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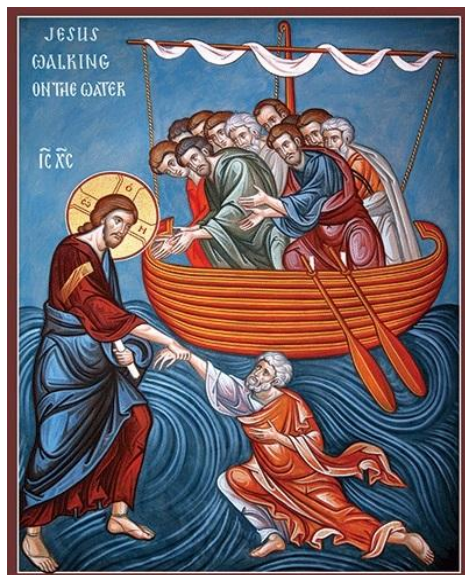
## **St. Michael the Archangel Antiochian Orthodox Church**

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org),

e-mail: [stmichael@stmichaelcapecod.org](mailto:stmichael@stmichaelcapecod.org)

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**Sunday, August 10, 2025**

**Tone 8 / Eothinon 9; Ninth Sunday after Pentecost  
& Ninth Sunday of Matthew**

**After-feast of the Transfiguration of Christ**

**Martyr and Archdeacon Laurence of Rome, Hieromartyr**

**Sixtus, bishop of Rome & those with them;**

**Venerable Laurence of Kaluga, the Fool for Christ's sake**

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**Hierarchs and Parish Clergy:**

**His Eminence Metropolitan SABA (Isper)**

*Antiochian Archdiocese of North America*

**His Grace Bishop JOHN (Abdalah)**

*Bishop of the Diocese of Worcester & New England*

**Father James Irving, Pastor**

**Subdeacon Joseph Boruch**

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## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE EIGHT: From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

APOLYTIKION OF THE TRANSFIGURATION IN TONE SEVEN: When, O Christ our God, Thou wast transfigured on the mountain, Thou didst reveal Thy glory to Thy Disciples in proportion as they could bear it. Let Thine everlasting light also enlighten us sinners, through the intercessions of the Theotokos. O Thou Bestower of light, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF THE TRANSFIGURATION IN TONE SEVEN: Thou wast transfigured on the mount, and Thy Disciples, in so far as they were able, beheld Thy glory, O Christ our God; so that, when they should see Thee crucified, they would remember that all Thy suffering was voluntary, and could declare to all the world that Thou art truly the effulgent Splendor of the Father.

### TRISAGION PRAYER

*English:* Holy God, Holy Mighty, Holy Immortal, have Mercy on us.

*Arabic:* Qudoos El Laah, Quodoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah.

*Greek:* Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas.

*Slavonic:* Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas.

**The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.**

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**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. Unless you are injured or unable, please remain standing during communion.*

**SCHEDULE:**

- **Saturday, August 9**
  - 5:00 PM Vespers
- **Sunday, August 10**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
  - Choir Rehearsal
- **Tuesday, August 14**
  - 5:00 PM Divine Liturgy for the Dormition of the Theotokos
- **Saturday, August 16**
  - 5:00 PM Vespers
- **Sunday, August 17**
  - 8:30 AM Orthros
  - 9:30 AM Divine Liturgy
  - St. Martha & St. Mary Sisterhood Meeting

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

***Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!***

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## THE EPISTLE

(For the Ninth Sunday after Pentecost)

*Make your vows and pay them to the Lord our God.*

*God is known in Judaea; His Name is great in Israel.*

### **The Reading from the First Epistle of St. Paul to the Corinthians. (3:9-17)**

Brethren, we are God's fellow workers; you are God's husbandry, God's building. According to the grace of God which was given to me, as a wise architect I laid a foundation, and another builds upon it. Let each one take heed how he builds upon it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation gold, silver, precious stones, wood, hay, stubble; everyone's work will become manifest; for the Day will declare it, because it will be revealed by fire, and the fire itself will test each one's work of what sort it is. If anyone's work which was built on the foundation survives, he will receive a reward. If anyone's work is burned up, he will suffer loss, but he himself will be saved, yet so as by fire. Do you not know that you are a temple of God and that the Spirit of God dwells in you? If anyone corrupts the temple of God, God will corrupt him. For the temple of God is holy, whose temple you are.

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## THE GOSPEL

(For the Ninth Sunday of Matthew)

**The Reading from the Holy Gospel according to St. Matthew. (14:22-34)**

At that time, Jesus made the Disciples get into the boat and go before Him to the other side, while He dismissed the crowds. And after He had dismissed the crowds, He went up on the mountain by Himself to pray. When evening came, He was there alone, but the Disciples' boat by this time was many furlongs distant from the land, beaten by the waves; for the wind was against them. And in the fourth watch of the night He came to them, walking on the sea. But when the Disciples saw Jesus walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out for fear. But immediately He spoke to them, saying, "Take heart, it is I; have no fear." And Peter answered Him, "Lord, if it is Thee, bid me come to Thee on the water." He said, "Come." So Peter got out of the boat and walked on the water and came to Jesus; but when he saw the wind, he was afraid, and beginning to sink he cried out, "Lord, save me!" Jesus immediately reached out His hand and caught him, saying to him, "O man of little faith, why did you doubt?" And when they got into the boat, the wind ceased. And those in the boat worshiped Him, saying, "Truly, Thou art the Son of God." And when they had crossed over, they came to land at Gennesaret.

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## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### **BACKPACK BLESSINGS**

It's BACK-TO-SCHOOL time of year again! Cataumet Village, a transitional housing facility moved from Falmouth to South Dennis. Now it is called The Family Empowerment Center, supporting families coming out of homelessness. These clients, mostly mothers and children, are getting ready to go back to school and need our help. We will be collecting school supplies through the month of August. More information to follow. Monetary donations can be made to St. Michael Outreach with memo – Backpack Blessings. As always, thank you for your generosity as we care for those in need. If you have any questions, please see Michelle, Emma or Soraya.

### **CAMP ST. JOSEPH UPDATE**

The inaugural year for Camp St. Joseph of Damascus is shaping up to be a great week! CSJ will take place August 11-16 in Lenox, MA. We have 78 campers registered and almost every church in the diocese is represented. The staff is hard at work preparing for a great week! Please keep kids and staff in your prayers.

### **SILENT AUCTION**

St. Michael is excited to offer an online auction for a beautiful hand-painted icon by Zoya Sheglov, in traditional Russian style. Please click the link for the icon and bid details. The highest bidder will be supporting St. Michael's general fund.

<https://forms.gle/MMFrDVqp5cWNdhn29>

May you always be blessed. Thank you for your generosity and your prayerful consideration on our behalf.

For questions, please contact Soraya Bandeli 617-842-8591 /  
[sbandeli@comcast.net](mailto:sbandeli@comcast.net)



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## **SAVE THE DATE! DIOCESAN CHORAL WORKSHOP NOVEMBER 15**

Diocesan Choral Workshop with Mareena Boosamra Ball Chairwoman of the Department of Sacred Music

Saturday, November 15

10am - 4pm

St. John of Damascus Church

Also, COMING SOON:

Registration for Fall Semester at Antiochian Orthodox Ecclesiastical Online Music School. Classes start the week of September 8.

**RAFFLE FOR TWO FOOTBALL TICKETS**

**PATRIOTS VS. STEELERS**

**GILLETTE STADIUM**

**SEPTEMBER 21st 1:00 pm**

**Tickets**  
**\$10 EACH**  
**3 FOR \$25**

**NEW ENGLAND PATRIOTS**

**Steelers**

**PITTSBURGH STEELERS**

Send checks to St. Michael  
62 Main St., Cotuit MA 02635 or  
Venmo to @soraya-bandeli  
show Patriots Raffle in the memo  
Venmo payers send an email with  
your name/address/tel to  
stmichael@stmichaelcapecod.org  
Drawing on Sept. 7<sup>th</sup>  
Proceeds Support St. Michael  
Women's Group Stewardship

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### THE SYNAXARION

On August 10 in the Holy Orthodox Church, we continue to celebrate the Transfiguration of our Lord Jesus Christ, and we commemorate the Martyr and Archdeacon Laurence of Rome, Hieromartyr Sixtus, bishop of Rome and those with them.

#### **Verses**

*Laurels be to Laurence, the sea-bass of Jesus,  
who was broiled to a turn on a fiery griddle.  
For Him that worked six days and rested the seventh,  
Thou didst willingly suffer the sword, O Sixtus.  
On the tenth, they roasted Laurence like a fish.*

Emperor Decius was determined to destroy Christianity and Sixtus was quickly brought to trial with two of his deacons. Sixtus told Laurence that he would die for Christ soon thereafter; as soon as they had beheaded Sixtus and his deacons, Laurence was apprehended. Beforehand, Laurence had placed all of his affairs and the affairs of the church in order. Immediately before his martyrdom, Laurence safeguarded the church valuables and healed four people. Laurence did not want to deny Christ and advised Emperor Decius to reject his false gods. Decius refused, and Laurence was beaten, and then placed on a gridiron over a fire. Roasting in the fire, Laurence thanked God and mocked the emperor for his paganism. Laurence gave up his pure and heroic soul to God on August 10, 258.

On this day, we also commemorate the Venerable Laurence of Kaluga, the Fool for Christ's sake. By the intercessions of thy Saints, O Christ God, have mercy upon us. Amen.

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If you need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com). Fr. James is available for confession by appointment.

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