## St. Michael the Archangel Antiochian Orthodox Church 62 Main Street, Cotuit, MA 02635 (508) 420-1113, <u>www.stmichaelcapecod.org</u>, e-mail: <u>stmichael@stmichaelcapecod.org</u>



# Sunday, June 30, 2024 Tone 8 / Eothinon 1; First Sunday after Pentecost: Commemoration of All Saints & Synaxis ("Gathering") of the Twelve Apostles

Hierarchs and Parish Clergy: His Eminence Metropolitan SABA (Isper) Antiochian Archdiocese of North America His Grace Bishop JOHN (Abdalah) Bishop of the Diocese of Worcester & New England Father James Irving, Pastor Subdeacon Joseph Boruch

#### LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

<u>RESURRECTIONAL APOLYTIKION IN TONE EIGHT</u>: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

<u>APOLYTIKION OF ALL SAINTS IN TONE FOUR</u>: Thy Church, O Christ God, hath regaled herself in the blood of Thy Martyrs throughout the entire world, as in porphyry and purple. Through them she lifteth her voice crying: Turn with Thy compassion toward Thy people, and grant peace to Thy city, and to our souls the Great Mercy.

<u>APOLYTIKION FOR THE SYNAXIS OF THE APOSTLES IN TONE THREE</u>: O Holy Apostles, intercede with our merciful God, to grant our souls forgiveness of sins.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF ALL SAINTS IN TONE EIGHT: As first-fruits of our nature to the Planter of created things, the world presenteth the God-bearing martyred Saints in off'ring unto Thee, O Lord. Through their earnest entreaties, keep Thy Church in deep peace and divine tranquility, through the pure Theotokos, O Thou Who art greatly merciful.

#### TRISAGION PRAYER

*English:* Holy God, Holy Mighty, Holy Immortal, have Mercy on us *Arabic:* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek:* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas *Slavonic:* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

KOINONIKON (COMMUNION HYMN) OF ALL SAINTS IN TONE EIGHT: Rejoice in the Lord, O ye righteous; praise is meet for the upright. Alleluia

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

#### SCHEDULE:

- Saturday, June 29
  - o 7:00 PM Vespers
- Sunday, June 30
  - o 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
- Saturday, July 6
  - o 7:00 PM Vespers
- Sunday, July 7
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
  - Teen SOYO Meeting
  - Outreach Meeting

\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\*

#### PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

#### THE EPISTLE

## (For All Saints Sunday)

God is wonderful among His saints. Bless God in the congregations. The Reading from the Epistle of St. Paul to the Hebrews. (11:33-12:2) Brethren, all the saints through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were tempted, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy—wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfection of our faith.

#### THE GOSPEL

## (For the Synaxis of the Twelve Apostles)

The Reading from the Holy Gospel according to St. Matthew. (9:36-10:8) At that time, when Jesus saw the crowds, He had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then He said to His Disciples, "The harvest is plentiful, but the laborers are few; pray therefore the Lord of the harvest to send out laborers into his harvest." And He called to Him His twelve Disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every infirmity. The names of the twelve Apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, who betrayed Him. These twelve Jesus sent out, charging them, "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying, give without pay."

## THANK YOU FROM PLC 2024

Dear PLC Sponsors, Volunteers and Participants,

We at St. Michael are in awe of all of you. You, who came together and took part of every event and gathering and service - all for the glory of God.

This PLC was filled with joy, laughter, and fun because you made it so! Our workshops and services brought us closer to God and to each other. The business meetings were informative and positioned us for the future of the diocese.

Our gratitude to you all is deep. Although our planning gave PLC 2024 shape, your participation and support made it a success. Thank you for your support of St Michael PLC 2024!

We look forward to 2025 and to supporting our sisters and brothers at St Euphemia in Rockland Maine!

In Christ,

Rick Bardine and Soraya Bandeli

Co-Chairs PLC2024





## **ST. MICHAEL HAPPENINGS** WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

## ALL FOR THE GLORY OF GOD AND HIS CHURCH

## SISTERHOOD UPDATE

The women in the Sisterhood of St. Martha and St. Mary would like to change our potluck coffee hour back to having a few families each week who will volunteer to do the prep work, bring the food, serve and clean. We hope to send out a sign up form shortly. Thank you for all you have done in the past for our potluck coffee hours, and we look forward to

those families who can assist in the new sign up process.

## HISTORY OF ST. MICHAEL

Now that the snowbirds are back home, it's time to take another look at our church history. Although we completed a brief history to be published in our new directory, now is the time for us to concentrate on a more in-depth story of our parish. We are celebrating our thirtieth year this year! Please start writing stories on your own that you think should be included and we'll come together soon to formalize a plan for this project. We hope to complete this church history by early fall. So if there is some information you think is important to preserve for future generations, please be sure to participate! We would like everyone who is interested to be involved.

If you have any questions or comments, please contact Kh. Valerie

## JUNE OUTREACH: SUPPORT 'A BABY CENTER'

A Baby Center, Hyannis requested donations for:

- Desitin ointment for diaper rash
- Boy toddler clothing 2-5T
- Summer receiving blankets for babies

We will have a box at the church to collect items through June and deliver them to A Baby Center in the beginning of July. Thank you for helping with this project as we strive to love our community!

## VACATION CHURCH SCHOOL "SUPER SAINTS": AUG 5-9, 2024

A collaboration of St. Michael's and St. George's Orthodox Churches. August 5th-9th 2pm-5pm. Registration: \$10 per child. Location: St. George's Orthodox Church: 1130 Falmouth Rd, Centerville, MA 02632. For children kindergarten thru 5th grade. Please see Macrina Stewart for more information and to register your children!

We need volunteers! Children older than 5th grade and adults!!!



#### GIVE YOUR TIME, TALENT AND TREASURE

It doesn't take much. Just five minutes of your time make a huge difference.

How can you help? Please see someone on the Parish Council to find out what you can do for your parish community. We can all learn lessons from our littlest members.

## THE SYNAXARION

On June 30 in the Holy Orthodox Church, we celebrate the Synaxis of the holy, glorious, and all-lauded Twelve Apostles.

#### Verses

The friends of Christ and twelve God-seers do I honor, Whom I dare call heroes and gods, and do rightly. The thirtieth gathereth the Twelve glorious Initiates.

Even though each one of the Twelve has his own special day of celebration throughout the year, the Church has set aside this day as a festal assembly of all the apostles together and with them, Paul. These are the names and the separate celebration days of the Holy Apostles; and how each one of these most holy and beneficial men in world history ended their earthly life: Peter (June 29, January 16) was crucified upside down. Andrew (November 30) was crucified. James, the son of Zebedee (April 30) was beheaded. John the Theologian (September 26) died in a miraculous, peaceful manner, the only one of "The Twelve" to do so. Philip (November 14) was crucified. Bartholomew (June 11, August 25) was crucified, scraped and beheaded. Thomas (October 6) was pierced with five spears. Matthew the Evangelist (November 16) was burned alive. James, the son of Alphaeus (October 9) was crucified. Thaddeus [Jude] (June 19), the Brother of James was crucified. Simon the Zealot (May 10) was crucified. Matthias (August 9) was stoned and then was beheaded after death. Paul (June 29) was beheaded.

On this day, the Sunday after Pentecost, we celebrate the Feast of All Saints who shone forth throughout all the world, North and South, East and West.

#### Verses

All the friends of my Lord do I praise; if any would, let them make mention of them all.

David the Prophet and king, who revered the beloved of God, and respected them because of his great piety, said in the Psalms, "How precious are Thy beloved unto me, O God" (138:17). And the Apostle Paul, in his Epistle to the Hebrews, recounted the lives of the saints, when he wrote, "Wherefore, seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin that so easily besets us; and let us run with patience the race that is set before us" (12:1). Therefore, as Orthodox Christians, we honor the beloved saints of God, respecting them as keepers of God's commandments, shining examples of virtue and benefactors of humanity. We commemorate all of the holy ones every year on this day, as the list of saints ever increases, even though some of their names escape us. Nevertheless, we honor them for their piety and strive to imitate their good works.

By the intercessions of Thine immaculate Mother, O Christ God, and of all Thy Saints from all ages, have mercy and save us, since Thou alone art good and the Lover of mankind. Amen.

#### Save the Date!

• July 10-14: Sacred Music Institute at Antiochian Village, PA

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.