October 28**
 - 5:00 PM Vespers
- **Sunday, October 29**
 - 9:00 AM Orthros / 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour!

Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Twentieth Sunday after Pentecost)

Sing praises to our God, sing praises. Clap your hands, all ye peoples.

The Reading from the Epistle of St. Paul to the Galatians. (1:11-19)

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

THE GOSPEL

(For the Sixth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (8:26-39)

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding

there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.



ST. MICHAEL HAPPENINGS

**WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH**

THANKSGIVING MEALS FOR INDEPENDENCE HOUSE

A Sign-Up request has been sent out via email to parish members and friends to help provide Thanksgiving Meals to Independence House in Hyannis, which provides services to battered women and their children.

- Please register to pick up a few items the next time you are at the grocery store.
 - Please consider donating your time to help package the items for delivery on Nov 19 and to help with delivery on Nov 20.
 - If can't shop for any of the items, please consider donating funds to help us with the purchase of food to supplement what is being generously donated.
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The sign-up request covers all these requests. If you don't have access to a computer, please reach out to the Outreach committee to let us know how you can help: Macrina, Kristin, Michelle, Linda, Elaine B & Soraya. If you didn't receive the Sign-up request in your email, please see Soraya so your name can be added to our distribution list. Thank you for your support of St. Michael outreach and its programs

YARD SALE DONATION OF ITEMS NEEDED

Women's Group is organizing a WHITE ELEPHANT BOUTIQUE to be held on Saturday Nov 18. We will be selling raffle tickets for original oil painting at coffee hour leading up to the event so please support us and take your chance at winning!!! Accepting donations: Nov 11 before/after Vespers; Nov 12 after Liturgy; Nov 13-17 by special arrangement with committee members below! Please include a list of your donated items along with your name and phone number. THIS IS REQUIRED FOR ALL DONATIONS as unsold items must be returned to the donor since we are not able to store at church or to bring to another donation facility. We will also need empty boxes for use in packing sold items. Please help us collect and bring to church Nov 11-12. Liquor stores and supermarkets are a great source of empty boxes!

LIST OF ITEMS THAT WILL BE ACCEPTED CLEAN AND IN WORKING ORDER:

- Small appliances
 - Small Electronics - speakers, headphones, games
 - Tools
 - Kitchenware – pots, pans, bakeware, corning ware, pyrex, mixing bowls, serving platters
 - Giftware – decanters, vases, candy dishes
 - Collectables – figurines, depression glass, crystal, English Bone China
 - Original Artwork – Water Colors and Prints
 - Jewelry
 - Toys, Puzzles, Baby items
 - Table linens, place mats, napkin rings
 - Seasonal / Holiday Items
 - Books, CDs, DVDs (make sure they appropriate to be sold at a church event)
 - Sporting goods
 - Ladies Pocket books, leather goods
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- Luggage (weekend bags, carry-on, two-suitors, etc...)
 - Baskets

NO MUGS. NO CLOTHING. NO BIG FURNITURE PIECES

Please contact any of the committee members with your questions:
Mary Rahal (508)385-4405 // Pauline Rassias (781)690-2891 // Soraya Bandeli (617)842-8591

Thank you for your continued commitment to St. Michael!

COLLECTING WINTER GOODS FOR FAMILIES NEWLY IN CAPE SHELTERS

Currently, Joint Base Cape Cod is housing 62 families. At present, an additional 25 families are sheltered in a hotel in Yarmouth, and 27 families in a Bourne hotel. All are placed by the State of Massachusetts after entering the country legally, and after qualifying for shelter placement following strict State guidelines.

During the month of October, the Cape Cod Council of Churches will be collecting essential winter wear for these men, women and children. We will have bins set up for your donations through the end of October. The list of items needed is as follows: men's and women's and childrens' (all sizes), winter hats, gloves, boots, coats, sweaters, snowsuits (for babies), car seat covers (for infants), hand warmers, umbrellas.

Monetary donations are also being accepted. If you would like to donate, please make your checks out to St Michael Orthodox Church and note "resettling families" in the memo.

Thank you for your generosity! If you have any questions, please see Soraya, Macrina or Kristin.

THE FAMILY PANTRY OF CAPE COD IS REQUESTING NON-FOOD DONATIONS

as their current need is great for health and beauty products. We would like to collect items by the end of October. Please consider the following sample list of items – think of things you find in the pharmacy: toothpaste/toothbrush/floss; shampoo /conditioner; soap; razors / shaving gel; bandaids; nail clippers; body lotion; comb / hairbrush.

This is just a sample of products. Anything would be appreciated, although they specifically said NO FEMININE HYGIENE products.

Please consider bringing a few items to each service that you attend to help us collect as many items as possible by the end of October.

THE SYNAXARION

On October 22 in the Holy Orthodox Church, we commemorate Averkios the wonderworker, equal-to-the-Apostles and bishop of Hierapolis in Phrygia.

Verses

*Though Averkios beareth burial according to nature,
As God by adoption he goeth unto the God by nature.*

On the twenty-second, Averkios was borne up from the earth.

During a boisterous festival, Averkios became inflamed with God's zeal and entered an idolatrous temple, smashing all the idols. When the enraged pagans sought to kill him, three young madmen, foaming at the mouth and howling, fell down before this man of God who drove the demons from them. This turned the pagans' anger into amazement at the wonderworker of Christ, and 500 of them immediately desired baptism. Once, holy Averkios journeyed to Rome with a man named Trophimos. Averkios had a wineskin that contained wine, vinegar and oil. When Averkios asked, it would pour forth each liquid unmingled with the other. But when Trophimos tried to steal from the wineskin, it would give him a liquid for which he did not ask. In great old age, Averkios presented himself to his beloved Lord in the second century.

On this day, we also commemorate the Seven Holy Youths ("Seven Sleepers") martyred in Ephesus. The emperor Decius in the third century came to Ephesus and arranged idol worship and a terrible slaughter of Christians. Seven young men, soldiers, refrained from this and earnestly prayed to God to save the Christians. They were the sons of the most influential elders of Ephesus and their names were Maximilian, Jamblichus, Martinian, John, Dionysius, Exacustodian, and Antoninus. They retreated to a hill outside Ephesus called Celion and hid in a cave. When the emperor learned of this, he commanded that the cave be sealed off. More than 200 years then passed, when there was a great dispute about the Resurrection. Emperor Theodosius prayed to God that He would reveal the truth to men. The youths then awakened from their sleep, young and healthy, and Theodosios conversed with them. After a week, they again fell into the sleep of death to await the universal resurrection.

On this day, we also commemorate the Bishop Eulalios. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.
