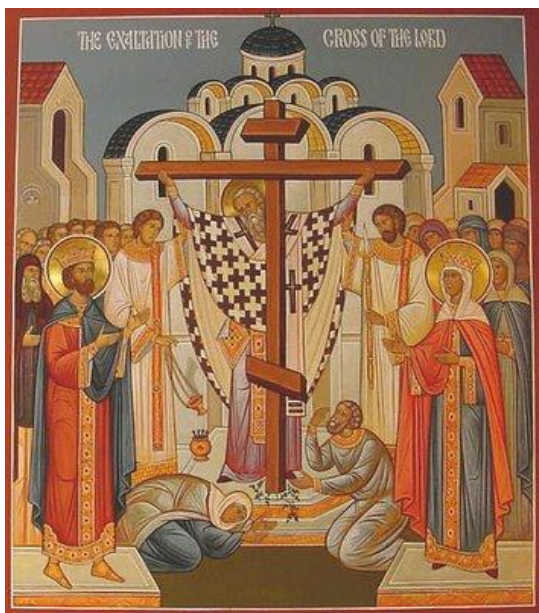

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, September 15, 2024

Tone 3 / Eothinon 1

Sunday after the Elevation of the Holy Cross

Great-martyr Nikitas the Goth and those with him

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE THREE: Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE: O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

APOLYTIKION OF THE NATIVITY OF THE THEOTOKOS IN TONE FOUR: Thy nativity, O Theotokos, hath proclaimed joy to the whole universe; for from thee did shine forth the Sun of justice, Christ our God, annulling the curse, and bestowing the blessing, abolishing death and granting us life everlasting

KONTAKION OF THE ELEVATION OF THE HOLY CROSS IN TONE FOUR: Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

SCHEDULE:

- **Saturday, September 14**
 - 9:00 AM Divine Liturgy for Feast of the Elevation of the Cross
 - Parish Clean Up Day
- **Sunday, September 15**
 - 9:00 AM Orthros / Church School
 - 9:15 AM Bible Study for Kids Ages 10+
 - 10:00 AM Divine Liturgy with Memorial Service
 - Choir Rehearsal
- **Saturday, September 21**
 - 5:00 PM Vespers
- **Sunday, September 15**
 - 9:00 AM Orthros / Church School
 - 9:15 AM Bible Study for Kids Ages 10+
 - 10:00 AM Divine Liturgy
 - St. Martha & St. Mary Sisterhood Meeting

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For Sunday after the Elevation of the Holy Cross)

Sing praises to our God, sing praises. Clap your hands all ye peoples.

The Reading from the Epistle of St. Paul to the Galatians. (2:16-20)

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ Who lives in me; and the life I now live in the flesh I live by faith in the Son of God, Who loved me and gave Himself for me.

GOSPEL

(For the Sunday before the Elevation of the Holy Cross)

The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."



ST. MICHAEL HAPPENINGS

**WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH**

PARISH DIRECTORY

The Parish Directory is in the editing process. Here is your opportunity to sponsor the cost of printing of this helpful tool for us to grow closer together!

Do you own a business you want to promote?

Do you want to send prayers for good health or in memory of someone?

There are 1/8-\$50, 1/4-\$100, and 1/2-\$200 slots available. This directory will be in people's hands for many years!! Deadline for sponsors is September 30.

See Soraya or Anastasia if you'd like a message included in the directory or if you haven't had your picture taken yet.

Thanks for your support!

VESPERS & VISIT WITH FR. CHRIS SHADID, AV CAMP DIRECTOR - September 15 in Norwood

Fr. Chris Shadid is coming to town!! Sunday September 15 at St. George in Norwood, MA. 5:00pm camp vespers followed by pizza and fellowship! All are welcome, campers, staff, alumni, volunteers, or anyone wanting to know more about the Village! See you all soon!

SAVE THE DATE

On **Sunday, November 3rd**, Bishop John will be visiting us for Hierarchical Divine Liturgy in celebration of our Feast Day and our Thirtieth Anniversary! We are planning a special luncheon in our hall to welcome Bishop John and celebrate our special day.

We have a menu planned and some cooks have already volunteered to prepare their specialties. We still need volunteers to prepare additional salads and desserts, and to set up, serve the meal and clean up. Please see Kh Valerie on how you can help. If you would like to become a sponsor, please mark "30th Anniversary" in the memo section of your check.

Thank you for all your continued support. We could not be at this milestone without the community's support.

Let's all come together to celebrate with Bishop John!

THANKS TO PARISH COUNCIL FOR HOSTING THE COOKOUT!



CHURCH HISTORY UPDATE

Now that we have a brief history of St. Michael that will be published soon in our new directory, we have started the process of writing a more detailed history. Several parish members and friends of St. Michael have already begun writing! If you would like to write a memory to be included in our history, please join us! If you have any questions, please see Kh. Valerie



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OUR MISSION

The Antiochian House of Studies (AHOS) brings the Ethos of the historical "School of Antioch" of the Roum Orthodox Patriarchate of Antioch and all the East to North America. Antioch has a missionary heritage with rich ethnic and linguistic diversity to all.

We provide a distinctly Orthodox Christian education for clergy, laity, and others by establishing an opportunity to experience the Orthodox way of life. The House of Studies creates curriculum that provides for the teaching of Orthodox worship, doctrine, action, and relationship for its participants through rigorous academic studies and spiritual direction.

This is accomplished through a curriculum that can be lived through residency and hybrid learning opportunities in an atmosphere of intimate home environment from which our name "House" comes. We are committed to being faithful to our Apostolic Tradition, preserved and expressed in the Antiochian Orthodox Christian Archdiocese of North America.

THE SYNAXARION

On September 15 in the Holy Orthodox Church, we continue to celebrate the Elevation of the Holy Cross, and we commemorate the contest of the Holy Great-Martyr Nikitas the Goth.

Verses

*Burned, Nikitas, thou becomest a victory-bearer,
or rather say, a fire-bearing victory bearer.
On the fifteenth Nikitas was cast into the furnace.*

Nikitas was a disciple of Theophilus, Bishop of the Goths, who participated in the First Ecumenical Council in Nicaea in 325. When the Gothic prince Athenarik began to torture Christians, Nikitas stood before the prince and denounced him for his paganism and inhumanity. Subsequently harshly tortured, Nikitas confessed his faith in Christ even more strongly, and prayed to God with thanksgiving. On his breast under his robe Nikitas bore an icon of the Most-holy Theotokos with the Pre-eternal Christ Child standing and holding the Cross in His hands. The Holy Theotokos had appeared to him and comforted him. Finally, the torturer threw the soldier of Christ into the fire, where the holy martyr breathed his last, but his body remained untouched by the fire. His companion Marianus took his body from the land of the Goths to the town of Mopsuestia in Cilicia. There, he built a church dedicated to Nikitas, and placed the miracle-working relics of the martyr in it. Nikitas suffered and was glorified in the year 372.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

Save the Date!

- September 15: Vespers & Visit with Fr. Chris Shadid, AV Camp Director in Norwood
- September 28, 2024: Diocese Antiochian Women Meeting @ St. George, West Roxbury
- **November 3: Bishop John visiting us for the Feast of St. Michael and our Anniversary Luncheon**

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
