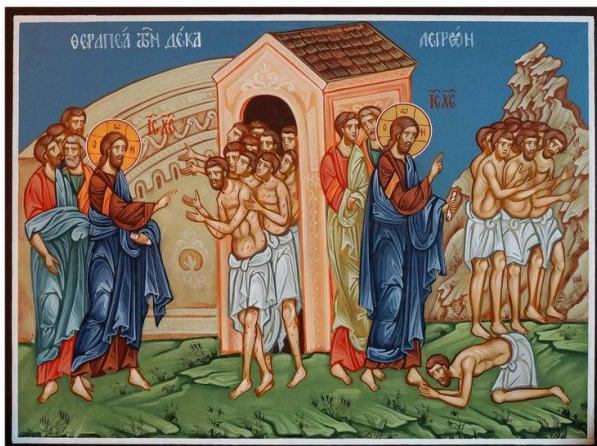

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, January 19, 2025

Tone 5 / Eothinon 8;

Twenty-ninth Sunday after Pentecost

& Twelfth Sunday of Luke

Venerable Makarios the Great of Egypt, the Anchorite

Venerable Makarios of Alexandria; Arsenios, bishop of Kerkyra;

**Venerable Mark Eugenikos, metropolitan of Ephesus, pillar of
Orthodoxy; Martyr Antony of Damascus**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Ispert)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE FIVE: Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

APOLYTIKION OF ST. MAKARIOS OF EGYPT IN TONE ONE: Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Makarios, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE PRESENTATION OF CHRIST IN TONE ONE: Thou, O Christ God, Who by Thy Birth, didst sanctify the Virgin's womb, and, as is meet, didst bless Simeon's arms, and didst also come to save us; preserve Thy fold in wars, and confirm them whom Thou didst love, for Thou alone art the Lover of mankind.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

SCHEDULE:

- **Saturday, January 18**
 - 5:00 PM Vespers
- **Sunday, January 19**
 - 9:00 AM Orthros / Church School (kids 4-9 years) & Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - St. Martha & St. Mary Sisterhood Meeting
- **Saturday, January 25**
 - 5:00 PM Vespers
- **Sunday, January 26**
 - 9:00 AM Orthros / Church School (kids 4-9 years) & Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Twenty-ninth Sunday after Pentecost)

Thou, O Lord, shalt preserve us and keep us from this generation.

Save me, O Lord, for the godly man hath disappeared.

The Reading from the Epistle of St. Paul to the Colossians. (3:4-11)

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

GOSPEL

(For the Twelfth Sunday of Luke—"Ten Lepers")

The reading from the Holy Gospel according to St. Luke. (17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

MEDICATION AND FASTING

Orthodox Christians fast from food and drink from midnight the night before receiving Holy Communion. There are some exceptions. In regard to health: Fasting should not be detrimental to one's health. For example, if you need to take medicine in the morning, you can take it with food.

PAN-ORTHODOX BLESSING OF THE WATERS OF THE CAPE COD CANAL

Fr. James from St. Michael Antiochian Orthodox Church, Cotuit, Fr. Timothy from St. George Greek Orthodox Church, Centerville, & Fr. Kevin from St. Mark Orthodox Church of America, Kingston.



HOUSE BLESSINGS: It is a tradition within the Orthodox Church that the Priest visits the homes of his parishioners to bless their houses with holy water that is blessed in church on the Feast of Theophany (January 6). In this way, God's sanctification of all things through Christ's Baptism extends into our lives. The family home is considered a small representation of the church where we fill our lives daily with Christ through prayer and togetherness with our family members.

When the Priest arrives, he will offer a short prayer, then move through the house sprinkling the holy water and chanting the Theophany hymn. Everyone then gathers back together and the Priest will offer a prayer and blessing for all who are present. It usually takes less than fifteen minutes. If you want him to pray for any members of your family or friends, also have a piece of paper with first names of the living on one side and those who have passed on the other.

Please call, 781-468-8709, or text or email Fr. James at, dnjamesirving@gmail.com, to schedule a time for him to come and bless your home.

Save the Date!

- January 19: St. Martha & St. Mary Sisterhood Meeting
 - January 25: Diocese Antiochian Women Meeting @ St Mary, Pawtucket
 - February 1: Mini Retreat @ St. Mary's Church Hall, Cambridge MA
 - March 3: Great Lent begins
 - March 22: Diocese Lenten Retreat & Family Day @ St. John's
 - April 13: Palm Sunday
 - April 20: PASCHA
 - June 20-21: Tentative Dates for Diocese PLC
 - July 20-27: Archdiocese Convention hosted by St. George in Cicero, IL
 - August 10-16: Diocese Summer Camp
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THE SYNAXARION

On January 19 in the Holy Orthodox Church, we commemorate our righteous Father Makarios the Great of Egypt, the Anchorite; and our righteous Father Makarios of Alexandria.

Verses

The pair of divine Makarii now dying, they partake of a life exceedingly blessed. On the nineteenth, the Makarii obtained the land of the blessed.

Both men were the contemporaries of Anthony the Great. Makarios the Great withdrew into the wilderness where he spent 60 years in labor and struggle, both internally and externally for the Kingdom of Heaven. So much did he succeed in cleansing his mind and heart of evil that God bestowed upon him the abundant gift of miracle-working; he even raised the dead. Makarios often told his disciple Paphnutius: "Do not judge anyone and you will be saved." Nine days before his death, St. Anthony, St. Pachomius and a cherub revealed to him that he would enter the Kingdom of Heaven. Makarios lived to be 97 years old and died in the year 390. The younger Makarios also entered the monastic life to fight demonic temptations. Once, a brother saw him fill a basket with sand, carry it uphill and empty it. Astonished, the brother asked him, "What are you doing?" Makarios answered, "I am tormenting my tormentor," that is, the devil. He died in the year 393, well past the age of 100.

On this day, we also commemorate the Venerable Arsenios, bishop of Kerkyra; Venerable Mark Eugenikos, metropolitan of Ephesus, pillar of Orthodoxy; and Martyr Antony of Damascus. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
