
St. Michael the Archangel Antiochian Orthodox Church

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Sunday, June 21, 2026

**Tone 2 / Eothinon 3; Third Sunday after
Pentecost & Third Sunday of Matthew
Martyr Julian of Tarsus; Martyr Aphrodisius of Cilicia;
New-martyr Nikita of Nisyros near Rhodes**

Hierarchs and Parish Clergy:

His Eminence Metropolitan SABA (Isper)

Antiochian Archdiocese of North America

His Grace Bishop JOHN (Abdalah)

Bishop of the Diocese of Worcester & New England

Father James Irving, Pastor

Subdeacon Joseph Boruch

LITTLE ENTRANCE WEEKLY VARIABLES

THE EISODIKON (ENTRANCE HYMN): Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

RESURRECTIONAL APOLYTIKION IN TONE TWO: When Thou didst submit Thyself unto death, O Thou deathless and immortal One, then Thou didst destroy hell with Thy Godly power. And when Thou didst raise the dead from beneath the earth, all the powers of Heaven did cry aloud unto Thee: O Christ, Thou giver of life, glory to Thee.

APOLYTIKION OF ST. MICHAEL THE ARCHANGEL: O ye foremost of the heavenly host, we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thy unearthly glory. Preserving us who kneel and cry endlessly. Deliver us from oppression since Ye are the princes of the highest power.

ORDINARY KONTAKION IN TONE TWO: O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

TRISAGION PRAYER

English: Holy God, Holy Mighty, Holy Immortal, have Mercy on us.

Arabic: Qudoos El Laah, Qudoos El Qawi, Qudoos El Lathi La Yamoot, Urhamnah.

Greek: Agios O Theos, Agios Ischiros, Agios Athanatos, Eyleison Imas.

Slavonic: Svyatij Bozhe, Svyatij Krepkij, Svatij Bessmertnij pomiluj nas.

The Mission of St Michael the Archangel Orthodox Church is to love and worship God, to grow closer to Him, and to proclaim and to spread the Good News of the salvation of Jesus Christ to our parishioners, our neighbors and people everywhere. We worship and pray in English. We experience the beauty and joy of living the Holy Orthodox Christian faith – sharing love and fellowship, teaching and leading by example, growing together through service, education, stewardship and forgiveness.

A NOTE REGARDING HOLY COMMUNION: *Since we understand Communion to mean we have all things in common, sharing an identical Faith, only those who are members of the Orthodox Church and who have prepared themselves through prayer, fasting and confession may participate in Holy Communion. We invite all present to partake of the blessed bread distributed at the end of the service. Unless you are injured or unable, please remain standing during communion.*

SCHEDULE

- **Saturday, June 20**
 - **Parish Life Conference** - Transfiguration Greek Orthodox Church (5 Father John Sarantos Way, Lowell)
 - No Vespers at St. Michael
- **Sunday, June 21**
 - 8:30 AM Orthros / 8:45 AM Bible Study for Kids 10+
 - 9:30 AM Divine Liturgy
- **Saturday, June 27**
 - 5:00 PM Vespers
- **Sunday, June 28**
 - 8:30 AM Orthros
 - 9:30 AM Divine Liturgy
 - Choir Rehearsal

*****In case of emergency, there are emergency numbers posted next to the telephones in the coat room and in the kitchen*****

PLEASE JOIN US FOR COFFEE HOUR

It is a great joy to have so many people join us for coffee hour! Please remember that coffee hour is potluck and is successful when we all pitch in by bringing food, serving, helping with set up and clean up or offering donations in the offering box on the counter. Please ask someone in the kitchen how you can help. May God continue to bless our community!

Our People are our Choir! We love to hear you sing with us! WELCOME! We are glad to have you worship with us today!

THE EPISTLE

(For Third Sunday after Pentecost)

The Lord is my strength and my song. The Lord has chastened me severely.

The Reading from the Epistle of St. Paul to the Romans. (5:1-10)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man—though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, we shall be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

THE GOSPEL

(For Third Sunday of Matthew)

The Reading from the Holy Gospel according to St. Matthew. (6:22-33)

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."



ST. MICHAEL HAPPENINGS

**WEEKLY BULLETIN CAN BE VIEWED ON OUR WEBSITE
ALL FOR THE GLORY OF GOD AND HIS CHURCH**

SUMMER BOOKCLUB - ST. JUSTIN'S DIALOGUE WITH TRYPHO THE JEW

Looking for an interesting read? Join us Sundays in July – 5, 12, 19, 26 at 8:30 am – during Orthros, before Liturgy which starts at 9:30 during the summer.

Whether you can make one or all four sessions, this will be an interesting topic into which to delve.

Get a free download here:

https://wiswo.org/books/_resources/book-reference-pdfs/Lukyn-Williams-1930-dialogue-with-trypho.pdf

Or purchase at online booksellers.

If you are interested in participating, please reach out to Ned nedchatelain@gmail.com so we have an idea of how many can join us.

Happy Summer!

VACATION CHURCH SCHOOL IS COMING TO ST. MICHAEL!

Children ages 3-12 are invited to join us for a special program this summer. We will journey through the scriptures to learn the importance of becoming "Brave, Faithful, and True." Each morning will include games, stories, and crafts. We will meet July 27-31 from 9 AM to 11:30 AM. Donation of \$15 per child. Please contact Michelle Moeck (508) 284-3611 for more details or to sign up.

We are in need of parent volunteers to help things go more smoothly. Please consider helping out in whatever way you are able. Thank you!

OUTREACH MINISTRY HELP NEEDED

The Outreach Team is looking for people to join our ministry. Help with project ideas, planning and execution. Come be a part of a group that helps its neighbors on Cape Cod. Please speak with Emma or Soraya if you can join us. Thank you! May you always be blessed.

YARD SALE AND FOOD FARE

Stay tuned for more info on a yard sale sponsored by the Men's Group and Food Fare by the Sisterhood - **July 18th!** As you are doing spring cleaning perhaps keep a box handy to add items to donate for the yard sale. Mike is chairman of the yard sale, and Pauline of the Food Fare - see them with any questions.

COMING SOON, A Food Fest in conjunction with the church yard sale! In the past, our church has organized a Food Festival featuring Ethnic Foods (including our American favorites) representing the diversity of our parishioners. A few of us are hoping to reinstate the Festival this year as it served many purposes. It brought our community together in celebrating "The Foods That Unite Us."

It attracted many from different parts of the Cape who learned of our faith, our diverse cultures and our warm community.

It was a great fundraiser for our church.

TO ACCOMPLISH THIS, WE NEED YOUR PARTICIPATION. Men, don't be shy. We know many of you cook or bake.

We have put together a list of "big sellers" from past festivals. We will be meeting at the church to prepare some of them together in the kitchen. We hope that everyone can give a few hours sometime during the next few months to help in making something, packaging, or cleaning pots and utensils so that we can have a successful Festival. MANY HANDS MAKE LIGHT WORK!

Proposed Food and Baked Goods:

Spanakopita (spinach pie), Stuffed grape leaves (Dolmathes (Greek) or Yabra (middle eastern), meatballs, marinara sauce (Italian), Kibbe, Humous and Tabouli all middle eastern), Borscht (Russian), Pierogi (Polish). Baklava or Baklawa, Kourambietes (Greek Shortbread cookies covered in powdered sugar), Biscotti, Paximathia, Koulourakia (twisted butter cookies), rice pudding, Russian Smetannik and Medovic.

We would love to add your favorite to this list.

Sign up sheets coming soon! Hope you can help us!

THE SYNAXARION

On June 21 in the Holy Orthodox Church, we commemorate the holy Martyr Julian of Tarsus.

Verses

*Bearing Julian as goods worthy of Heaven,
The sack into the midst of the sea doth plummet.
On the twenty-first, Julian in a sack was sacrificed.*

Of a noble senatorial family, Julian was only 18 years old when he was taken to trial for the Faith. But Julian was already educated and resolute in Christian faith and devotion. The imperial governor took him from city to city for a whole year, torturing him all the while and attempting to persuade him to renounce Christ. The governor seized Julian's mother and sent her to urge her son to renounce Christ. She spent three days in prison with him, giving him precisely the opposite advice, teaching him to go to his death with courage and gratitude to God. His torturers then sewed Julian into a sack of sand with scorpions and snakes and threw him into the sea, and his mother also died under torture. The waves carried Julian's body onto the shore, and the faithful took it to Alexandria, where they buried it in 290. His relics were later taken to Antioch.

On this day, we also commemorate the Martyr Aphrodisius of Cilicia; and New-martyr Nikita of Nisyros near Rhodes. By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.

SAVE THE DATE

- July 18: **Yard Sale & Food Fair** - St. Michael, Cotuit

If you need to contact a member of the clergy in the event of a pastoral emergency, please contact Fr. James Irving, who can be reached by phone or text at (781) 468-8709 or by email at dnjamesirving@gmail.com. Fr. James is available for confession by appointment.
