
St. Michael the Archangel Antiochian Orthodox Church

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Sunday, May 19, 2024

Sunday of the Myrrh-Bearing Women, Pious Joseph of Arimathaea & Righteous Nicodemus

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF JOSEPH OF ARIMATHAEA IN TONE TWO: The noble Joseph, taking Thine immaculate Body down from the Tree, and having wrapped It in pure linen and spices, laid It for burial in a new tomb. But on the third day Thou didst arise, O Lord, granting to the world Great Mercy.

APOLYTIKION OF THE MYRRH-BEARING WOMEN IN TONE TWO: Unto the myrrh-bearing women did the Angel cry out as he stood by the grave: Myrrh-oils are meet for the dead, but Christ hath proved to be a stranger to corruption. But cry out: The Lord is risen, granting to the world Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR PASCHA IN TONE ONE: *The Angel cried unto her that is full of grace: O pure Virgin, rejoice, and again I say, rejoice; for thy Son hath arisen from the grave on the third day.*

Shine, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Zion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service.* **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION**

SCHEDULE:

- **Saturday, May 18**
 - 5:00 PM Vespers
 - **Sunday, May 19**
 - 9:00 AM Orthros / Church School/ 9:15 AM Bible Study for Kids 10+
 - 10:00 AM Divine Liturgy
 - 2:00 PM Baptism
- *** SUMMER SCHEDULE BEGINS *****
- **Saturday, May 25**
 - 7:00 PM Vespers
 - **Sunday, May 26**
 - 8:30 AM Orthros / 8:45 AM Bible Study for Kids 10+
 - 9:30 AM Divine Liturgy
 - Memorial Weekend Bake Sale
 - St. Martha & St. Mary Sisterhood Meeting
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

The Lord is my strength and my song.

With chastisement has the Lord chastened me.

The Reading from the Acts of the Holy Apostles. (6:1-7)

In those days, when the number of the disciples was multiplying, the Hellenists murmured against the Hebrews because their widows were neglected in the daily ministry. And the twelve summoned the multitude of the disciples and said: "It is not right that we should forsake the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good report, full of the Spirit and of wisdom, whom we may appoint to this duty. And we will devote ourselves to prayer and to the ministry of the word." And the saying pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Próchoros, and Nikánor, and Tímon, and Parmenás, and Nikólaos a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied in Jerusalem exceedingly, and a great company of the priests were obedient to the faith.

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (15:43-16:8)

At that time, Joseph of Arimathaea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if He were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that He was dead, he granted the body to Joseph. And he bought a linen shroud, and taking Him down, wrapped Him in the linen shroud, and laid Him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where He was laid. And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint Jesus. And very early in the morning, on the first day of the week, they

came to the tomb at the rising of the sun. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back – it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a long white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, Who was crucified. He is risen; He is not here; see the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out quickly and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Albanian: Krishti Ungjall! Vertete Ungjall!

Arabic: Al Maseeh Qam! Haqqan Qam!

English: Christ is Risen! Truly He is Risen!

French: Le Christ est Resucité! Vraiment est Resucité!

Greek: Christos Anesti! Alithos Anesti!

Polish: Khristus Zmartvikstau! Zaiste Zmartvikstau!

Portuguese: Christo Ressuscitou! Em Verdade Ressuscitou!

Romanian: Hristos a Inviat! Adevarat a Inviat!

Russian: Khristos Voskres! Voistinu Voskres!

Spanish: Cristo ha resucitado! En verdad ha resucitado!



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

Dear Brothers and Sisters In Christ,

Christ is Risen! As you know from the many announcements in the bulletin and in church, St. Michael is honored to have been selected to host the diocesan Parish Life Conference on June 21-23 at Hotel 1620 in Plymouth, Massachusetts. As host parish of the PLC we have both a service and financial obligation to make it successful. Through it, if we meet our expenses, the church shares in 55% of conference profits.

Our PLC committee, to keep costs for conference attendees at an affordable level and meet conference costs, set out to raise at least \$27,000 in sponsorships from individuals within and businesses serving our diocesan family. We have appealed to over 150 individuals and businesses throughout the diocese and are pleased to announce that, to date, we have raised nearly \$24,000, representing 85% of the goal.

And now we are asking our parish to step forward and take us over that goal. We encourage you to make your donations on the Parish Life Conference registration page on the Diocese of Worcester and New England Homepage at Antiochian.org.

We recognize and are deeply grateful for everything each of you do every day to support St. Michael. If you can give a bit more of yourselves toward our goal, we welcome it.

Rick Bardine and Soraya Bandeli

Co-Chairs DOWNE Parish Life Conference

PARISH LIFE CONFERENCE 2024

St Michael the Archangel of Cape Cod is hosting DOWNE 2024 PLC in Plymouth on June 21-23.

- The event registration link is www.worcesterplc.org please, register.
- Please book your sunset boat dinner cruise early. Limited spots are available.

If you need help with registration, please reach out to Soraya on May 19 and 26.

DIocese OF WORCESTER & NEW ENGLAND

PARISH LIFE CONFERENCE

HOSTED BY:
ST. MICHAEL THE ARCHANGEL CHURCH (COTUIT, MA)

2024

with Bishop JOHN

Event Chairs: RICK BARDINE and SORAYA BANDELI

June 21 - 23, 2024

Hotel 1620
PLYMOUTH HARBOR

Along with meals, events like Bible Study, meditation events, sunset cruise, Holy Eucharist, Mass, Service, Shepherd, Outreach Program by Anthony Bialik & Richard Robbert

- Mass & Eucharist
- Men's Workshop: Introducing "The Antiochian Way"
- SOCCO Retreat Dinner at Harbor View Hotel
- Family Working Tour of Plymouth and Matfower II
- Men's High "Year of God"
- Sunset Cruise Dinner & Dinner
- "Harmonious Divine Energy for the Great Feast of Pentecost"

Something for everyone! Something for you!

See the full schedule of events and register here

WWW.WORCESTERPLC.ORG

SUNSET CRUISE DINNER & CRUISE

PARISH DIRECTORY The Parish Directory team is working on finalizing details for our 2024 Parish Directory. The directory will not be posted online or on any social media. It is just a printed tool for our parish family to have contact information and see faces with names in an effort to create a stronger sense of community. Pictures will be taken May 26. We would like to be finished with all photos by the end of May so we can start working on formatting.

ORDER OF ST. IGNATIUS

If anyone is interested in joining St. Ignatius at the PLC Conference, or would like more information, please contact Kh. Valerie at valerieirving@verizon.net or 781-727-4621.

DOWNE SOYO SPRING OUTING: MAY 27

The Diocese will have its final event of the year on Monday, May 27th. To wrap up the year we will have a barbeque, yard games, and a spiritual reflection. The event will be at 3:00 PM at St. George in Worcester and food will be provided. If you have questions, reach out to Michael Houssan Michaelhoussan@gmail.com



ST. GEORGE ANTIOCHIAN ORTHODOX CATHEDRAL WOOSOX OUTING

We have purchased 30 tickets for our annual WooSox parish outing for Friday, May 24th. These are the same great tickets we've had in the 3rd base field box and since it's a Friday game, it will be followed by a huge fireworks show.

Tickets are \$19 and include a \$2 credit to use in the ballpark.

Purchase Tickets at

<https://giving.myamplify.io/App/Form/4b66d42c-5983-4439-bf75-9948d3e8da6e>



THE SYNAXARION

On May 19 in the Holy Orthodox Church, we commemorate the Hieromartyr Patrick, bishop of Prussa and his companions the priest-martyrs Acacius, Menander and Polyaenus.

On this day, the third Sunday of Pascha, we celebrate the feast of the holy Myrrh-bearing women. And we also commemorate Joseph of Arimathaea, the secret disciple, and Nicodemus, the disciple by night

Verses

*Christ is brought myrrh by the wise women disciples;
And to them, I bring a hymn as myrrh in offering.*

The women went to Christ's tomb on Holy Pascha to anoint His body, only to discover it empty. We know the names of only eight of these women: Mary the Theotokos, the "mother" of James and Joses, who were the sons of Joseph the Betrothed from his previous marriage (Matt. 27:56 and Mark 15:40); Mary Magdalene; Mary, the wife of Cleopas; Joanna the wife of Chuza; Salome the mother of the sons of Zebedee; Susanna; and Mary and Martha, the sisters of Lazarus. Joseph was a rich and noble man, and a member of the Privy Council of Jerusalem. He dared to ask Pilate for the undefiled body of our Savior, which he took and buried in his own new tomb. Accompanying Joseph to the sepulcher was Nicodemus, a Jerusalemite who was one of the leaders of the Pharisees. Nicodemus brought 100 pounds of myrrh and aloes to scent and embalm the body of Christ.

By the intercessions of the holy Myrrh-bearers, Joseph of Arimathaea and Nicodemus, and all Thy Saints, O Christ God, have mercy on us. Amen.

Save the Date!

- May 24: WooSox outing
- May 27, 3 PM: DOWNE SOYO Spring Outing at St. George, Worcester
- June 21-23: Parish Life Conference 2024 in Plymouth, MA
- July 10-14: Sacred Music Institute

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at

dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
