
St. Michael the Archangel Antiochian Orthodox Church

62 Main Street, Cotuit, MA 02635

(508) 420-1113, www.stmichaelcapecod.org,

e-mail: stmichael@stmichaelcapecod.org



Sunday, December 7, 2025

**Tone 1 / Eothinon 4; Twenty-Sixth Sunday after
Pentecost & Tenth Sunday of Luke**

**Ambrose, bishop of Milan; Martyr Athenodoros of
Mesopotamia; Venerable Gregory, founder of Gregoriou
monastery on Athos**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)
Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)
Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor
Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE ONE: While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

KONTAKION OF PREPARATION OF CHRIST'S NATIVITY IN TONE THREE: On this day the Virgin cometh to the cave to give birth to God the Word ineffably, Who was before all the ages. Dance for joy, O earth, on hearing the gladsome tidings; with the Angels and the shepherds now glorify Him Who is willing to be gazed on as a young Child Who before the ages is God.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us.

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah.

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas.

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. Unless you are injured or unable, please remain standing during communion.*

SCHEDULE:

- **Saturday, December 6**
 - 5:00 PM Vespers
- **Sunday, December 7**
 - 9:00 AM Orthros / 9:15 AM Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - Church School
 - Teen SOYO Meeting
 - Outreach Meeting
- **Saturday, December 13**
 - 5:00 PM Vespers
- **Sunday, December 14**
 - 9:00 AM Orthros / 9:15 AM Bible Study (kids 10+)
 - 10:00 AM Divine Liturgy
 - Church School
 - Pancake Breakfast
 - Sisterhood Meeting & Elections
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For the Twenty-Sixth Sunday after Pentecost)

Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.

The Reading from the Epistle of St. Paul to the Ephesians. (5:8-19)

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light." Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

THE GOSPEL

(For the Tenth Sunday of Luke)

The Reading from the Holy Gospel according to St. Luke. (13:10-17)

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, He called her and said to her, "Woman, you are freed from your infirmity." And He laid His hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord answered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham, whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all His adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by Him.



ST. MICHAEL HAPPENINGS

**WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH**

NATIVITY CARD

You should get the Nativity Card order form in the mail. If you don't and would like to have your name on the card, you can find a form at the back.

HELP NEEDED TO LOCAL FAMILIES

Please remember to bring your "Giving Tree" gifts to church no later than 12/7. They will be picked up by Ned and delivered after Liturgy.

A SACRED MUSIC WORKSHOP

More than 50 dedicated and talented singers from the Diocese of Worcester and New England (DOWNE) gathered for a vocal workshop at St. John of Damascus Church in Dedham, Mass. The chairwoman of the Dept. of Sacred Music, Mareena Boosamra Ball, led attendees through vocal warm-ups and technique, followed by singing the famed Anaphora by Fr. James Meena and new music with attention to details like blend, phrasing and dynamics.





An Invitation

"Christianity is not a matter of persuading people of particular ideas, but of inviting them to share in the greatness of Christ. So pray that I may never fall into the trap of impressing people with clever speech, but instead I may learn to speak with humility, desiring only to impress people with Christ himself."

- Saint Ignatius of Antioch

The Ribbon & The Cross Is An Invitation To Become Part Of A Ministry

An Invitation Not Recognition

When you become part of the Order of Saint Ignatius of Antioch, you become part of a ministry. The Order is not a club that you join. It is not a secular status symbol for recognition. The Cross and the Ribbon that Order supporters wear is an invitation to become part of a ministry. It serves as an invitation to share with one another in the greatness of Christ by giving in a manner that is unconditional and quiet. Supporting the Order's projects, Archdiocese Departments and numerous programs as one group, with Christ in our minds and hearts, should be how we *invite* the world to become part the Order's ministry.

Initiate the Questions of What? & How?

When those supporting the Order wear their ribbon and cross, it is meant to initiate others to inquire about the Order and how they can help strengthen its ministry. When people see the red ribbon and Cross that we wear, it helps begin the conversation to share what the Order does and provide the initial welcome to help expand its ministry. It provides an opportunity to ask, "What does the Order do and how can I help?"

The Order Provides A Lesson In Giving

When you give to the Order of Saint Ignatius of Antioch, you are giving in a way we are all called to give ... unconditionally. Your gift is not individually recognized. You are not able to designate your gift to a specific need you select. You are giving without recognition, without conditions, without direct gratitude of the Order's recipients. This is the manner in which a "true gift" is made. A gift made in the way Christ directs us.

The Order Teaches Us How To Give

... the Order is teaching us how to share, the Order is teaching us how to give, the Order is teaching us how to sacrifice, and how to reach out for Orthodox and non-Orthodox alike. This is the miracle of The Order of Saint Ignatius of Antioch."

- His Eminence Metropolitan Philip of thrice blessed memory, Founder of the Order of St. Ignatius of Antioch



The Order of
Saint Ignatius
of Antioch

Let no man's place, or dignity, or riches, puff him up; and let no man's low condition or poverty abase him. For the chief points are faith towards God, hope towards Christ, the enjoyment of those good things for which we look, and love towards God and our neighbor.

- Saint Ignatius of Antioch

The Order of St. Ignatius Of Antioch | 140 Church Camp Trail | Bolivar, PA 15923 | Email: theorder@antiochion.org | Ph: (724) 238-3677, xt 410

Selfless

... the Order is teaching us how to share, the Order is teaching us how to give, the Order is teaching us how to sacrifice, and how to reach out for Orthodox and non-Orthodox alike. This is the miracle of The Order of Saint Ignatius of Antioch."

-His Eminence Metropolitan Philip of thrice blessed memory,
Founder of the Order of St. Ignatius of Antioch

Your gift is selfless. You help support the Order's ministry without recognition or conditions. There are no banquets, plaques or special awards given in your honor. Your gift is given unconditionally to support the Orthodox Faith in North America, the Spiritual strengthening of our youth and to care for our beloved clergy in their Golden years.

\$98.22	Administrative Expense
\$294.64	Youth Programs & Camp Scholarships
\$15.04	Project Mexico
\$15.04	IOCC
\$21.32	Projects & Grants
\$7.52	SOYO Special Olympics
\$6.40	Clergy Symposium & Convention Support
\$15.49	Seminarian Assistance
\$116.54	Archdiocese Departments
\$18.80	Parish Development & Missions
\$97.75	Missions & Evangelism
\$15.03	Archdiocese House of Studies
\$75.19	Internet Ministry
\$203.02	Retired Clergy Fund

How Your Annual Gift Is Allocated

Based On A \$1,000 Knight &/or Dame
Commander Level Annual Gift

61.41%

Of Annual Order Gifts

29.46%

Youth Programs & Camp Scholarships

20.30%

Retired Clergy Fund

11.65%

Missions & Evangelism & Parish Development

*Only 9.82% In Administrative Expense

**Based On Fiscal Year 2024



The Order of
Saint Ignatius
of Antioch

Let no man's place, or dignity, or riches, puff him up; and let no man's low condition or poverty abase him. For the chief points are faith towards God, hope towards Christ, the enjoyment of those good things for which we look, and love towards God and our neighbor.

- Saint Ignatius of Antioch

THE SYNAXARION

On December 7 in the Holy Orthodox Church, we commemorate our father among the saints Ambrose, bishop of Milan.

Verses

Ambrose, having shed his corruptible body, hath fitly partaken of divine ambrosia. On the seventh Ambrose came upon immortal terrain.

His father was the imperial governor of Gaul and Spain, and a pagan, while his mother was a Christian. On the death of his father, the Emperor made him governor of Liguria, of which province Milan was the chief city. When the bishop of Milan died, there was great dissention about the choice of a new bishop. Ambrose went into the church to keep order. Thereupon, a child at its mother's breast cried out: "Ambrose for bishop!" All the people took this to be the voice of God, and unanimously elected Ambrose as their bishop, although it was against his will. Ambrose was baptized, and passed through all the necessary ranks in one week. As bishop, he strengthened the faith of the Orthodox, restrained heretics, adorned churches, spread the Faith among the pagans, wrote many instructive books and was an example of a true Christian and a true shepherd. Ambrose died peacefully at daybreak on Pascha in 397.

On this day, we also commemorate the Martyr Athenodoros of Mesopotamia; and Venerable Gregory, founder of Gregoriou monastery on Athos. By the intercessions of Thy saints, O Christ God, have mercy upon us. Amen.

SAVE THE DATE

- December 14: Pancake Breakfast
- December 21: Christmas Pageant
- January 10: Antiochian Women Winter Meeting at St. George in Norwood
- March 21: Annual Women's Retreat St. George Norwood
- April 18: Antiochian Women Spring Meeting - St. George Pawtucket
- June 20: Parish Life Conference - St. George W. Roxbury (hosted by Lowell)

If you need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com. Fr. James is available for confession by appointment.
