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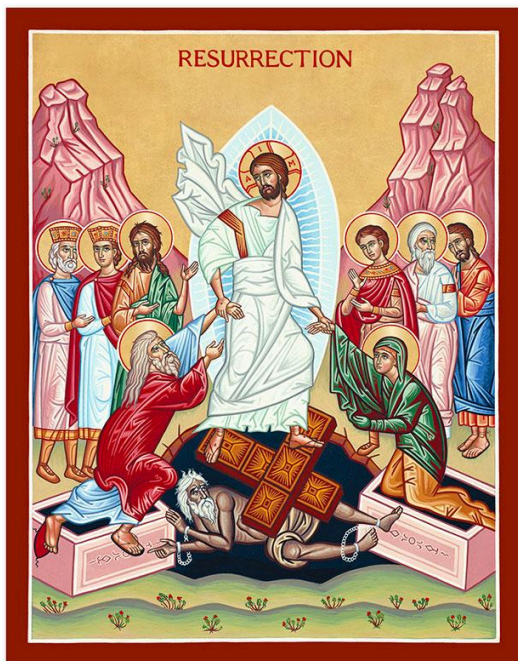
## **St. Michael the Archangel Antiochian Orthodox Church**

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org),

e-mail: [stmichael@stmichaelcapecod.org](mailto:stmichael@stmichaelcapecod.org)

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**Sunday, May 5, 2024**

**Sunday of Great and All-Holy Pascha**

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**Hierarchs and Parish Clergy:**

**His Eminence Metropolitan SABA (Isper)**

*Antiochian Archdiocese of North America*

**His Grace Bishop JOHN (Abdalah)**

*Bishop of the Diocese of Worcester & New England*

**Father James Irving, Pastor**

**Subdeacon Joseph Boruch**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

PASCHAL APOLYTIKION IN TONE FIVE: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life!

HYPAKOE OF PASCHA IN TONE FOUR: When they who were with Mary came, anticipating the dawn, and found the stone rolled away from the sepulcher, they heard from the Angel: Why seek ye among the dead, as though He were mortal man, Him Who abideth in everlasting light? Behold the grave-clothes. Go quickly and proclaim to the world that the Lord is risen, and hath put death to death. For He is the Son of God, Who saveth the race of man.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### THE ANTI-TRISAGION HYMN

As many of you as have been baptized into Christ have put on Christ. Alleluia. (THRICE)

### MEGALYNARION FOR PASCHA IN TONE ONE

*The Angel cried unto her that is full of grace: O pure Virgin, rejoice, and again I say, rejoice; for thy Son hath arisen from the grave on the third day. Shine, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Zion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.*

### KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

*Albanian*: Krishti Ungjall! Vertete Ungjall!

*Arabic*: Al Maseeh Qam! Haqqan Qam!

*English*: Christ is Risen! Truly He is Risen!

*French*: Le Christ est Resucité! Vraiment est Resucité!

*Greek*: Christos Anesti! Alithos Anesti!

*Polish*: Khristus Zmartvikstau! Zaiste Zmartvikstau!

*Portuguese*: Christo Ressuscitou! Em Verdade Ressuscitou!

*Romanian*: Hristos a Inviat! Adevarat a Inviat!

*Russian*: Khristos Voskres! Voistinu Voskres!

*Spanish*: Cristo ha resucitado! En verdad ha resucitado!

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**The Mission of St Michael the Archangel Orthodox Church** is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

**SCHEDULE:**

- **Holy Thursday, May 2**
  - 5:00 PM Service of 12 Passion Gospels - Procession of the Cross
- **Holy Friday, May 3**
  - 9:00 AM Great (Royal) Hours
  - 4:00 PM Great Vespers for Holy Saturday
  - 6:00 PM Orthos with Lamentations for Holy Saturday - Procession of the Sepulcher
- **Holy Saturday, May 4**
  - 9:00 AM Vespersal Divine Liturgy of St Basil the Great with Baptism and Chrismation
  - 10:00 PM Rush Service, **PASCHAL Orthos & Divine Liturgy**  
**Great and Holy Pascha!**
- **PASCHA Sunday, May 5**
  - 12:00 PM Noon Agape Service
- **Saturday, May 11**
  - **No Vespers at St. Michael**
  - 5:30 pm Vespers at Paraclete Retreat House, **Orleans, MA**
- **Sunday, May 12**
  - 9:00 AM Orthos / Church School/ 9:15 AM Bible Study for Kids 10+
  - 10:00 AM Divine Liturgy

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

***Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!***

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## THE EPISTLE

*This is the day which the Lord hath made; let us rejoice and be glad therein!  
O give thanks unto the Lord, for He is good; His mercy endureth forever.*

### **The Reading from the Acts of the Apostles. (1:1-8)**

In the first book, O Theophilus, I have dealt with all that Jesus began to do and teach, until the day when He was taken up, after He had given commandment through the Holy Spirit to the Apostles whom He had chosen. To them He presented Himself alive after His passion by many proofs, appearing to them during forty days, and speaking of the kingdom of God. And while staying with them He charged them not to depart from Jerusalem, but to wait for the promise of the Father, which, He said, "You heard from Me; for John baptized with water, but before many days you shall be baptized with the Holy Spirit." So when they had come together, they asked Him, "Lord, will you at this time restore the kingdom to Israel?" He said to them, "It is not for you to know times or seasons which the Father has fixed by His own authority. But you shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the end of the earth."

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (1:1-17)**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God; all things were made through Him, and without Him was not anything made that was made. In Him was life, and the life was the light of men. The light shines in the darkness, and the darkness has not overcome it. There was a man sent from God, whose name was John. He came for testimony, to bear witness to the light, that all might believe through him. He was not the light, but came to bear witness to the light. The true light that enlightens every man was coming into the world. He was in the world, and the world was made through Him, yet the world knew Him not. He came to His own home, and His own people received Him not. But to all who received Him, who believed in His Name, He gave power to become children of God; who were born, not of blood, nor of the

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will of the flesh, nor of the will of man, but of God. And the Word became flesh and dwelt among us, full of grace and truth; we have beheld His glory, glory as of the only Son from the Father. (John bore witness to Him, and cried, "This was He of Whom I said, 'He Who comes after me ranks before me, for He was before me.'") And from His fullness have we all received, grace upon grace. For the law was given through Moses; grace and truth came through Jesus Christ.

**DOWNE SOYO SPRING OUTING: MAY 27**

The Diocese will have its final event of the year on Monday, May 27th. To wrap up the year we will have a barbeque, yard games, and a spiritual reflection. The event will be at 3:00 PM at St. George in Worcester and food will be provided. Sign-up link:

[https://docs.google.com/forms/d/1MfddAScDc6f-F6foS0zhk\\_mNKTFy0FJv3uOeJRVZRP/edit](https://docs.google.com/forms/d/1MfddAScDc6f-F6foS0zhk_mNKTFy0FJv3uOeJRVZRP/edit)





## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PASCHA POTLUCK** - Please join us in breaking the fast in the wee hours of Sunday morning after the Paschal Liturgy! Bring your favorite foods to share as we enjoy this time of celebration and fellowship together!

### **OUTREACH THANK YOU**

Thank you to all who contributed to our homeless care blessing bags. We received many thank yous from officers when we dropped them off to the Falmouth Police Department.

### **FOOD FOR HUNGRY**

Please return the food for hungry boxes you used to collect loose change. Thank you for your support of those who are in need.



### **ORDER OF ST. IGNATIUS**

If anyone is interested in joining St. Ignatius at the PLC Conference, or would like more information, please contact Kh. Valerie at [valerieirving@verizon.net](mailto:valerieirving@verizon.net) or 781-727-4621.

### **SPRING MEN'S RETREAT: MAY 10-11 IN ORLEANS, MA**

Save the date for the Spring Men's Retreat at the Paraclete House, Orleans, MA on Fri, May 10 - Sat, May 11, 2024. The cost for overnight accommodation is \$125 which includes room and 3 meals. The weekend will start Friday afternoon and conclude Saturday afternoon. Come and enjoy fellowships, worship and discussions to strengthen our Faith. Worship will be in the Western Rite and Eastern Rite. Please email Fr. James Irving at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com) with any questions or to participate in the event.

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entered the tomb, they found only the winding sheets. Therefore, they returned again to the city with joy, as heralds now of the supernatural Resurrection of Christ, Who in truth was seen alive by the disciples on this day on five occasions.

Our Lord, then, was crucified, died, and was buried on Friday, before the setting of the sun, which was the first of His "three days" in the grave; observing the mystical Sabbath, that "seventh day" in which it is said that the Lord "rested from all His works" (Gen. 2:2-3), He passed all of Saturday in the grave; and He arose "while it was yet dark, very early in the morning" on Sunday, the third day, which, according to the Hebrew reckoning, began after sunset on Saturday.

As we celebrate today this joyous Resurrection, we greet and embrace one another in Christ, thereby demonstrating our Savior's victory over death and corruption, and the destruction of our ancient enmity with God, and His reconciliation toward us, and our inheritance of life everlasting. The feast itself is called Pascha, which is derived from the Hebrew word which means "passover"; because Christ, Who suffered and arose, has made us to pass over from the curse of Adam and slavery to the devil and death unto our primal freedom and blessedness. In addition, this day of this particular week, which is the first of all the rest, is dedicated to the honor of the Lord; in honor and remembrance of the Resurrection, the Apostles transferred to this day the rest from labor that was formerly assigned to the Sabbath of the ancient Law.

To Him be glory and power for ever and ever. Amen.

### **Save the Date!**

- May 10-12: St. George Weekend Festivities at West Roxbury
- May 10-11: Men's Retreat in Orleans, MA
- May 27, 3 PM: DOWNE SOYO Spring Outing at St. George, Worcester
- June 21-23: Parish Life Conference 2024 in Plymouth, MA

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**If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com).**

**Fr. James is available for confession by appointment.**

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