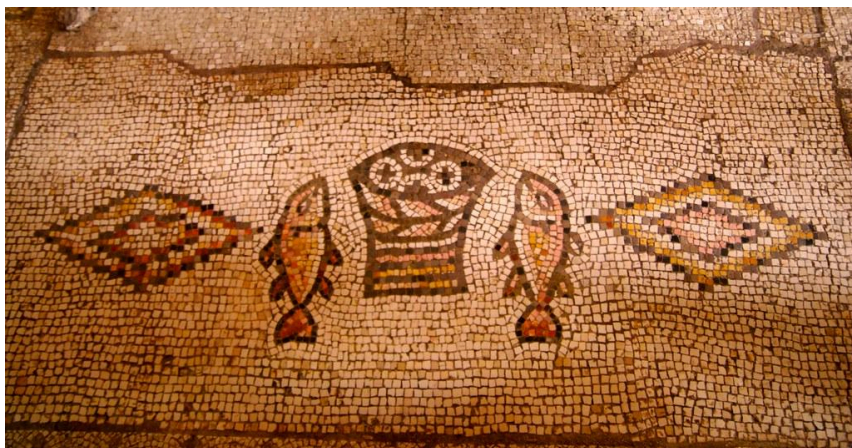

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, August 18, 2024

**Tone 7 / Eothinon 8; Eighth Sunday after
Pentecost & Eighth Sunday of Matthew
After-feast of the Dormition of the Theotokos
Martyrs Floros and Lauros of Illyria; Venerable
Sophronios of St. Anne Skete on Athos**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)
Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)
Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE SEVEN: Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF THE DORMITION IN TONE ONE: In thy birth-giving, O Theotokos, thou didst keep and preserve virginity; and in thy falling-asleep thou hast not forsaken the world; for thou wast translated into life, being the Mother of Life. Wherefore, by thine intercessions, deliver our souls from death.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE DORMITION IN TONE TWO: Verily, the Theotokos, who is ever watchful in intercessions, and whose prayers are never rejected, neither tomb nor death could control. But since she is the Mother of Life, He Who dwelt in her ever-virgin womb did translate her to life.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

SCHEDULE:

- **Saturday, August 17**
 - 7:00 PM Vespers
- **Sunday, August 18**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy
- **Wednesday, August 21**
 - Men's Group Meeting
- **Saturday, August 24**
 - 7:00 PM Vespers
- **Sunday, August 25**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Eighth Sunday after Pentecost)

The Lord will give strength to His people. Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

The Reading from the First Epistle of St. Paul to the Corinthians. (1:10-17)

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

THE GOSPEL

(For the Eighth Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (14:14-22)

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

BACKPACK BLESSINGS

This year we are filling **backpacks for 15 children** from the Cataumet Village, a transitional housing facility in Falmouth, supports families coming out of homelessness. These clients, mostly mothers and children, are getting ready for back to school and need our help. Please help to fill the backpacks on August 24 before Vespers. We will deliver the backpacks on August 25. If you're not able to purchase the supplies, please consider making a monetary donation to St. Michael Outreach with Backpack Blessings in the memo. As always, thank you for your generosity as we care for those in need. If you have any questions, please see Anastasia or Soraya.

COFFEE HOUR SET-UP AND CLEAN-UP

Thanks to all for bringing a great variety of foods for us to share. COFFEE HOUR IS POT LUCK. We appreciate all the effort that you make to bring an item to share so we can all enjoy a beautiful morning of fellowship! With our increased number of visitors over the summer, please consider increasing the quantity so everyone can enjoy an abundant gathering. Our challenge during coffee hour seems to be set up and clean up. Please consider coming in a little early or staying a little late so we all get a chance to be part of fellowship. As it is, we always find the same people in the kitchen. Please sign up for dates that work for you and your family. The names are "per family" - you don't need to register for each family member who will be there to help.
<https://www.signupgenius.com/go/10C0F44A5AD2FA4FCC52-coffee1/124663452#/> When you sign up please include your phone number. If you can't make the dates you signed up for please reach out to your teammates on that day so they can plan to find other volunteers to help. We appreciate all that people do for our flourishing community!

ST. MICHAEL CHURCH IN COTUIT, MASS., HOSTS 2024 DIOCESE OF WORCESTER PLC

The faithful of the Diocese of Worcester and New England gathered for their diocese family reunion at their Parish Life Conference (PLC) on June 21-23, 2024. Presided over by His Grace Bishop John, the PLC united 180 members from all 12 churches in the Diocese over the course

of an outstanding three day program hosted by St. Michael the Archangel Church of Cotuit, Mass.

The PLC was filled with joy, laughter, and fun. The workshops and services brought people from the various parish communities closer to God and to each other. The business meetings were informative, and positioned the Diocese well for the future.



Co-chairs Soraya Bandeli and Rick Bardine expressed deep gratitude to all the attendees for their participation and support. Special highlights of this PLC were the SOYO events, a clergy wives luncheon with Bishop John, a workshop by Michael Baclig and keynote presentations by Fr. Ted Pulcini, Oratorical presentations, a dinner cruise, and meaningful times of worship during Vespers and the Hierarchical Divine Liturgy on Sunday.

The Diocese looks forward to 2025 and to supporting our sisters and brothers at St. Euphemia in Rockland Maine who will be the hosts!

JOY MAGAZINE for Children - subscribe today!



Save the Date!

- September 8: Parish Cookout hosted by Parish Council
 - September 14: Parish Clean Up day after Liturgy for Feast of the Elevation of the Cross
 - **November 3: Bishop John visiting us for the Feast of St. Michael and our Anniversary Luncheon**
 - November 7-10: Ancient Faith Women's Retreat at Antiochian Village
 - July 20-27, 2025: Antiochian Orthodox Archdiocese Convention, Chicago
-

ANTIOCHIAN ORTHODOX ECCLESIASTICAL ONLINE MUSIC SCHOOL

With the blessing of His Eminence Metropolitan SABA, the Department of Sacred Music announces our Byzantine and Choral Music programs for new and experienced Orthodox church musicians.

- Byzantine and Choral music education
- For new and experienced Orthodox church musicians
- Enrollment opens Aug. 18, 2024
- Fall Semester: Sept. 9 through Dec. 20
- Classes meet one time weekly for 15 weeks
- Tuition introductory rate: \$300 for full course

For the most up to date information, check back to the Sacred Music page of the Archdiocese website: antiochian.org/music

ANTIOCHIAN
ORTHODOX ECCLESIASTICAL
ONLINE MUSIC SCHOOL

With the blessing of Metropolitan
SABA
The Department of Sacred Music
announces
ANTIOCHIAN ORTHODOX ECCLESIASTICAL
ONLINE MUSIC SCHOOL
Byzantine and Choral Music Education
for new and experienced Orthodox Church Musicians

Fr. John El Massih

Fr. Nicholas Fine

Chadi Karam

Mereena Boosamra Ball

Dr. Zhanna Lehmann

Christopher Holwey

Charlie Marge

Dr. Peter Samore

Teri Stevens Marge

Kh. Nancy Long

Byzantine form

Enrollment Opens August 18, 2024
Fall Semester: September 9 - December 20
Classes meet 1 time weekly for 15 weeks
Introductory Tuition \$300/full semester

Choral form

THE SYNAXARION

On August 18 in the Holy Orthodox Church, we continue to celebrate the Dormition of the Theotokos; and we commemorate the Holy Martyrs Floros and Lauros of Illyria.

Verses

*In their thirst for a death unto God the Word's glory,
Floros and Lauros unto the well have departed.*

On the eighteenth Lauros with Floros went down into a well.

Floros and Laurus were brothers and stonecutters. A pagan prince hired them to build a temple to the idols. During their work, a piece of stone flew and struck the eye of the pagan priest's son. Seeing his son blind and bloody, the pagan priest shouted at Floros and Lauros and wanted to beat them. Then, the holy brothers said to him that if he would believe in the true God his son would be healed. The pagan priest promised. Floros and Laurus prayed with tears and traced the sign of the Cross over the child's injured eye, which was healed and made whole. Then the pagan priest Merentius and his son were baptized and, shortly after that, both suffered for Christ by fire. Floros and Lauros placed a cross on the completed temple, summoned all Christians and consecrated it in the name of the Lord Jesus with an all-night vigil. Hearing of this, the Illyrian deputy burned many of those Christians and threw Floros and Lauros alive into a well and then filled it with dirt. Later, their relics were revealed and translated to Constantinople. These two wonderful brothers were glorified by Christ in the second century.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
