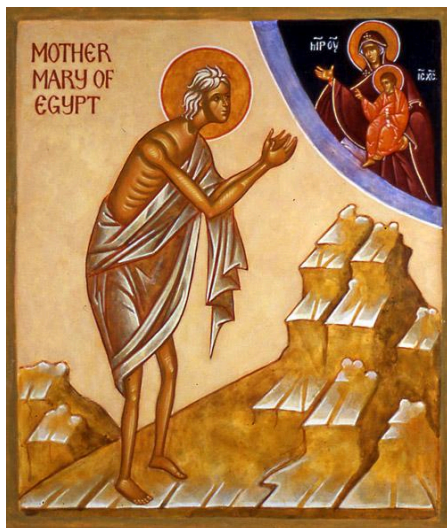

St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, April 6, 2025

Tone 8 / Eothinon 8

Fifth Sunday of Great Lent

Commemoration of our Righteous

Mother Mary of Egypt

Eutychios, patriarch of Constantinople;

Venerable Platonida of Nisibis in Syria

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the threeday burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF ST. MARY OF EGYPT IN TONE EIGHT: Through thee, the divine likeness was securely preserved, O mother Mary; for thou didst carry the cross and follow Christ. By example and precept thou didst teach us to ignore the body, because it is perishable, and to attend to the concerns of the undying soul. Therefore, doth thy soul rejoice with the angels.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas.

ST. BASIL LITURGY MEGALYNARION: All creation rejoiceth in thee, O thou who art full of grace: the angelic hosts and the race of men. O hallowed temple and spiritual paradise, glory of virgins, of whom God was incarnate and became a little child, even our God who is before all the ages; for he made thy womb a throne, and thy body more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and

fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. **UNLESS YOU ARE INJURED OR UNABLE, PLEASE REMAIN STANDING DURING COMMUNION***

SCHEDULE:

- **Sunday, April 6**
 - 9:00 AM Orthros / Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - Church School for kids 4-9 years old
 - Teen SOYO Meeting
 - Outreach Meeting
- **Wednesday, April 9**
 - 5:00 PM Liturgy of the Presanctified Gifts
- **Saturday, April 12**
 - 9:00 AM Divine Liturgy for the Lazarus Saturday
 - 5:00 PM Vespers
- **Sunday, April 13**
 - 9:00 AM Orthros / Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - Church School for kids 4-9 years old
 - Choir Rehearsal
 - 6:30 PM Parish Council Online Meeting

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

Make your vows unto the Lord and perform them.

God is known in Judah; His name is great in Israel.

The Reading from the Epistle of St. Paul to the Hebrews. (9:11-14)

Brethren, Christ having appeared a High Priest of the good things to come, through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; neither through the blood of goats and calves, but through His own blood, entered in once for all into the holy place, having found eternal redemption. For if the sprinkling of defiled persons with the blood of bulls and goats and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God?

THE GOSPEL

The Reading from the Holy Gospel according to St. Mark. (10:32-45)

At that time, Jesus took His twelve Disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise." And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we would that thou shouldest do for us whatsoever we shall desire" And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Thy right hand and one at Thy left, in Thy glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles

lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many.”



**DIOCESE OF WORCESTER
AND NEW ENGLAND
PARISH LIFE CONFERENCE
2025**

SATURDAY
21
JUNE



AROUND THE WORLD IN A DAY

JOIN BISHOP JOHN & THE FAITHFUL OF NEW ENGLAND AT THE PLC
HOSTED BY THE PARISH OF SAINT GEORGE & HELD AT OUR CHURCH IN NORWOOD

SCHEDULE

- 8:30 AM** Orthros & Divine Liturgy
- 10:30 AM** Breakfast "in a Parisian Café"
- 11:00 AM** Oratorical Festival
- 12:00 PM** Clergy, Antiochian Women & Teen SOYO Meetings
- 1:00 PM** Lunch "in an Italian Bistro" & Keynote Address by Father Nicholas Belcher
- 2:30 PM** Bible Bowl
- 4:30 PM** Great Vespers
- 5:30 PM** Awards & Appetizers
- 6:15 PM** Mexican Fiesta & International Dessert Buffet

Kids Programming will run in parallel throughout the day!

REGISTER NOW!

We request that *everyone* pre-register by June 13 to allow accurate meal counts www.antiochianevents.com/worcester

SPONSORSHIPS

Please consider becoming a sponsor! We rely upon the generosity of our sponsors to make this an engaging event for the entire community. See the registration website.

FESTIVALS

Let's do our best to make sure every parish is represented in the Bible Bowl, Oratorical, and Creative Festivals!





FOR INFO, EMAIL WORCESTERPLC@ANTIOCHIANEVENTS.ORG
FOR REGISTRATION & SPONSORSHIPS, SCAN THE CODE



DAY PASS PRICES

(includes all meals & 2 drink tickets per adult)

- Clergy & Wives **\$60**
- Adult (19+) **\$60**
- Teen (13-18) **\$40**
- Child (4-12) **\$15**



Registration is now "live" at www.worcesterplc.org



ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH

FOOD FOR HUNGRY PEOPLE (FFHP)

Please bring your Food for Hungry boxes & jars on
Palm Sunday.

Please check the
bulletin board in the
fellowship hall for a

special invitation from Erika Kjendal to her
wedding on May 4 to Spiridon Hagler.

May God grant her and Spiridon many years:



www.theknot.com/us/spiridon-hagler-and-erika-kjendal-may-2025

SOYO FELLOWSHIP Thanks to everyone who joined SOYO!



FLOWER AND DECORATION DONATIONS

To help beautify our church for the Blessed Feast of Pascha and the services during Holy Week, we are asking for donations in any amount to be used to purchase flowers etc.

There is a basket in the back of the church to place any donations. If you have any questions, please see Matushka Valerie.

VOLUNTEERS WANTED to visit members of the parish who are unable to make it to church or are not able to come often. Please prayerfully consider offering your time to visit and bring Joy to one of our St. Michael family members. If you are interested in signing up, there will be a sign up sheet at coffee hour. Let us give our time this Lent as an offering to our Lord. Please see Michelle, Soraya or Emma for more details.

NEW HOSPITALITY COMMITTEE

The Parish Council has given support for St. Michaels to form a Hospitality Committee. If you would like to be a part of this new ministry, please see Father James or Stephen Winters.

SOUP FOR THE SOUL - GREAT LENT 2025:

The Soup Chefs of St. Michael are having another Lenten Season offering of Soup for the Soul. Starting March 5th, we are offering soups for sale which can be picked up after Liturgy of the Presanctified Gifts on Wednesdays or on Sundays after Divine Liturgy throughout Lent. Cost for the soup will be \$10 per quart and proceeds will be donated to St. Michael's general operating fund. As in past years, to give our chefs an idea of how much soup to make, we will take orders on Sundays prior. If you would like to make soup please contact Rick rsbboston@yahoo.com.

We hope you will join us in this delicious and nutritious Lenten offering!

SOYO PROJECT: Do you have a favorite book about Orthodoxy? This month's SOYO project is to spread the Gospel by donating books about the faith to local libraries. We are looking for suggestions for books you have found inspiring, educational, or helpful in your journey as an Orthodox Christian. Please reach out to one of the teens to let them know your suggestion. If you are interested in helping to defray the cost of the books please also let us know.

PASCHA CARD ORDER FORM: If you would like your name on St. Michael Pascha Card, please fill out the form and return it by April 13, 2025. Proceeds of this year's Pascha card will be going to cover costs for the AED defibrillator installed by the elevator in the bookstore.

THE SYNAXARION

On April 6 in the Holy Orthodox Church, we commemorate Eutychios, patriarch of Constantinople; and Venerable Platonida of Nisibis in Syria.

On this same day, the Fifth Sunday of Great Lent, it was ordained that we make remembrance of our Godly Mother Mary of Egypt.

Verses

*Spirit rose up, flesh melted away erewhile;
hide, O earth, the worn bones of Mary's body.*

Once, during the Honorable Fast, the priest-monk Zosimus withdrew into the wilderness. He caught sight of a withered woman named Mary; her hair was white as snow. Mary then told Zosimus that she was born in Egypt and at the age of 12 began to live a life of debauchery in Alexandria for 17 years. One day, she went to Jerusalem to enter the church to venerate the Honorable Cross. However, some invisible force restrained her. In great fear, she gazed upon the icon of the Theotokos in the vestibule and prayed that she be allowed to enter the church, all the while confessing her sinfulness. She was then permitted to enter the church. Having venerated the Cross she again entered the vestibule and, before the icon, gave thanks to the Mother of God. At that very moment she heard a voice saying: "If you cross the Jordan, you will find glorious rest!" Mary left for the wilderness and remained there for 47 years in repentance. She bade Zosimus to come back in one year with Holy Communion, which he did. The following year, on Holy Thursday, April 1, 522, Zosimus discovered Mary's lifeless body, and buried her. Thus, the Lord glorifies penitent sinners. The Church exalts and exemplifies Mary to the faithful in Great Lent as an incentive for repentance that brings entry into the Heavenly Kingdom.

Through her intercessions, O Christ God, have mercy upon us. Amen.

Save the Date!

- April 13: Palm Sunday
- April 20: PASCHA
- June 21: Diocese PLC at St. George, Norwood
- July 20-27: Archdiocese Convention, Chicago, IL
- August 10-16: Diocese Summer Camp

If you or your loved ones need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com.

Fr. James is available for confession by appointment.
