
St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, February 18, 2024

**Tone 4 / Eothinon 4; Seventeenth Sunday after
Pentecost & Seventeenth Sunday of Matthew
Leo the Great, pope of Rome; Agapitos the Confessor,
bishop of Synnada in Phrygia, and his companions**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)
Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)
Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee. Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FOUR: Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.

SCHEDULE:

- **Saturday, February 17**
 - 3:30 PM Book Club
 - 5:00 PM Vespers
- **Sunday, February 18**
 - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
 - Churching
 - 10:00 AM Divine Liturgy
 - Installation Of Church Officers
 - St. Martha & St. Mary Sisterhood Meeting
- **Saturday, February 24**
 - 3:30 PM Book Club
 - 5:00 PM Vespers
- **Sunday, February 25**
 - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy
 - Catechumen Gathering
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Seventeenth Sunday after Pentecost)

*O Lord, how magnified are Thy works. In wisdom hast Thou made them all.
Bless the Lord, O my soul.*

The Reading from the Second Epistle of St. Paul to the Corinthians. (6:16-7:1)
Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters," says the Lord Almighty. Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

THE GOSPEL

(For the Seventeenth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (15:21-28)

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her one word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

St. Martha & St. Mary Sisterhood: the Ladies have scheduled a meeting for Sunday February 18 to discuss planning activities for the coming year and for ladies month in March. Please have your coffee then meet back upstairs in the church. For more information contact: valerieirving@verizon.net

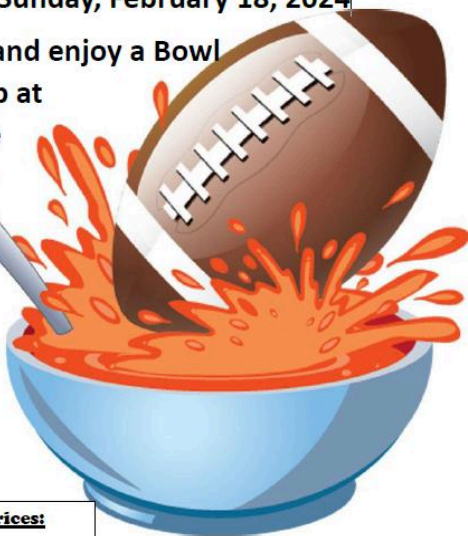
POST SOUPER BOWL SUNDAY - February 18

The Men's Group will be offering soup at the coffee hour. The funds raised will be used for the PLC 2024.

2024 Post-Souper Bowl

Sunday, February 18, 2024

Come and enjoy a Bowl
of Soup at
Coffee
Hour
or Get
One
to
Go.



Suggested Prices:

- Bowl \$5
- 16 oz container to go \$5
- 32 oz container to go \$10
- All Proceeds are for the Parish Life Conference
- Homemade Soup made by the Men's Group

Please bring a canned good for the
Family Pantry of Cape Cod



CATECHUMEN GATHERING

People interested in joining the Orthodox Church will meet Sunday, February 25 after liturgy. Please come to explore the process, traditions, and the beliefs of the church. If you would like to attend contact Fr. James so he can email you materials for the meetings.

DIOCESE SCHOLARSHIP

If your child will be graduating from High School this year, please contact Fr. James.

New Teen SOYO Newsletter

NAC Teen SOYO has started a new e-newsletter and is available on the Teen SOYO website at <https://www.teensoyo.org/the-word-from-soyo>

DIOCESE TEEN SOYO ICE SKATING - Saturday, March 2

All teens from the Diocese in grades 7-12 are invited to a day of ice skating, fellowship and vespers!

Tentative Event Schedule:

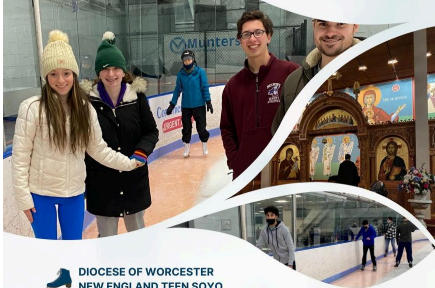
- 2:00 PM - Ice Breakers & Lunch
- 3:30 PM - Get in Cars
- 3:40 PM - Ice Skating @ JIM ROCHE ARENA (1275 VFW Pkwy, West Roxbury, MA)
- 5:30 PM - Return to St. John's
- 6:00 PM - Vespers
- 6:30 PM - Pickup & Farewell

Please email

downeyouthdirector@gmail.com

with any questions or concerns.

Please register by February 24th here:



**DIOCESE OF WORCESTER
NEW ENGLAND TEEN SOYO**

ICE SKATING

All teens 7th-12th grade are invited to join us for a day of ice skating, fellowship & vespers!

MARCH 2ND, 2024 @ 2PM

ST. JOHN'S DEDHAM
300 WEST ST DEDHAM MA, 02026
& JIM ROCHE ICE ARENA

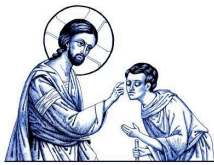
<https://forms.gle/HfYvEoHkxfctHoS9BQ8>

CLICK LINK OR SCAN CODE TO SIGN UP!

Questions? email downeyouthdirector@gmail.com

<https://docs.google.com/forms/d/e/1FAIpQLSeLnv3JWw5980S9tFaUkEEUY90wZ2NcJAMgiVQhV5DkNOlz6g/viewform>

HOLY UNCTION SERVICE - MAR 9 **at Noon at St. Stephen Ludlow**



HOLY UNCTION SERVICE

Healing and prayer offered by the
Antiochian Orthodox Christian Diocese of New England

*"They followed Him, and He received them
and spoke to them about the kingdom of God,
and healed those who had need of healing."
- Luke 9:11*

SATURDAY, MARCH 9th at NOON
Presented at

St. Stephen Orthodox Church
44 Sewall St. Ludlow, MA
www.stsoc.org 413-474-1415

All are welcome!

FORGIVENESS SUNDAY - MAR 17 **at 5 PM at St. George Norwood**

Forgiveness
Sunday:
March 17th
5:00 pm
Saint George
Norwood



*His Grace Bishop John
The Clergy of New England
& the Antiochian Women*

INVITE YOU TO JOIN US


**VESPERS & A LENTEN REFLECTION
FROM SAIDNA**

A Cheese-fare Reception
follows



LENTEN RETREAT & FAMILY DAY - **APR 5&6 at St George W Roxbury**

April 5 at 6 PM - Akathist Service
followed by Fr. Michael Elias
speaking with the Teen SOYO.



Antiochian Orthodox
Diocese of New England


LENTEN RETREAT & FAMILY DAY

**"Orthodox Ethics at Every
Stage of Life: Practical
Thinking About Life Issues"**


Friday, April 5th
Saint George, Norwood
6:00 Akathist & Talk for Teen SOYO

Saturday, April 6th
Saint George, West Roxbury
9:00 Divine Liturgy
Breakfast & First Session
Family Day activities begin
Lunch, Second Session, Q & A
Vespers

Advance Reigstration Required



<https://Diocese-retreat.eventbrite.com>
Friday Night - Free
Saturday Adults - \$30 / Children - Free
Questions: Contact Kh. Erin Kimmelt



Retreat Speaker:
Archpriest Michael Elias
Pastor, Saint Mary Church
Bay Ridge, NY

Sponsored by the
Diocesan Council
& Antiochian Women

PARISH LIFE CONFERENCE 2024 - **JUN 21-23, Hotel 1620 Plymouth** **Hosted by St. Michael Church**

**DIOCESE OF WORCESTER &
NEW ENGLAND**

PARISH LIFE CONFERENCE

HOSTED BY:
ST. MICHAEL THE ARCHANGEL CHURCH (COTUIT, MA)

2024



CO-CHAIR
BISHOP JOHN

SENIORITE
OFFICER
**Fr. TED
PULCINI**

WOMEN'S
OFFICER
**MICHAEL
BAGLIO**







JUNE 21 - 23, 2024

Along with yearly events like Bible Bowl, exciting events await!

- Enhanced to Christ - Seven Deadly Sins: Slush with Anthony Bashir & Richard Robbott
- Meet & Greet Reception
- Men's Workshop: Introducing "The Antiochian Man"
- SOYO Beach Event at Nelson Memorial Park
- Children's Walking Tour of Plymouth & Mayflower II
- Movie Night "Man of God"
- Sunset Cruise, Dinner & Dance
- Hierarchical Divine Liturgy for the Great Feast of Pentecost

Something for everyone! Something for you!
See the full schedule of events and register here:

WWW.WORCESTERPLC.ORG

hotel 1620
PLYMOUTH HARBOR



Hotel1620.com

SUNSET CRUISE, DINNER & DANCE



THE SYNAXARION

On February 18 in the Holy Orthodox Church, we commemorate our father among the saints, Leo the Great, pope of Rome.

Verses

*Pouring forth his soul, divine and godly Leo
Poureth dread and terror into hordes of demons.*

On the eighteenth Leo poured forth his soul.

Leo was born in Italy in 400 of devout parents, becoming Pope of Rome in 440. When Attila, with his Huns, drew near to burn Rome, Leo came out before him in his episcopal vestments. Leo subdued the wrath of Attila and averted the destruction of Rome. Attila allowed himself to be counseled by this holy man, but was also frightened by a vision of the Apostles Peter and Paul, who stood alongside Leo and threatened him with flaming swords. Leo also saved Orthodoxy from the heresy of Eutyches and Dioscorus. They erroneously taught the merger of the divine and human natures of Christ into one and, consequently, the denial of the two wills in the person of the Son. Because of this, the Fourth Ecumenical Council was convened in Chalcedon in 451, at which time the tome of Leo the Great was read and the Council condemned this heresy. This saint peacefully reposed in the Lord in 461.

On this day, we also commemorate Agapitos the Confessor, bishop of Synnada in Phrygia, and his companions. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

PARISH LIFE CONFERENCE 2024

St Michael the Archangel of Cape Cod is very excited to host DOWNE 2024 PLC in Plymouth MA Jun 21-23. Join your Diocesan family as we come together in worship and love to grow in our Faith.

- The Hotel 1620 link www.hotel1620.com is now live for your reservations. Book early with the group code **SMPLC365**
- The event registration link www.worcesterplc.org is live, please, register.
- Please book your sunset boat dinner cruise early. Limited spots are available.