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## **St. Michael the Archangel Antiochian Orthodox Church**

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**Sunday, May 26, 2024**

**Tone 3 / Eothinon 5;**

**Fourth Sunday of Pascha**

**Sunday of the Paralytic**

**Apostle Karpos of the Seventy; Apostle Alphaeus  
and his children, Martyrs Abercius and Helen**

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**Hierarchs and Parish Clergy:**

**His Eminence Metropolitan SABA (Isper)**

*Antiochian Archdiocese of North America*

**His Grace Bishop JOHN (Abdalah)**

*Bishop of the Diocese of Worcester & New England*

**Father James Irving, Pastor**

**Subdeacon Joseph Boruch**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PASCHA IN TONE EIGHT: Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### TRISAGION PRAYER

*English:* Holy God, Holy Mighty, Holy Immortal, have Mercy on us

*Arabic:* Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek:* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

*Slavonic:* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

MEGALYNARION FOR PARALYTIC SUNDAY IN TONE ONE: *The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.*

We believers in unison bless thee, O Virgin, crying: Rejoice, O gate of the Lord. Rejoice, O living city. Rejoice, O thou from whom didst rise upon us from the dead the Light of Resurrection, He Who was born of thee.

### KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

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**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

**SCHEDULE:**

**\*\*\* SUMMER SCHEDULE BEGINS \*\*\***

- **Saturday, May 25**
  - 7:00 PM Vespers
- **Sunday, May 26**
  - 8:30 AM Orthros / 8:45 AM Bible Study for Kids 10+
  - 9:30 AM Divine Liturgy
  - Memorial Weekend Bake Sale
  - St. Martha & St. Mary Sisterhood Meeting
  - Choir Rehearsal
- **Saturday, June 1**
  - 7:00 PM Vespers
- **Sunday, June 2**
  - 8:30 AM Orthros / 8:45 AM Bible Study for Kids 10+
  - 9:30 AM Divine Liturgy
  - Teen SOYO Meeting
  - Outreach Meeting

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

***Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!***

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## THE EPISTLE

*O chant unto our God, chant ye. Clap your hands, all ye nations.*

### **The Reading from the Acts of the Holy Apostles. (9:32-42)**

In those days, as Peter went throughout all regions, he came down also to the saints who dwelt at Lydda. There he found a certain man named Aeneas, who was bedridden for eight years and paralyzed. And Peter said to him: "Aeneas, Jesus Christ heals you; arise and make your bed." And immediately he arose. And all who dwelt at Lydda and Sharon saw him, and they turned back to the Lord. Now there was at Joppa a certain disciple named Tabitha (which means Gazelle). She was full of good works and of charitable deeds which she did. And it came to pass in those days that she fell sick and died; and when they had washed her, they placed her in an upper chamber. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him: "Come to us without delay!" So Peter arose and went with them. And when he arrived, they took him into the upper chamber. All the widows stood by him weeping, showing the tunics and other garments which Tabitha made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body, he said: "Tabitha, arise!" And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand, and raised her up. Then he called the saints and widows and presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John. (5:1-15)**

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him,

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“Do you want to be healed?” The sick man answered Him, “Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me.” Jesus said to him, “Rise, take up your pallet, and walk.” And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, “It is the Sabbath, it is not lawful for you to carry your pallet.” But he answered them, “The man who healed me said to me, ‘Take up your pallet, and walk.’” They asked him, “Who is the man who said to you, ‘Take up your pallet, and walk?’” Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, “See, you are well! Sin no more, that nothing worse befalls you.” The man went away and told the Jews that it was Jesus Who had healed him.

*Albanian:* Krishti Ungjall! Vertete Ungjall!

*Arabic:* Al Maseeh Qam! Haqqan Qam!

*English:* Christ is Risen! Truly He is Risen!

*French:* Le Christ est Resucité! Vraiment est Resucité!

*Greek:* Christos Anesti! Alithos Anesti!

*Polish:* Khristus Zmartvikstau! Zaiste Zmartvikstau!

*Portuguese:* Christo Ressuscitou! Em Verdade Ressuscitou!

*Romanian:* Hristos a Inviat! Adevarat a Inviat!

*Russian:* Khristos Voskres! Voistinu Voskres!

*Spanish:* Cristo ha resucitado! En verdad ha resucitado!

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

### MEMORIAL DAY BAKE SALE

Please bake something or buy something to support the women's group.

### PARISH DIRECTORY

The Parish Directory team is working on finalizing details for our 2024 Parish Directory. The directory will not be posted online or on any social media. It is just a printed tool for our parish family to have contact information and see faces with names in an effort to create a stronger sense of community. Pictures will be taken May 26. We would like to be finished with all photos by the end of May so we can start working on formatting.

### DOWNE SOYO SPRING OUTING: MAY 27

The Diocese will have its final event of the year on Monday, May 27th. To wrap up the year we will have a barbeque, yard games, and a spiritual reflection. The event will be at 3:00 PM at St. George in Worcester and food will be provided. If you have questions, reach out to Michael Houssan [Michaelhoussan@gmail.com](mailto:Michaelhoussan@gmail.com)

### SPRING 2024 MEETINGS OF THE ARCHDIOCESE

*"I don't want us to be a routine Archdiocese, but a dynamic one. We have new projects now and in the immediate future."*

Under the leadership of His Eminence Metropolitan Saba, the Archdiocesan Bishops, Board of Trustees, Antiochian Village Council, and Governing Council of The Order of St. Ignatius of Antioch held their spring meetings at the Antiochian Village from May 16-18, 2024.

Joining His Eminence were Their Graces, Bishop Thomas, Bishop John, Bishop Anthony and Bishop Nicholas. They convened to address pastoral concerns in the parishes.



Dear Brothers and Sisters In Christ,

Christ is Risen! As you know from the many announcements in the bulletin and in church, St. Michael is honored to have been selected to host the diocesan Parish Life Conference on June 21-23 at Hotel 1620 in Plymouth, Massachusetts. As host parish of the PLC we have both a service and financial obligation to make it successful. Through it, if we meet our expenses, the church shares in 55% of conference profits.

Our PLC committee, to keep costs for conference attendees at an affordable level and meet conference costs, set out to raise at least \$27,000 in sponsorships from individuals within and businesses serving our diocesan family. We have appealed to over 150 individuals and businesses throughout the diocese and are pleased to announce that, to date, we have raised nearly \$24,000, representing 85% of the goal.

And now we are asking our parish to step forward and take us over that goal. We encourage you to make your donations on the Parish Life Conference registration page on the Diocese of Worcester and New England Homepage at [Antiochian.org](http://Antiochian.org).

We recognize and are deeply grateful for everything each of you do every day to support St. Michael. If you can give a bit more of yourselves toward our goal, we welcome it.

Rick Bardine and Soraya Bandeli

Co-Chairs DOWNE Parish Life Conference

## **PARISH LIFE CONFERENCE 2024**

St Michael the Archangel of Cape Cod is hosting DOWNE 2024 PLC in Plymouth on June 21-23.

- The event registration link is [www.worcesterplc.org](http://www.worcesterplc.org) please, register.
- Please book your sunset boat dinner cruise early. Limited spots are available.

**If you need help with registration, please reach out to Soraya on May 26.**

**DIocese of WORCESTER & NEW ENGLAND**

**PARISH LIFE CONFERENCE 2024**

HOSTED BY:  
ST. MICHAEL THE ARCHANGEL CHURCH (COTUIT, MA)

with BISHOP JOHN  
Fr. TED POLLOCK

co-chairs: RICK BARDINE and SORAYA BANDELI

**JUNE 21 - 23, 2024**

at **hotel 1620**  
PLYMOUTH HARBOR

Registration: [www.worcesterplc.org](http://www.worcesterplc.org)

Massacral Dinner: [www.worcesterplc.org](http://www.worcesterplc.org)

Event details: [www.worcesterplc.org](http://www.worcesterplc.org)

- From Time to Time: Sacrament, Shepherd, Steward: Prophet by Andrew Suter & Richard Hubert
- Mass & Great Eucharist
- Men's Workshop: Introducing "The Antiochian Year"
- SOV2 Beach Event at Nahant Memorial Park
- Family Workshop: Year of Faith and Holy Power II
- House Night: "Year of God"
- Sacred Cinema: Great & Divine
- Massacral Dinner: Liturgy for the Great Feast of Pentecost

Something for everyone! Something for you!  
See the full schedule of events and register here.

QR CODE

[WWW.WORCESTERPLC.ORG](http://WWW.WORCESTERPLC.ORG)

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## THE SYNAXARION

On May 26 in the Holy Orthodox Church, we commemorate the Apostle Karpos of the Seventy; and the Apostle Alphaeus and his children, Martyrs Abercius and Helen.

On this day, the fourth Sunday of Pascha, we commemorate the Paralytic and, as is right, we celebrate the miracle wrought for him.

### **Verses**

*The word of Christ was strength for the paralytic;  
So that this word alone was the man's full healing.*

Jesus healed the Paralytic at the Sheep's Pool, located near the Sheep's Gate of Jerusalem, where people sacrificed their beasts and washed their insides. The pool had five sides, with a porch and arch on each. A number of people, afflicted with various diseases, passed through them, waiting at the water for an angel to come down and stir it. Once it moved, whoever stepped into the water first was instantly healed. One poor man, whose story is recounted in today's Gospel lection in the Divine Liturgy, waited 38 years for someone to lower him into the water, because he was unable to move into the water himself. However, the Savior merely commanded the man to get up and walk, and he was healed.

In Thine infinite mercy, O Christ our God, have mercy on us. Amen.

### **Save the Date!**

- May 27, 3 PM: DOWNE SOYO Spring Outing at St. George, Worcester
- June 21-23: Parish Life Conference 2024 in Plymouth, MA
- July 10-14: Sacred Music Institute at Antiochian Village, PA

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**If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com).**

**Fr. James is available for confession by appointment.**

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