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## **St. Michael the Archangel Antiochian Orthodox Church**

62 Main Street, Cotuit, MA 02635

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**Sunday, May 12, 2024**

**New Sunday or Anti-Pascha  
Sunday of Thomas the Apostle,  
Called "The Twin"**

**Germanos, patriarch of Constantinople;  
Epiphanius, bishop of Cyprus**

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**Hierarchs and Parish Clergy:**

**His Eminence Metropolitan SABA (Isper)**  
*Antiochian Archdiocese of North America*

**His Grace Bishop JOHN (Abdalah)**

*Bishop of the Diocese of Worcester & New England*

**Father James Irving, Pastor**

**Subdeacon Joseph Boruch**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

APOLYTIKION FOR THOMAS SUNDAY IN TONE SEVEN: While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### TRISAGION PRAYER

*English:* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic:* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek:* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Slavonic:* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR THOMAS SUNDAY IN TONE ONE: O most radiant lamp, the Theotokos, the immeasurable honor, which is more exalted than all creatures, with praises do we magnify thee.

KOINONIKON (COMMUNION HYMN) OF THOMAS SUNDAY (Psalm 147:1)

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia.

*Albanian:* Krishti Ungjall! Vertete Ungjall!

*Arabic:* Al Maseeh Qam! Haqqan Qam!

*English:* Christ is Risen! Truly He is Risen!

*French:* Le Christ est Resucité! Vraiment est Resucité!

*Greek:* Christos Anesti! Alithos Anesti!

*Polish:* Khristus Zmartvikstau! Zaiste Zmartvikstau!

*Portuguese:* Christo Ressuscitou! Em Verdade Ressuscitou!

*Romanian:* Hristos a Inviat! Adevarat a Inviat!

*Russian:* Khristos Voskres! Voistinu Voskres!

*Spanish:* Cristo ha resucitado! En verdad ha resucitado!

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and**

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people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.* **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

**SCHEDULE:**

- **Saturday, May 11**
  - **No Vespers at St. Michael**
  - 5:30 PM Vespers at Paraclete Retreat House, **Orleans, MA**
- **Sunday, May 12**
  - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
  - 10:00 AM Divine Liturgy
  - SOYO Meeting
- **Saturday, May 18**
  - 5:00 PM Vespers
- **Sunday, May 19**
  - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
  - 10:00 AM Divine Liturgy
  - St. Martha & St. Mary Sisterhood Meeting
  - 2:00 PM Baptism

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

***Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!***

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## THE EPISTLE

*Great is our Lord, and great is His strength.*

*Praise ye the Lord, for the Lord is good.*

### **The Reading from the Acts of the Holy Apostles. (5:12-20)**

In those days, many signs and wonders were done among the people by the hands of the apostles; and they were all with one accord in Solomon's porch. None of the rest dared to join them, but the people magnified them. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the cities around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the chief priest rose up and all who were with him, that is, the sect of the Sadducees, and filled with jealousy they laid their hands on the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said: "Go and stand in the temple and speak to the people all the words of this Life."

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (20:19-31)**

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be to you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be to you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days

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later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be to you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Thomas, you have believed because you have seen Me. Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

**PARISH DIRECTORY** The Parish Directory team is working on finalizing details for our 2024 Parish Directory. The directory will not be posted online or on any social media. It is just a printed tool for our parish family to have contact information and see faces with names in an effort to create a stronger sense of community. Pictures will be taken May 12 & 19. We would like to be finished with all photos by the end of May so we can start working on formatting.

### **ORDER OF ST. IGNATIUS**

If anyone is interested in joining St. Ignatius at the PLC Conference, or would like more information, please contact Kh. Valerie at [valerieirving@verizon.net](mailto:valerieirving@verizon.net) or 781-727-4621.

### **DOWNE SOYO SPRING OUTING: MAY 27**

The Diocese will have its final event of the year on Monday, May 27th. To wrap up the year we will have a barbeque, yard games, and a spiritual reflection. The event will be at 3:00 PM at St. George in Worcester and food will be provided. If you have questions, reach out to Michael Houssan [Michaelhoussan@gmail.com](mailto:Michaelhoussan@gmail.com)



## PARISH LIFE CONFERENCE 2024

St Michael the Archangel of Cape Cod is hosting DOWNE 2024 PLC in Plymouth on June 21-23.

- The event registration link is [www.worcesterplc.org](http://www.worcesterplc.org) please, register.
- Please book your sunset boat dinner cruise early. Limited spots are available.

If you need help with registration, please reach out to Soraya on May 12, 19 and 26.

**DIocese OF WORCESTER & NEW ENGLAND**

**PARISH LIFE CONFERENCE 2024**

HOSTED BY:  
ST. MICHAEL THE ARCHANGEL CHURCH (COTUIT, MA)

**HIS GRACE BISHOP JOHN**

**KEYNOTE SPEAKER FR. TED PULCINI**

**MEN'S WORKSHOP SPEAKER MICHAEL BAGLIO**

**JUNE 21 - 23, 2024**

Along with yearly events like Bible Bowl, exciting events await:

- From Time to Time: Servant, Shepherd, Steward, Prophet by Anthony Bashir & Richard Robbat
- Meet & Greet Reception
- Men's Workshop: Introducing "The Antiochian Men"
- SOYO Beach Event at Nelson Memorial Park
- Family Walking Tour of Plymouth and Mayflower II
- Movie Night "Man of God"
- Sunset Cruise, Dinner & Dance
- Hierarchical Divine Liturgy for the Great Feast of Pentecost

Something for everyone! Something for you!  
See the full schedule of events and register here:

[WWW.WORCESTERPLC.ORG](http://WWW.WORCESTERPLC.ORG)

**hotel 1620**  
PLYMOUTH HARBOR

Hotel1620.com

**SUNSET CRUISE, DINNER & DANCE**  
LIMITED SPOTS - \$5 ONLY!

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## THE SYNAXARION

On May 12 in the Holy Orthodox Church, we commemorate Germanos, patriarch of Constantinople; and Epiphanius, bishop of Cyprus.

On this day, the second Sunday of Pascha, we inaugurate the celebration of Christ's Resurrection, and the occasion whereon the Holy Apostle Thomas touched the Savior's side.

### **Verses**

*If the seals of the Virgin's womb and of the grave did not hinder Thee,  
How could the seals of the doors hinder Thy might, O Savior?*

This day is called New Sunday, Thomas Sunday or Anti-Pascha. The last term means "in place of Pascha" because Thomas did not immediately hear of Christ's Resurrection and disbelieved it. Starting with this day, the Church dedicates Sunday to the celebration of the Resurrection.

As the Disciples were gathered on Pascha, Jesus entered and greeted them in His usual way, saying, "Peace be unto you." Then He showed them His hands, feet and side. Jesus ate with His Disciples and reassured them of His Resurrection. However, Thomas was not with them at that time, and insisted upon seeing the Savior's wounds—the print of the nails in His hands and feet, and the spear in His side—before he would believe that Jesus was risen. Eight days later, Christ appeared again to the Disciples, this time with Thomas present. The Master told Thomas to see and feel His wounds. Then Thomas immediately cried out, "My Lord and my God!" But Jesus tells His Disciples, "Blessed are those who have not seen and yet believe." This event also clearly illustrates the human and divine Natures of Christ.

By the intercessions of Thine Apostle Thomas, O Christ our God, have mercy on us. Amen.

### **Save the Date!**

- May 27, 3 PM: DOWNE SOYO Spring Outing at St. George, Worcester
- June 21-23: Parish Life Conference 2024 in Plymouth, MA

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**If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com).**

**Fr. James is available for confession by appointment.**

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