# **St. Michael the Archangel Antiochian Orthodox Church** 62 Main Street, Cotuit, MA 02635 (508) 420-1113, <u>www.stmichaelcapecod.org</u>, e-mail: <u>stmichael@stmichaelcapecod.org</u>



Sunday, December 22, 2024 Tone 1 / Eothinon 4 Forefeast of & Sunday before the Nativity of Christ (The Genealogy) Great-martyr Anastasia the deliverer from potions and her teacher the Martyr Chrysogonos

Hierarchs and Parish Clergy: His Eminence Metropolitan SABA (Isper) Antiochian Archdiocese of North America His Grace Bishop JOHN (Abdalah) Bishop of the Diocese of Worcester & New England Father James Irving, Pastor Subdeacon Joseph Boruch

### LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

<u>RESURRECTIONAL APOLYTIKION IN TONE ONE</u>: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

<u>APOLYTIKION OF THE FOREFEAST OF THE NATIVITY IN TONE FOUR</u>: Be thou ready, Bethlehem, Eden hath opened unto all. Ephratha, prepare thyself, for now, behold, the Tree of Life hath blossomed forth in the cave from the holy Virgin. Her womb hath proved a true spiritual Paradise, wherein the divine and saving Tree is found, and as we eat thereof we shall all live, and shall not die as did Adam. For Christ is born now to raise the image that had fallen aforetime.

<u>APOLYTIKION OF SUNDAY BEFORE THE NATIVITY IN TONE TWO</u>: Great are the accomplishments of faith; for the three holy youths rejoiced in the fountain of flames as though at waters of rest. And the Prophet Daniel appeared a shepherd to the lions as though they were sheep. Wherefore, by their prayers, O Christ God, save our souls.

<u>APOLYTIKION OF ST. MICHAEL THE ARCHANGEL</u>: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to God the Word ineffably, Who was before all the ages. Dance for joy, O earth, on hearing the gladsome tidings; with the Angels and the shepherds now glorify Him Who is willing to be gazed on as a young Child Who before the ages is God.

## TRISAGION PRAYER

*English:* Holy God, Holy Mighty, Holy Immortal, have Mercy on us *Arabic:* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

*Greek:* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas *Slavonic:* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

<u>The Mission of St Michael the Archangel Orthodox Church</u> is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION

## SCHEDULE:

- Saturday, December 21
  - o 5:00 PM Vespers
- Sunday, December 22 St. Ignatius Sunday
  - 9:00 AM Orthros / Church School (kids 4-9 years) & Bible Study (kids 10+)
  - o 10:00 AM Divine Liturgy
  - o Choir Rehearsal
- Sunday, December 24
  - o 5:00 PM Divine Liturgy
- Sunday, December 29
  - 10:00 AM Divine Liturgy

\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\*

## PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

### THE EPISTLE

(For the Sunday before the Nativity) Blessed are Thou, O Lord, the God of our fathers. For Thou art justified in all that Thou hast done for us.

The Reading from the Epistle of St. Paul to the Hebrews. (11:9-10, 32-40) Brethren, by faith Abraham sojourned in the land of promise, as in a foreign land, living in tents with Isaac and Jacob, heirs with him of the same promise. For he looked forward to the city which has foundations, whose builder and maker is God. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets—who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, and put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, so that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated—of whom the world was not worthy-wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

### <u>GOSPEL</u>

### (For the Sunday before the Nativity: "The Genealogy")

The Reading from the Holy Gospel according to St. Matthew. (1:1-25) The book of the genealogy of Jesus Christ, the son of David, the son of Abraham. Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, and Judah the father of Perez and Zerah by Tamar, and Perez the father of Hezron, and Hezron the father of Aram, and Aram the father of Amminadab, and Amminadab the father of Nahshon, and Nahshon the father of Salmon, and Salmon the father of Boaz by Rahab, and Boaz the father of David the king. And David was the father of Solomon by the wife of Uriah, and Solomon the father of Rehoboam, and Rehoboam

the father of Abijah, and Abijah the father of Asa, and Asa the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, and Hezekiah the father of Manasseh, and Manasseh the father of Amon, and Amon the father of Josiah, and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon. And after the deportation to Babylon: Jechoniah was the father of Shealtiel, and Shealtiel the father of Zerubbabel, and Zerubbabel the father of Abiud, and Abiud the father of Eliakim, and Eliakim the father of Azor, and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, and Jacob the father of Joseph the husband of Mary, of whom Jesus was born, Who is called Christ. So all the generations from Abraham to David were fourteen generations, and from David to the deportation to Babylon fourteen generations, and from the deportation to Babylon to the Christ were fourteen generations. Now the birth of Jesus Christ took place in this way. When His mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit; and her husband Joseph, being a just man and unwilling to put her to shame, resolved to divorce her quietly. But as he considered this, behold, an angel of the Lord appeared to him in a dream, saying, "Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call His Name Jesus, for He will save His people from their sins." All this took place to fulfill what the Lord had spoken by the prophet: "Behold, a virgin shall conceive and bear a son, and His Name shall be called Emmanuel" (which means, God with us). When Joseph woke from sleep, he did as the angel of the Lord had commanded him: he took his wife, but knew her not until she had borne a son; and he called His Name Jesus.



## ST. MICHAEL HAPPENINGS WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE

ALL FOR THE GLORY OF GOD AND HIS CHURCH

## **MEDICATION AND FASTING**

Orthodox Christians fast from food and drink from midnight the night before receiving Holy Communion. There are some exceptions. In regard to health: Fasting should not be detrimental to one's health. For example, if you need to take medicine in the morning, you can take it with food.

# <u>NEW BOOK RELEASE - On Divine Providence-The Good Shepherd in</u> <u>Modern Times By Robert F. Slesinski.</u>

Fr Robert Slesinski has written another book Our own, on theology/philosophy, this time on Christ the Good Shepherd in Modern Times reflecting on the universe, the Holy Eucharist, the sovereignty of God, the Theotokos and commentaries of St. John of Damascus. You can order this book and others he has written online https://ecpubs.com/product-category/by-author/robert-slesinski/

# DECEMBER OUTREACH

Thanks to an amazing effort by our outreach team, we were able to purchase and package 35 blankets for clients at St Joseph homeless shelter in Hyannis. Delivery is set for Monday Dec 16. What an amazing parish we have ! Blessed Nativity.



**MANY THANKS** to everyone who helped buy gifts for the SOYO Adopt-a-Family drive. St. Michaels was able to support 10 local families in need by providing clothes, coats, and Christmas presents for their children. Thank you for your generosity!!!

**THANKS ALSO TO ALL OUR CAROLERS** who visited St. Michael's parishioners living in Assisted and Independent Living at Atria Woodbriar Place. It was a wonderful time with music, cookies and fellowship.



**NEXT SOYO EVENT**: Trip to the Icon Museum and Study Center in Clinton, MA after church on 1/5. All ages are welcome, we will be back on Cape approximately 5:00. Please let Ned know if you are able to come so we can arrange enough drivers. It should be a great trip!

**LOOKING FOR THE PERFECT CHRISTMAS GIFT?** Don't forget to check out the SOYO bookstore for lots of great gifts for your loved ones! We have icons, books, jewelry and more. Stop by today!

# WOMEN'S GROUP NATIVITY GIFTS

The women's group is grateful to everyone for supporting our Nativity Card this year, with a portion of proceeds to support Clergy widow wives. Deadline for your name to be included is Sunday December 15. The card will be mailed to the entire parish.

We are also offering other items for your Nativity needs.

- Beautiful selection of Russian mythology porcelain plates with certificates of authenticity \$10 each
- Set of 8 archangel blank greeting cards reproduced from Zoya's icons
  \$10 / packet
- Assorted gourmet items gifted to St Michael by Candace Rassias prices vary.

Please see the display outside the kitchen as you approach the coffee hour food line and support Women's group projects. Blessed Nativity!

#### THE SYNAXARION

On December 22 in the Holy Orthodox Church, we commemorate the Great-martyr Anastasia the deliverer from potions, and her teacher, the Martyr Chrysogonos. On this day, the Sunday before the Nativity of Christ, we have been enjoined by our holy and God-bearing Fathers to make commemoration of all them that from the beginning of time have been well-pleasing unto God, from Adam even unto Joseph the Betrothed of the Most Holy Theotokos, according to genealogy, as Luke the Evangelist hath recounted historically; and likewise for the Prophets and Prophetesses, especially of Daniel the Prophet and the three holy youths.

It is also known as the Sunday of the Holy Genealogy. We remember the aforementioned names, those in the Old Testament who were related to Christ by blood, and those who spoke of His Birth as a man. In the Divine Liturgy, we shall read of Jesus Christ's lineage from the Gospel of Saint Matthew. In this way, the Church shows us that Christ truly became a man, taking on human nature. He was not a ghost, an apparition, a myth, a distant imagined god, or the abstract god of philosophers; such a god does not have a family tree. Our God is the God of Abraham, Isaac and Jacob. He has flesh and blood, human ancestors—many of whom sinned greatly, but like David, also repented greatly. Yet, all of these righteous ones in every age had been wellpleasing to God because they loved Him. By taking on human nature, the Son of God became like us in all ways, in flesh and blood, in mind and soul, and in heart and will. He differed from us in only one way: He could not sin. Since we know that Christ's human nature remained sinless. He is also fully divine, and He shows us the way in which we can avoid sin, and so improve and transform our human nature. By their intercessions, O Christ God, have mercy upon us and save us. Amen.

### Save the Date!

- Jan 12: Blessing of the Waters outside-Cape Cod Canal- 2:30 pm
- March 3: Great Lent begins
- March 22: Diocese Family Day
- April 13: Palm Sunday
- April 20: PASCHA
- June 20 21: PLC
- August 10-16: Diocese Summer Camp

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at <u>dnjamesirving@gmail.com</u>.

Fr. James is available for confession by appointment.