
St. Michael the Archangel Antiochian Orthodox Church

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Sunday, June 16, 2024

Tone 6 / Eothinon 10

**Sunday of the After-feast of the Ascension
Commemoration of the Holy Fathers of the First
Ecumenical Council**

**Tikhon the wonderworker, bishop of Amathos in Cyprus;
Venerable Tikhon of Kaluga; Venerable Tikhon of Likh**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)
Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SIX: When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb. And the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF THE ASCENSION IN TONE FOUR: Thou hast ascended in glory, O Christ our God, and gladdened Thy Disciples with the promise of the Holy Spirit, making them confident through the blessing that Thou art the Son of God, and Deliverer of the world.

APOLYTIKION OF THE HOLY FATHERS IN TONE EIGHT: Thou, O Christ, art our God of exceeding praise Who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE ASCENSION IN TONE SIX: When Thou didst fulfill Thy dispensation for our sakes, uniting the terrestrials with the celestials, Thou didst ascend in glory, O Christ our God, inseparable in space, but constant without separation, and crying unto Thy beloved: I am with you, and no one shall be against you.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

SCHEDULE:

- **Saturday, June 15**
 - 4:30 PM Prayer at the Cotuit Kettleer's Home Opener, Lowell Park
 - 7:00 PM Vespers
- **Sunday, June 16**
 - 8:30 AM Orthros / 8:45 AM Bible Study for Kids 10+
 - 9:30 AM Divine Liturgy
 - Memorial Service for Tatyana Lazareva (40 days) and Marina Myers (15 years)
 - St. Martha & St. Mary Sisterhood Meeting

PLC 2024: ALL SERVICES ON JUNE 21 - 23 AT THE HOTEL 1620, PLYMOUTH

- **Friday, June 21**
 - PLC 2024: Vespers - Western Right
- **Saturday, June 22**
 - PLC 2024: Hierarchical Divine Liturgy - Saturday of Souls
 - PLC 2024: Vespers for Pentecost with Litia-Artoklasia
- **Sunday, June 23**
 - PLC 2024: Orthros
 - PLC 2024: Hierarchical Divine Liturgy for Pentecost

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

Blessed art Thou, O Lord, the God of our Fathers.

For Thou art just in all Thou hast done to us.

The Reading from the Acts of the Apostles. (20:16-18, 28-36)

In those days, Paul was determined to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening, if possible, to be at Jerusalem on the Day of Pentecost. And from Miletus he sent to Ephesus and called to him the priests of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you bishops, to shepherd the church of the Lord and God, which He purchased with His own blood. For I know that after my departure ravenous wolves will enter among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore, remain watchful, remembering that for three years I did not cease to admonish every one, night and day with tears. And now, brethren, I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by such laboring we ought to help the weak, and to remember the words of the Lord Jesus, how He Himself said: 'It is more blessed to give than to receive.'" And when he had spoken thus, he knelt down on his knees with them all, and prayed.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (17:1-13)

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ Whom Thou hast sent. I glorified Thee on earth, having accomplished the work

which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made. I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves.”

HELP NEEDED AT THE PARISH LIFE CONFERENCE

Help needed Friday morning, June 21 starting at 7 AM. If anyone can be at the Hotel 1620 in Plymouth to help us set up. We also need to see if anyone is going to attend services and can meet people at church to take them, so that older people who can't drive that far and don't want to drive over the bridge have a ride.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

JUNE OUTREACH: SUPPORT 'A BABY CENTER'

A Baby Center, Hyannis requested donations for:

- Desitin ointment for diaper rash
- Boy toddler clothing 2-5T
- Summer receiving blankets for babies

We will have a box at the church to collect items through June and deliver them to A Baby Center in the beginning of July. Thank you for helping with this project as we strive to love our community!

VACATION CHURCH SCHOOL "SUPER SAINTS": AUG 5-9, 2024

A collaboration of St. Michael's and St. George's Orthodox Churches. August 5th-9th 2pm-5pm. Registration: \$10 per child. Location: St. George's Orthodox Church: 1130 Falmouth Rd, Centerville, MA 02632.

For children kindergarten thru 5th grade. Please see Macrina Stewart for more information and to register your children!

We need volunteers! Children older than 5th grade and adults!!!

TEEN SOYO PROJECT

Thanks go out to our St. Michael Teen Soyo members and their parents, their advisor Ned, and our In-House Chef Elaine, for making soup for those in need at the FAITH FAMILY KITCHEN, Hyannis!



GIVE YOUR TIME, TALENT AND TREASURE

It doesn't take much. Just five minutes of your time make a huge difference.

How can you help? Please see someone on the Parish Council to find out what you can do for your parish community. We can all learn lessons from our littlest members.

CREATIVE ARTS FESTIVAL

Thanks to all those who submitted projects for judging that took place St. John in Dedham on June 10. We are grateful to Fr. James and Kh. Valerie for delivering them in time for judging. Stay tuned for results at the PLC. Join us in Plymouth June 21-23 to see all the projects from our sister parishes.



Congratulations to all the participants for showcasing their God-given talents.

HELP NEEDED WITH PLC WELCOME BAGS

On Sunday, June 16 after Liturgy and a short coffee break we need your help with packing welcome bags for PLC.

CALLING VOLUNTEERS FOR PLC REGISTRATION

If you would like to help at the registration desk during the PLC, please reach out to Anastasia at stmichael@stmichaelcapecod.org

PLC Registration Hours:

- Friday, June 21, 2024
 - 8:00 AM - 12:30 PM
 - *Lunch Break*
 - 1:00 PM - 4:30 PM
 - *Vespers*
 - 5:30 PM - 6:30 PM
- Saturday, June 22, 2024
 - 10:00 AM - 1:00 PM

You will be greeting people, distributing badges and welcome bags, and collecting out-of-site events' forms. You can commit to any of the above time slots. You will always be accompanied by Anastasia, Soraya, or Rick, who are in charge of the computer registration system.

PARISH LIFE CONFERENCE 2024

St Michael the Archangel of Cape Cod is hosting DOWNE 2024 PLC in Plymouth on June 21-23, 2024.

- Please, **register by June 17th** at www.worcesterplc.org.
- Please book your sunset boat dinner cruise early. Few spots are available.
- The walking tour of Plymouth & Mayflower II is sold out.

If you need help with online registration, please reach out to Soraya.

THE SYNAXARION

On June 16 in the Holy Orthodox Church, we commemorate Tikhon the wonderworker, bishop of Amathos in Cyprus; Venerable Tikhon of Kaluga; and Venerable Tikhon of Lukh.

On this day, the seventh Sunday of Pascha, we celebrate the first Ecumenical Council of the 318 God-bearing Fathers, which took place in Nicaea in Bithynia.

Verses

*O ye light-bearing stars of the spiritual firmament,
enlighten my mind with your rays.*

Verses Against Arius

*Calling the Son a stranger to the Father's essence,
Arius proved to be a stranger to God's glory.*

Arius, the notorious heretic, began to blaspheme against God and His Son the Word, saying that the latter was not God consubstantial with the Father, but that He was created as a stranger to the Substance of the Father and His glory. Alexander, the Archbishop of Alexandria, tried to constrain Arius from disturbing the faithful with this teaching; even though Alexander excommunicated him, Arius did not cease his blasphemy, which spread throughout the Church in all nations. Thus, Emperor Constantine the Great called the First Ecumenical Council, which gathered bishops and teachers in the Church from all lands. They all proclaimed, as by one mouth, the equality of the Son of God with the Father in Substance, thus laying down the noble Confession of Faith, The Creed, which we Orthodox Christians recite to this day. The Church regards these divine Fathers as preachers of the Faith next to the holy Apostles.

By the intercessions of the 318 God-bearing Fathers, O Christ God, have mercy on us. Amen.

Save the Date!

- June 17: Diocese Choir Rehearsal in Norwood
- June 21-23: Parish Life Conference 2024 in Plymouth
- July 10-14: Sacred Music Institute at Antiochian Village, PA

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
