
St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, February 04, 2024

**Tone 2 / Eothinon 2; Thirty-second Sunday of Pentecost
& Fifteenth Sunday of Luke ("Zacchaeus")**

After-feast of the Presentation (Meeting) of Christ

Venerable Isidore of Pelusium;

**The Mothers of the Three Hierarchs: Emmelia, Nona and
Anthousa**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Rejoice, O Virgin Theotokos, full of grace, for from thee arose the Sun of justice, Christ our God, lighting those who are in darkness. Rejoice and be glad, O righteous elder, carrying in thine arms the Deliverer of our souls, Who granteth us Resurrection.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We*

invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.

SCHEDULE:

- **Saturday, February 3**
 - 9:00 AM Orthros
 - 10:00 AM Divine Liturgy for the **Presentation of Christ in the Temple**
 - No Vespers
- **Sunday, February 4**
 - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy
 - Teen SOYO Meeting
 - Women's Group Meeting. We will be electing a new president.
 - Catechumen Gathering
- **Tuesday, February 6**
 - 6:00 PM Icon Tour at St. George Greek Orthodox Church
- **Saturday, February 10**
 - 5:00 PM Vespers
- **Sunday, February 11**
 - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy
 - **Annual Parish Meeting**

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Thirty-second Sunday after Pentecost)

The Lord is my strength and my song.

With chastisement hath the Lord chastened me.

The Reading from the First Epistle of St. Paul to St. Timothy. (4:9-15)

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

THE GOSPEL

(For the Fifteenth Sunday of Luke—"Zacchaeus")

The reading from the Holy Gospel according to St. Luke. (19:1-10)

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost."



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

CATECHUMEN GATHERING

People interested in joining the Orthodox Church will meet Sunday, February 4 after liturgy. Please come to explore the process, traditions, and the beliefs of the church. If you would like to attend contact Fr. James so he can email you materials for the meetings.

MEN'S GROUP has organized an **icon tour** on Tuesday, February 6 at 6pm at St. George Greek Orthodox Church (1130 Falmouth Road, Centerville, MA). Please, let David Easa know if you would like to come.

WE ARE RESUMING FAMILY NIGHTS! SAVE THE DATE - FEB 10, 2024

"Family night" is not only for families and kids but everyone in the parish! Come spend time and have fun with your church family!

- 3:30pm for games and fellowship (bring a board game to share)
- 5:00pm Vespers
- Potluck dinner to follow (please bring a soup, salad or pre-sliced bread).

Contact Macrina for more info.

ANNUAL MEETING

The Annual Meeting of the St. Michael the Archangel Church will be held on **Sunday, February 11, 2024** immediately following Divine Liturgy. We look forward to your attendance!

BOOK CLUB MEETING

On Saturday, February 17, before Vespers, we will gather to discuss the book "Pearl of Great Price" by Sergel Hackel. Please read chapters one and two in preparation. If you need to purchase a copy of the book we have them available at the bookstore. Please email Fr. James if you are planning to participate to receive email updates. See you at 3:30 pm on Saturday, February 17.

SAVE THE DATE: POST SOUPER BOWL SUNDAY - FEBRUARY 18

The Men's Group will be offering soup at the coffee hour. The funds raised will be used for the PLC 2024. More details as we get closer to the date.

CANDLES

Candles are used in the Orthodox Church as symbols and offerings during the liturgical services. In our parish we use traditional 100% beeswax tapers. (Note: Traditionally, oil-burning votive lamps are used in the Orthodox Church. However, vigil candles are often used, for reasons of convenience.)

In a general sense, the lighting of a candle in Church symbolizes the life of a Christian person. Until a candle is lit it is cold and hard. Once lit it is warmed and softened and then consumed by the flame. In the same way, we human beings can be spiritually "cold and hard" until our hearts and minds are "warmed and softened" by the grace of God. When we, faithful Christians, allow ourselves to become "on fire" with God's love we can be consumed by that divine love in a beautiful and powerful way.

In a more particular and specific sense, the lighting of a candle in Church is an offering. The faithful purchase candles, thus making a monetary offering to the Church, and then they light those candles as an offering of prayer. Traditionally in Orthodox Churches candles are set in stands in significant parts of the Church, usually near a particular icon of Our Lord, His Mother, or a particular saint or group of saints. At this time we do not have candle stands near icons, but that might be a worthy goal. When we offer a candle by lighting it and placing it in a particular place in the Church we should simultaneously offer a prayer. For example, we may light a candle and place it to burn near an icon of a particular saint and, at the same time, ask that saint's intercession before God on behalf of our self or a person for whom we wish to pray. We, also, may light and place candles as offerings of prayer on behalf of the departed. Additionally, candles may be lit not only as petitions asking for God's blessings to be given, but as prayerful offerings of gratitude for blessings already received.

Yours in Christ,
Subdeacon Joseph, with information shared
with permission from Saints Cyril and
Methodius Orthodox Church



HOUSE BLESSINGS

Our Orthodox Church teaches that we need to bless our homes once a year following the Feast of the Theophany to sanctify them and all the members of our family. This is a short visit with the Priest and a great opportunity to bring the blessing of the Church into our homes.

If you would like your house blessed please contact Fr. James to schedule a visit, 781-468-8709, dnjamesirving@gmail.com.

USHERS NEEDED

We need ushers to serve one Sunday per month. Please see Soraya if you are interested in greeting guests as they enter church and helping with the flow of the liturgy. This is a fun way to serve and meet people.

ORTHODOX VOLUNTEER CORPS

On February 4, we will have a second collection to benefit the OVC. The OVC started in Pittsburgh in 2022, and will expand to Boston in 2024. They offer young adults ages 21-29 an immersive service opportunity to serve for one year in homeless shelters, after-school programs, free medical clinics, and more. The Corps members also receive weekly formation in Orthodoxy and community-based leadership development. They live in community with other Orthodox young adults and engage local parishes. Please help OVC in their endeavor by contributing to their second collection next Sunday, February 4, or by a direct contribution to them at: Orthodox Volunteer Corps, P.O. Box 5391, Pittsburgh, PA 15206. The OVC is a new agency of the Assembly of Canonical Orthodox Bishops of the United States of America. For more information, or if you know a young adult who may be interested in service with OVC in Pittsburgh or Boston, please speak with Father James.



OVC SUNDAY – JANUARY 28



For more info email OVC staff
Michael Sider-Rose and Kyra
Limerakis at:

info@orthodoxvolunteer corps.org



www.orthodoxvolunteer corps.org

LIVE YOUR FAITH. SERVE FOR A YEAR.

Orthodox Volunteer Corps (OVC) is a yearlong domestic service program for Orthodox young adults and an official Agency of the Assembly of Bishops. We offer young adults from across the country an immersive year of service in Pittsburgh and Boston, working at homeless shelters, after-school programs, free medical clinics, and more. In addition, Corps Members receive weekly formation & training in Orthodoxy and community-based leadership development, live in community with other Orthodox young adults, and engage local parishes. Housing, transportation, and food are 100% covered.

OVC began in Pittsburgh in 2022 and is expanding to Boston this fall. To learn more, scan the QR code. Application deadline for Fall 2024 is February 22. Applicants must be 21-29 years old.

Nominate a young adult or apply yourself today!

THE SYNAXARION

On February 4 in the Holy Orthodox Church, we continue to celebrate the Presentation (Meeting) of our Lord Jesus Christ in the Temple. On this day, we commemorate our righteous Father Isidore of Pelusium.

Verses

Rejoice, O Pelusiite, yea, rejoice very greatly; Thou hast stripped off the clay and attained marvelous gladness. On the fourth, they laid Isidore in the gloomy grave.

Isidore was a kinsman of the Alexandrian Patriarchs Theophilus and Cyril. Having studied all the secular disciplines, he renounced worldly riches and glories and devoted himself completely to the spiritual life for the love of Christ. He was a great and ardent defender and interpreter of the Orthodox Faith. Isidore wrote more than ten-thousand letters to various individuals in which he reproached, counseled, comforted and instructed his spiritual children. In one letter Isidore writes: "It is more important to teach by a life of doing good than to preach in eloquent terms." In another, he says: "If one desires that his virtues appear great, let him consider them small and they will surely manifest themselves as great." The first and basic rule for Isidore was this: "First do, then teach according to the example of our Lord Jesus." At the time of the persecution of St. John Chrysostom when the entire population was divided into two camps; one for and one against, Isidore sided with Chrysostom. Isidore lived long, glorifying Christ the God with his life and his writings. Isidore took up habitation in the kingdom of Christ in 436.

On the Sunday which falls during the After-feast of the Presentation (Meeting) of our Lord, we commemorate the Holy and Righteous Mothers of the Three Hierarchs: Emmelia (Basil the Great), Nona (Gregory the Theologian) and Anthousa (John Chrysostom). By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.



HOLY UNCTION SERVICE

Healing and prayer offered by the
Antiochian Orthodox Christian Diocese of New England

*"They followed Him, and He received them
and spoke to them about the kingdom of God,
and healed those who had need of healing."
-Luke 9:11*

SATURDAY, MARCH 9th at NOON

Presented at
St. Stephen Orthodox Church
44 Sewall St. Ludlow, MA
www.stsoc.org 413-474-1415

All are welcome!
