

---

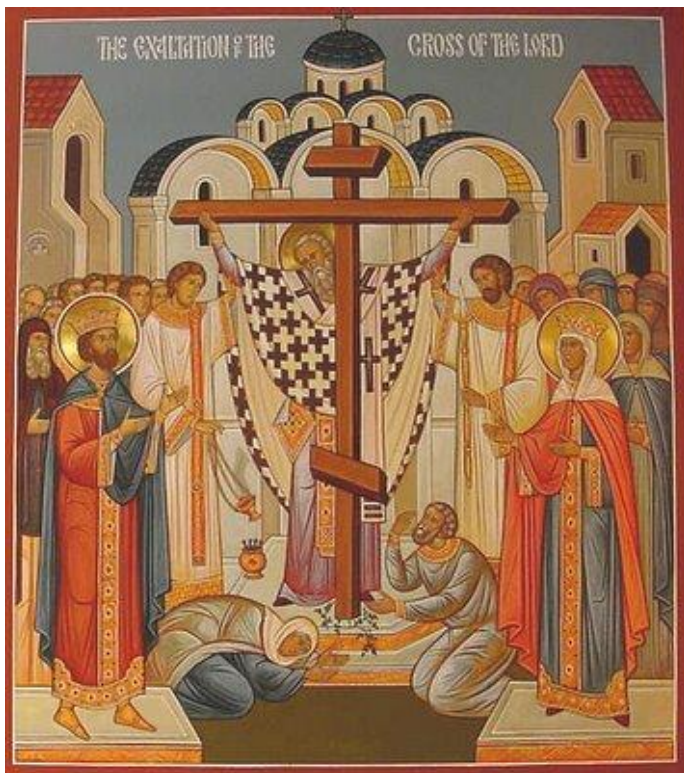
## **St. Michael the Archangel Antiochian Orthodox Church**

62 Main Street, Cotuit, MA 02635

(508) 420-1113, [www.stmichaelcapecod.org](http://www.stmichaelcapecod.org),

e-mail: [stmichael@stmichaelcapecod.org](mailto:stmichael@stmichaelcapecod.org)

---



**Sunday, September 14, 2025**  
**Elevation (Exaltation) of the Holy Cross**

---

**Hierarchs and Parish Clergy:**

**His Eminence Metropolitan SABA (Isper)**  
*Antiochian Archdiocese of North America*

**His Grace Bishop JOHN (Abdalah)**  
*Bishop of the Diocese of Worcester & New England*

**Father James Irving, Pastor**  
**Subdeacon Joseph Boruch**

---

---

## LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who wast crucified in the flesh, who sing to Thee: Alleluia.

APOLYTIKION OF THE ELEVATION OF THE HOLY CROSS IN TONE ONE: O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

KONTAKION OF THE ELEVATION OF THE HOLY CROSS IN TONE FOUR: Do Thou, Who of Thine own good will was lifted up upon the Cross, O Christ our God, bestow Thy bounties upon the new Nation which is called by Thy Name; make glad in Thy might those who lawfully govern, that with them we may be led to victory over our adversaries, having in Thine aid a weapon of peace and a trophy invincible.

### THE ANTI-TRISAGION HYMN

Before Thy Cross we bow down in worship, Master, and Thy Holy Resurrection we glorify. (*thrice*)

*Glory to the Father, and to the Son, and to the Holy Spirit; both now and ever, and unto ages of ages. Amen.*

And we glorify Thy Holy Resurrection.

Dynamis!

Before Thy Cross we bow down in worship, Master, and we glorify Thy Holy Resurrection.

MEGALYNARION OF THE FEAST IN TONE EIGHT: O Theotokos, thou art a mystical paradise, which being untilld hath blossomed forth Christ, by Whom the life-bringing Tree of the Cross was planted in the earth. In worshipping Him now through its elevation, thee do we magnify.

KOINONIKON (COMMUNION HYMN) OF THE FEAST IN TONE EIGHT: The light of Thy countenance, O Lord, hath been signed upon us. Alleluia.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

---

---

**A NOTE REGARDING HOLY COMMUNION:** *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. Unless you are injured or unable, please remain standing during communion.*

**SCHEDULE:**

- **Saturday, September 13**
  - 5:00 PM Vespers
- **Sunday, September 14**
  - 9:00 AM Orthros
  - 10:00 AM Divine Liturgy
  - Blessing of Children, Students and Teachers
  - Choir Rehearsal
- **Saturday, September 20**
  - Church Clean Up Day
  - 5:00 PM Vespers
- **Sunday, September 21**
  - 9:00 AM Orthros
  - 10:00 AM Divine Liturgy
  - St. Martha & St. Mary Sisterhood Meeting

**\*\*\*In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen\*\*\***

**PLEASE JOIN US FOR COFFEE HOUR**

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

***Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!***

---

---

## THE EPISTLE

*Exalt ye the Lord our God. The Lord reigneth; let the people tremble.*

### **The Reading from the First Epistle of St. Paul to the Corinthians. (1:18-24)**

Brethren, the word of the Cross is folly to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the cleverness of the clever I will thwart." Where is the wise man? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, it pleased God through the folly of what we preach to save those who believe. For Jews demand signs and Greeks seek wisdom, but we preach Christ crucified, a stumbling block to Jews and folly to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

## THE GOSPEL

### **The Reading from the Holy Gospel according to St. John.**

**(19:6-11, 13-20, 25-28, 30-35)**

At that time, the chief priests and the elders of the people took counsel against Jesus to put Him to death. And they came to Pontius Pilate saying, "Crucify Him, crucify Him!" Pilate said to them, "Take Him yourselves and crucify Him, for I find no crime in Him." The Jews answered him, "We have a law, and by that law He ought to die, because He has made Himself the Son of God." When Pilate heard these words, he was the more afraid; he entered the praetorium again and said to Jesus, "Where art Thou from?" But Jesus gave no answer. Pilate therefore said to Him, "Wilt Thou not speak to me? Knowest Thou not that I have power to release Thee, and power to crucify Thee?" Jesus answered him, "You would have no power over Me unless it had been given you from above.

When Pilate heard these words, he brought Jesus out and sat down on the judgment seat at a place called "The Pavement", and in Hebrew, "Gabbatha." Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, "Behold your King!" They cried out, "Away with Him, away with Him, crucify Him!" Pilate said to them, "Shall I crucify your King?" The chief priests answered, "We have no king but Caesar." Then he handed Him over to them to be crucified.

---

---

So they took Jesus and led him away, and He went out, bearing His own Cross, to the place called the place of a skull, which is called in Hebrew “Golgotha.” There they crucified Him, and with Him two others, one on either side, with Jesus between them. Pilate also wrote a title and put it on the Cross; it read, “Jesus of Nazareth, the King of the Jews.” Many of the Jews read this title, for the place where Jesus was crucified was near the city; and it was written in Hebrew, in Latin, and in Greek.

Now standing by the Cross of Jesus were His mother, and his mother’s sister, Mary the wife of Cleopas, and Mary Magdalene. When Jesus saw His mother, and the Disciple whom He loved standing near, He said to His mother, “Woman, behold, your son!” Then He said to the Disciple, “Behold, your mother!” And from that hour the Disciple took her to his own home. After this, Jesus, knowing that all was now fulfilled, said, “It is finished’; and He bowed His head and gave up the spirit.

Since it was the day of Preparation, in order to prevent the bodies from remaining on the cross on the Sabbath (for that Sabbath was a high day), the Jews asked Pilate that their legs might be broken, and that they might be taken away. So the soldiers came and broke the legs of the first, and of the other who had been crucified with him; but when they came to Jesus and saw that He was already dead, they did not break His legs. But one of the soldiers pierced His side with a spear, and at once there came out blood and water. He who saw it has borne witness—his testimony is true.

---



## ST. MICHAEL HAPPENINGS

WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE  
ALL FOR THE GLORY OF GOD AND HIS CHURCH

### SOYO

First SOYO fellowship event of the year will be on September 21! We will go apple picking to the Crow Farm in Sandwich after church. This has been a lot of fun in past years, and everyone is welcome!

### SILENT AUCTION

St. Michael is excited to offer an online auction for a beautiful hand-painted icon by Zoya Sheglov, in traditional Russian style. Please click the link for the icon and bid details. The highest bidder will be supporting St. Michael's general fund.

<https://forms.gle/MMFrDVqp5cWNdhn29>

May you always be blessed. Thank you for your generosity and your prayerful consideration on our behalf.

For questions, please contact Soraya Bandeli 617-842-8591 / [sbandeli@comcast.net](mailto:sbandeli@comcast.net)



# RAFFLE FOR TWO FOOTBALL TICKETS

**PATRIOTS VS. STEELERS**

**GILLETTE STADIUM**

**SEPTEMBER 21st 1:00 pm**

## Tickets

**\$10 EACH**

**3 FOR \$25**



Send checks to St. Michael

62 Main St., Cotuit MA 02635 or

Venmo to @soraya-bandeli

show Patriots Raffle in the memo

Venmo payers send an email with

your name/address/tel to

[stmichael@stmichaelcapecod.org](mailto:stmichael@stmichaelcapecod.org)

Drawing on Sept. 7<sup>th</sup>

Proceeds Support St. Michael

Women's Group Stewardship

---

### THE SYNAXARION

On September 14 in the Holy Orthodox Church, we commemorate the Elevation (Exaltation) of the Honored and Life-giving Cross.

#### **Verses**

*Creation, seeing the Cross highly exalted, Offereth Thee high praise in its throat, O Savior. On the fourteenth the Cross' Wood is exalted.*

On this day, we commemorate two events connected with the Precious Cross of Christ: the finding of the Cross on Golgotha, and the returning of the Cross to Jerusalem from Persia. While in the Holy Land, the Empress Helena learned that the Holy Cross was buried underneath the temple of the pagan goddess Venus built on Golgotha. She demanded it be torn down and the Cross be excavated. The search turned up three crosses. Uncertain which was the true Cross, the Patriarch Marcarius ordered that each cross be placed on the corpse in a funeral procession passing by. The first two produced nothing, but the third brought the man back to life, thus determining that this was the very Cross on which our Savior brought life to the world. Later, King Chozroes conquered Jerusalem, took the people into slavery and carried off the Lord's Cross to Persia. In 628, the Greek Emperor Heraclius defeated Chozroes, and brought the Cross back to Jerusalem with great ceremony. Heraclius was carrying the Cross on his back when, suddenly, he froze. The Patriarch Zacharias saw an angel directing the emperor to take off his robes and walk with the same extreme humility with which our Savior bore His Cross. The emperor complied, and was able to finish the procession to the Church of the Resurrection on Golgotha, where he restored the Holy Cross.

By the power of Thy Cross, O Christ God, have mercy upon us, and save us. Amen.

#### **SAVE THE DATE!**

- September 20: Church Clean Up Day
- September 21: Sisterhood Meeting
- September 21: Parish Council Meeting
- September 28: Sunday School begins
- November 15: Diocesan Choral Workshop-St. John of Damascus
- November 16: Bishop John visiting for the Feast Day of St. Michael

---

**If you need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at [dnjamesirving@gmail.com](mailto:dnjamesirving@gmail.com).**

**Fr. James is available for confession by appointment.**

---